A Thouſand Notable things of ſundrie ſorts.

Whereof ſome are wonderfull, ſome ſtrange, ſome pleaſant, diuers neceſſary, a great ſort profitable, and many verie precious.

This Booke bewraies that ſome had rather hide,
which who ſo buies, their mony is not loſt:
For many a thing therein if truely tride,
will gaine much more thē twentie ſuch wil coſt.
And diuers els great ſecrets will detect,
and other more of ſtrange and rare effect.
It is not made to pleaſe ſome one degree,
no, no, nor yet to bring a gaine to few:
For each thereby how ritch or poore they be,
may reape much good, & miſchiefe great eſchew
The paines and trauaile hetherto is mine,
the gaine and pleaſure hencefoorth wil be thine.

AT LONDON,
Printed by *I. Roberts* for *Edward White*, and are to be ſolde at the little North doore of Poules, at the ſigne of the Gun. 1595.

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The Preface of the Author *to the Reader.*

IF ſome thinke no ſhame to diſpleaſure many, for the pleaſuring of a few (gentle Reader) then I neede not to bluſh nor feare to profit many by hurting of none: which I hope I haue doone by the publiſhing of this my Booke abroad, not pend without paine, nor drawne without diligence, nor ended with eaſe: VVherein are ſuch and ſo manie notable, rare, pleaſant, profitable and precious thinges, (meaning one with another) as neuer were yet ſette foorth in any volume in our vulgar or Engliſh tongue, nay diuers of thē were neuer hetherto printed, nor written that euer I knew: but onely that I writ them at ſuch time as I heard them credibly reported. Thinking them ſuch rare things as was woorthy to be regiſtred. Marie I muſt confeſſe, I haue ſelected and picked a great ſort out of Latin writers: the Authors and writers whereof, I haue named moſt commonly at the end of the ſame. And ſome notable & precious things I gathered out of ſome olde Engliſh written Bookes, & ſome alſo not long ſince printed, vnwoorthy to be hid, and great pitty but they

ſhould be known: which purpoſely I haue placed herein, whereby I thinke verily, many will read them, heare them, and haue profit by them, that otherwiſe ſhoulde neuer haue knowne them. For many (I ſuppoſe) will buy this booke for things whereunto they are affectioned, that neuer could or would haue bought or looked on the Bookes, wherein all they are. So that by thys meanes, they are like to winne againſt their willes.

Perhaps you will maruell, that I haue not placed them in better order, and that things of like matter are not ioyned together. Truely there are ſo many of ſo diuers and ſundry ſorts, and contrary effects, that it coulde not be altogether obſerued. And in my iudgement, through the ſtrangeneſſe and varietie of matter, it will bee more deſirouſly and dilightfully read: knowing we are made of ſuch a moulde, that delicate daintineſſe delights vs much: but wee lothe to be fedde too long with one foode: And that long wandring in ſtrange, pleaſant, and contrary places, will leſſe wearie vs, then ſhort trauell in often troden ground.

This worke might haue beene framed with finer Phraſes (more delectable to ſome, though not ſo meete for many) but that it is better to profit a great ſorte, then to feede the fancies of a fewe, well aſſured, that the learned eloquent, can better perceiue plaine ſpeeches, then the ſlenderly learned and common ſort can vnderſtande eloquent Diſcourſes.

Therefore as I haue written it to all indifferently, ſo wiſh I to manifeſt the meaning thereof accordingly: eſpecially of ſuch as are to bee conceiued. Not ignorant that there are diuers & ſundry Aſtrologicall Aphoriſmes,

and

and ſome other practiſes beſides in this Booke, that manie both wiſe, learned and eloquent, cannot attaine to the vnderſtanding thereof, (much leſſe the cõmon ſort:) the meaning whereof I commit to the learned therein. But becauſe the Planeticall power and effect in theyr howres, (whereof I haue noted ſome meruailous matters in this worke) ſhoulde not be hid or vnknowne. I hope ſhortly there will be ſette forth ſuch a rule or Platforme, that they may be thought ſimple witted, or ſlenderly learned, that thereby cannot finde out and knowe quicklie, both what howre or time any Planet dooth raigne or beare rule, and at what inſtant the ſame begins, and howe long the force thereof doth laſt: which once knowne, the things that I haue written heerein concerning the ſame (being well marked and diligently obſerued) will not onely auoyde much miſchiefe and harme, but alſo will procure great pleaſure and profit. Vntill the publiſhing whereof, I referre you to a little booke, intituled or called, A breefe Treatiſe concerning many proper Tables &c.

In which little booke is contained the Computation of yeeres, with the raignes of the Kinges of Englande: alſo a briefe, neceſſary and exact Table and rule, whereby any may finde iuſtly and truely, when and how long any Planet dooth raigne, eſpeciallie ſuch as be of good capacitie, and haue pregnant witts for to conceiue the ſame: But as for the duller ſorte, whoſe vnderſtanding is vnable to reach the true meaning by ſhort inſtruction, I thinke the ſame to bee both too briefe and too buſie for them.

I haue deuided this into tenne Bookes, euery one

whereof, containes a hundred of the intituled Notable things: which are in all a thouſande. VViſhing that they may bee accepted as thankfully and willingly, as I haue beſtowed them friendly and freely. Beeing bolde to affirme thys much, that a great deale of golde cannot counteruaile this gyft: if but ſome twenty of the ſayde thouſand, be diligently marked, faithfully followed, and perfectly practiſed. And thus in fewe wordes, I bid you farewell.

Thomas Lupton.

THE

THE FIRST BOOKE OF NOTABLE THINGS.

1

IN the first beginning hereof, a rare & strange matter shall appeare, worthy to be marked, especially of such as loues or vse Sage. A certaine man beeing in a Garden with his Louer, did take (as he was walking) a fewe leaues of Sage, who rubbing his teeth and gummes therewith, immediatly fell downe and died: whereupon his said Louer was examined howe hee died, she said, she knew nothing that he ayled, but that hee rubbed his téeth with Sage: and shée went with the Iudge & other into the Garden and place, where the same thing happened: and then she toke of the same Sage to shew thẽ how he did, and likewise rubbed her téeth and gummes therewith, and presently she dyed also, to the great maruaile of all them that stood by: whereupon the Iudge suspecting the cause of their deathes to be in the Sage, caused the said bed of Sage to be plucked and digged vp, and to be burned, least other might haue the like harme thereby. And at the rootes, or vnder the said Sage, there was a great Tode found, which infected the same Sage with his venomous breath. Anthonius Mizaldus hath written of this maruailous matter. This may be a warning to such as rashly vse to eate rawe and vnwasht Sage: therefore it is good to plant Rewe round about Sage, for Todes by no meanes will come nie vnto Rewe, (as it is thought of some.)

2

A Certaine Poet by the report of Mizaldus, did were leaden Soles vnder his shooes, least the winde should ouerblowe him, his body was so light and so little.

If

3

If any doe mildly or softly beate the plant or stalkes of an hearbe called Mullen, some cals it Hedge taper, in the morning, when the flowers thereof begins to open, al the flowers by little and little will fall and come to one: as though the plant were withered, or blasted, which the ignorant haue thought to be done by Magicall artes, or by some inchantment: especially, if hee that doth strike the same Mullen, doth seeme to mumble some words while he doth it. Mizaldus.

4

The hoones of the fore-fæte of a Cowe dried, and made in fine powder, encreaseth milke in Nurses, if they eate it in their Pottage, or vse it in their drinke: and being cast vpon burning coles, the smoke thereof doth kill Mice, or at the least doth driue them away. This Mizaldus writes of the experiment of a certaine Spaniard.

5

Aqua vitæ being outwardly applyed, dooth helpe very well the sinewes and Muscles, and all other partes of the bodie tormented or pained of a cold cause, with his heating strength and swift penetration.

6

If one vse to rub chapped or rough lippes with the sweate behind their eares, it will make them fine, smooth, and well culloured. Proued.

7

When infortunate Planets be in Angles, and the Sunne or Moone applyes vnto them corporally, or by opposition, it signifies that the party then borne, will be either croke backt, or will halt, or it signifies the destruction or losse of some member, especially, if the Moone be with the Dragons taile in these signes, Aries, Taurus, Cancer, Scorpius, or Capricornus, or in the beginning or end of the signe. Iatromath. Guat. Ryff.

8

Earth Wormes fried with Goose greace, then straind, and a little thereof dropt warme into the deaffe or pained eare, doth helpe the same: you must vse it halfe a dosen times at the least. This is true.

9

Anthonius Beneuinius an excellent Phisition, dooth glorie, that hee with the Water wherein Smithes did quench theyr hote and burning yrons, gruing the same often to drinke, and

with

with the eating of Cappares, did perfectlye heale a Cittizen of Florence, that had the greefe and swelling of the Spleene seauen yeares.

10

Addars tongue wrapt in Virgin Ware, and put into the lefte eare of any Horse, it makes the Horse to fall downe to the ground, as though he were dead: and when it is taken out of his eare, it doth not only waken him, or raise him, but also it makes him more liuely or quicke. Mizaldus writes this of the reporte of an English man.

11

If a water Snake be tyed by the tayle with a cord, and hanged vp, and a vessell ful of water set vnder the said Snake, after a certaine time he will auoide out of his mouth a stone, which stone being taken out of the vessell, hee drinkes vp all the water: let this stone be tyed to the belly of them that haue the Dropsie, and the water will bee exhausted or drunke vp, and it fullye and wholye helpes the partye that hath the sayde Dropsie, Iacobus Hollerius.

12

Oft Thunder doth turne and change Wines marueilously, but if the Wines bee then in Cellers, beeing paued, and the walles of stone, they take lesse harme then in boorded Cellers: Therefore it is good before such Tempest or Thunder, to lay a plate of Iron with Salt, or flint stones vpon the saide vesselles with Wine. Leuinius Lemnius by Mizaldus reporte.

13

They will haue the Palsey, or bee so that they cannot moue themselues, or will be giuen to tremble, in whose Natiuities, the Moone is an Angle with Saturne: Saturne then being vnder the beames of the Sunne combust. Likewise if the first house, and the Lord thereof be infortunate of Saturne without the aspect of a good Planet. Iatromath. Guat. Ryff.

14

Make powder of vnslackte Lyme, and mire it with blacke Sope, and annoint any Wenne therewith, and the Wen will fall away, and when the rote is come out, annoint it with oyle of Balme, and it will heale it perfectly.

15

If you wil make wood of the colour of the wood Hebenus, especiallye such as be hard, as Bore and Peare tree, and such like

dw as followeth: laye the wood you meane to colour in Allome water, so that it be couered with the said water, and let it rest so thꝛee dayes, then lay the saide wood against the hot Sun, oꝛ the fire, that it may onely ware warme: then ſeeth the same wood in common Dyle, wherein put as much of Nytrioll Romaine, and Bꝛimſtone, as a Haſel Nut, let it be diſſolued, the longer you ſeeth it, the blacker the wode will be, so that you keep a measure therein, and it will be faire and elegant. Mizaldus had this of an Italian, a pꝛofeſſoꝛ of many experiments.

16

The iuice of Mullen leaues (of some called Hedgetaper, and of some Longwoꝛte,) put to any parte that is bꝛuſed, oꝛ that hath had a ſtroke, and the ſtamped leaues therof, then put vpon the same, and tyed fast on with a cloth: if you let it lye so a whole day and a night vnremoued, it will heale it finely, yea, though it be a wound, but the ſoꝛe muſt be first waſht with white wine a little warmed, and the iuice and the leaues muſt be put to it, and you wil meruaile at the effect. Mizaldus had this of one that pꝛoued it.

17

If any wood oꝛ Iron be deepe in the fleſhe, and cannot well be gotten out, dip a tent in the iuice of Valerian, and put it into the wounde oꝛ ſoꝛe as deepe as you can, and tye the hearb Valerian ſtamped vpon the same with some Linnen cloth, that it remoue not awaye: and by this meanes, the wood, Iron, oꝛ other thing whatſoeuer, will not onely be dꝛawne foꝛth, but also the wound will be healed. Mizaldus wꝛites it vpon the repoꝛte of an Italian. Alexis also affirmes it.

18

A barren Vine wil beare Grapes, if you caſt olde and ſoꝛe Wine thereon, oꝛ if you bury the Lees of Wine at the roots thereof: but you muſt take heede that you caſt not Soote that is ſwept from Chimneys, oꝛ Lime, to the roote of the saide barren Vine, which with their burning heate kils the Vine, and makes the same to wither beſoꝛe his time. Mizaldus.

19

In the moꝛning if ſalt be holden in the mouth vnder the tung, vntill it melte oꝛ conſume into water, and the teeth being rubbed therwith, it will pꝛeſerue the teeth ſafe and ſound: and it will

keepe

kéepe them from rotting, and that they shal not be wormeaten: proued.

20

The teeth of a Bore new killed, are so hot, that if one then put them to haires or bristels, they will burne them: which séemes that the Bore is enflamed with ire against them that kill him, that he would be reuenged on them with his tuskes. Zenophon is the author, and Mizaldus the reporter therof.

21

There is no presenter remedy to cease the torment of the Gowt, both in the hands & in the feete, then a young whelp especially of one colour, if the same be put to the gréef. Leuinius Lemnius. But the whelpe ought to bee cut out, or cloven in two partes through the mids of the backe, and the one halfe with the inner side hot, to be laid vnto the greeued place: and this I know to be an excellent thing.

22

Many stinking thinges doo driue away the contagious and pestiferous ayre, as Castorum, Galbanum, Sagapenum, Brimstone, (all which are to be had at the Apothicaries) the smoke of burned Lether, and of Hornes, and especially the smell of Gunpowder. For saith Lemnius, the whole Citie of Tornace infected with the Plague, the rulers of the Towre or Castell there, caused their Gunnes to be laide and leuelled at the Cittie charged with Gunpowder, without pellets or shot, and thē morning and euening in the twye light, they shot of the saide peeces or Guns, so that through the stinking smell of the sayde smoke, & the great and violent noyse of the Gunnes, the infectious and contagious aire was quite put a way, and the Cittie deliuered from the plague.

23

Common Azure is made as followeth, take of Salte Armoniacke, three ounces, of Verdigréece, fiue ounces, let them be made in pouder, and mixe them with water of Tartar, so that it may be something thicke, then put the same into a glasse, and let it be well stopped that no aire may get forth, and let it be laid in very hot horsedung, for the space of eight daies: & then when you take it out, you shall finde it excellent Azure. Mizaldus.

24

It is to be meruailed at that a Cocke or Cockrel which doth not feare a Serpent, or a Dragon, is so affraid of the shadowe of a Gleade, when he is flying, that sodainly he seekes a place of refuge, and hides himselfe. Mizaldus.

25

Any kinde of Amber beeing sodden in the greace of a Sow that giues sucke to young Pigges, is not onelye thereby the clearer, but also much the better. Mizaldus.

26

If any carry about him the seede of Sorrell, gathered of a boy, being a virgin, his sparme or nature shal not goe from him, neither sleeping or waking: therfore it is said to be good against any pollution in the night. Gilbertus Anglicus.

27

A certaine Citizen of Padua, hauing Cantharides, that is to say French Flies, applyed to one of his knees, did pisse aboue fiue ounces of blood: the like hapned to one, to whose great toe of the same foote, the same was applied. Bartholmeus Montegnanus, a notable Phisition affirmes this: therefore Cantharides is perilous to be taken both inward and outward.

28

The leafe of the greater Burre, borne or laid on the top of the head, doth draw the Matrix vpward: but laid vnder the sole of the foote it drawes downward, which is a notable and excellent remedy against the suffocations, falling, and displacing of the Matrix. This Mizaldus writeth.

29

Ale sod till it be thicke like a salue, helpes all sores & aches, applied thereto, marueilously: a thing often proued.

30

All kinde of docks haue this propertie, that what flesshe or meat is sod therwith, though they be neuer so old, hard or tough, they will become tender & meet to be eaten: heereupon it comes that they were so vsed in the old time, for that thereby the meate was more soner concockt and easier disgested, and the wound more soluble. Mizaldus.

When

31

When the ascendent and the Moone are both impedite, and their Lordes or Sygnifers safe, then the sickneſſe is in the bodye and not in the minde. And if the Ascendant and the Moone be safe, and their Lords or Signifiers impedite or hindred, then the sickneſſe is in the minde, and not in the bodye. And if they all be impedite, then it signifies, both sickneſſe of the body, and greefe of minde. Likewise if an infortunate Planet beholde the Ascendent and not the Moone, then the disease or greefe is in the minde and not in the body. And if contrary, thē the disease is in the body, and not in the minde. But if an infortunate Planet beholde them both then the diseale and greefe is in them both. Iatromath Guat Ryff.

32

If one suspect himselfe to be infect with the Pluriſie let the party holde in his breath as long as he can, and then if he can let his breath goe without coughing, he hath not the Pureſie. If not, he hath the Pleureſie, or is in danger thereof.

33

Whosoeuer hath the Quartaine Ague, shall not bee troubled with the Falling sickeneſſe: for if one haue the Falling sickneſſe first, and after shall haue the Quartaine Ague, the falling sicknes will leaue him. Hippocrates.

34

One may colour Iuory or any other bones with an excellent greene colour as followeth, take strong water called Aqua Fortis, wherein diſſolue asmuch copper as the sayde water is able: then let the bones that you would haue coloured, lye in the same all night, & they wil be like a Smaragdine colour. Mixal.

35

If Oyle bee powred vppon Wine or any other licour, it makes ỹ the same shall not waxe mukie, or be corrupted. For it excludes or drines forth all ayre that may breed corruption, only with the outward ayre of the Oyle, as with a certaine couering Notwithstanding, all stirpes or Plants, whereon Oyle is poured or effuſed, do purifie. As Plinie reportes.

36

The Coales of a Birche tree made in powder, and put into a wounde or great sore, healeth it perfectly without any other

thing. It was credibly told me that the Muscouites vse it much and esteemes it greatly.

37

A Robbin red brest finding the deade body of a man or woman, will couer the face of the same with Mosse, And as some holdes opinion, he will couer also the whole body.

38

An Italian, through the oft smelling of an hearb called Basil, had a Scorpion bred in his braine, which did not only a long time greeue him, but also at the last killed him. Iacobus Hollerius a learned Phisition, affirmes it for truth. Take heede therefore ye smellers of Basil.

39

If the Nauell string of a Childe after it is cut, doth chaunce to touch the ground before it be burned, the same childe will not be able to keepe or holde his or hir water, neither night nor day. A thing very true and knowne.

40

A staine Mouse rosted, or made in powder and drunke at one time dooth perfectly helpe such as cannot holde or keepe their water: especially, if it be vsed three dayes in this order. This is very true and often proued.

41

It was credibly reported to me for a very truth, that a certaine Inkeeper in Ware dyed, which had a dog that loued him so well, that certaine dayes after he mourned and sought for his saide Maister with out eating of any thing: And when he could not finde his saide Maister, he laid him selfe among the hot coles in a Chimney: who though hee was pulled out of the fire, yet he went in again and burned himselfe to death. A rare and strange thing as hath been heard of. I thinke it is hard to finde a seruant so louing to his Lord, as this dog was to his Maister.

42

As soone as the Child is borne, (especially a boy) there ought to bee great heede taken in the cutting of the Nauell string: for the member of generation doth followe the proportion of the Nauell string: and if it be tyed too short in a wench, it may be a hinderance to her in bringing forth her Childe. Therefore it is meete

meete that Midwiues haue a great regard therein. This is gathered out of Mathias Cornace, an excellent Phisition.

43

For the helping of the Coddes or Stones that be swolne pained. The auncient learned did graue in a plate of Copper the figure of a Scorpion, in the houre of Saturne, the thirde face of Aquarie then ascending or rising with Saturne, and for the Gowte, the seale of Pisces, and also for the helping or bettering of memory, they made a Ring of pure golde: wherein was closed a Diamond vnder the Coniunction of Saturne and Iupiter in Aries. Hermes.

44

Egidius Herthoge writes a straunge maruell of a woman whih carried a deade childe in her womb thirtæne yeeres, which was perceiued of many, that handled her belly: but he writs not what successe she had therewith: for whiles he wrot the same the woman was wel, and did her businesse with her husband abroad and also at home.

45

Bytany drunke with water or Wine, doth cause a woman to be easilye and speedilye deliuered, yea, though the Childe bee dead, or if it be turned contrarye to a right course: also it bringes forth the after burthen: the like effect hath Penirya, as some affirmes. And it hath been proued as saith Mizaldus.

46

Pigions do so loue the Castrell: that if one close young Castrels in a pot, and stop and couer the same close, and shal hang them in foure corners of the Doue house, it will procure such a loue to the Pigions of that place, that for the desire of them being so inclosed in the saide pots, they will neuer chaunge that place, so much they loue the Castrells their freends after their death. Columella reporte this as Mizaldus affirmes.

47

The Wort leafe laide on the crowne of the heade, draweth vp the Vuula, or the flap in the throat. M. Cato by the report of Mizaldus.

48

If a péce of fine gold, or the leaues of pure gold be put into ỹ iuice of Lemmons, and taken out of it after it haue leyne therein a whole day, and the same iuice then giuen to one that is sicke of the Plague, with a little Wine, and the powder of the roote

of

of Angelica, or of the decoction of ẏ same root: it is maruaile to be tolde what helpe it bringes them, yea, though they bee past all hope or thought past recouery. This Mizaldus writes as proued.

49

If a man bee the first that a woman meetes after shee comes out of the Church, when she is newly Churched, it signifies that her next childe wil be a boy. If she meet a woman, then a wench is like to be her next childe. This was credibly reported to me to be true. But praise it as it proues.

50

A little bay Salt stamped small, mixt with the yolke of an egge and applied to a Fellon, and so vsed diuers times, dooth not only perfectly heale the same with speede, but also it drawes out all the paine out of the arme, and ceases the swelling thereof, if any such be by the meanes of the same. This is perfectly proued.

51

Children are not alwaies like vnto their Parents, as it may appeare in Helides, which did beget a Daughter of an Ethiopian, which Daughter was not of the colour of her mother: but after, the saide Daughter had a Sonne, which was blacke and like to his Grandmother. So Niceus the Poet did degenerate in colour from his Father and his mother, and was like his Grandfather being an Ethiopian. Which thing ought well to be considered of such that suspectes their wiues when they bring forth children vnlike to either of thē: for it happens many times that the childe is like to the Grandfather, or great grandfather, and neither like the Father nor Mother. Mizaldus.

52

A Tode stone called Crapandina, touching any part bevenomed, hurt or stung with Rat, Spider, Waspe, or any other venemous Beast, ceases the paine or swelling therof. Lemnius.

53

The iuice of Broome mixt with the oyle of Radish or of Mustard, is a very safe remedy for ẏ killing or destroying of Lise.

54

If a woman annoint often her Dugges or Pappes with the iuice of Succorye, it will make them little round and hard. For if they be hanging or bagging, it will draw them together, whereby

whereby they shall seeme as the dugges of a mayde. Mizaldus.

55

If you shall enclose within a peece of thin Silke, Galbanum made soft, and shal lay it to the mouth of the Matrix all a night, (the heade of that Woman hauing then no foule or stinking cloathes vpon it, but onely couered with a Caule, and a cleane or thin Kirchiefe, without any kinde of Odors) in the morning when the same are losed from her head, if the crowne of her head smell of Galbanum, it is a sure token that the woman is apt to haue children. Hyppocrates.

56

If a stone called an Hemetist, wherein a man is grauen with bended knees, girded about with a Serpent, holding the serpents head in his right hand, & his taile in his left hand, be set in a gold Ring, with one leafe of an hearbe called Dragons put vnder the said stone, it doth make the bearer therof safe from all poyson and plague. Hollerius a notable Phisition writes it.

57

The fasting spettle of a whole and sound person, doth quite take away all scruinesse, sawsflame, or rednes of the face, ringwormes, Tetters, and all kind of Pustules or whcales, by smering or rubbing the infected place therewith. And likewise it cleane puts away thereby all painfull swellings by the meanes of any venemous thing: As of Hornets, Spiders, Todes, and such like. Mizal. 58

New Cheese wrapt or folded in the dry leaues of Dragons, preserues the same from being mowlte, or from putrifying. Gallen and Plinie. 59.

It is certainly and constantly affirmed, that on Midsomer eue, that is, the day before the Natiuitie of Saint Iohn Baptist, there is found vnder the rote of Mugwort a Coale, which preserues or kepes them safe from plague, the Carbuncle, Lightning, the Quartaine Ague, and from burning, that beares the same about them. And Mizaldus the writer hereof sayth, that he doth heare that it is to be found the same day vnder the roote of Planten. Which I know to be of a trueth, for I haue founde them the same day vnder the roote of Planten. Which is especially and chiefely to be found and had at noone.

60

The drosse, or that that is left after the passing out of the oyle of Linsæd, is marueilous profitable for the fading of beasts: and if you shall let a handful or two therof steep a while in raine water, and therewith wash your hands, it will not onely amend the spots or other deformitie of the skin: but also you shal therby perceiue that the same and other members, if they bee likewise washt therwith, will be made much fairer and more cleane. Mizaldus.

61

All things that comes out of the earth will swim vppon quicksiluer, though they be heauy except golde: and golde though neuer so little will sincke into it and be swallowed thereof and his colour will be turned into siluer, which cannot be reduced into the forme of golde againe, but with fire, nor cannot be gotten out. And the Quicksiluer, through the fire will be resolued in a smoake with a perilous smell. Mizaldus.

62

Salt finely stamped and mixed with fasting spettle laide on a fillet (and applyed certaine times) to the place where superfluous haire is, dooth cause that haire will grow there no more. A thing certainely proued. Pigions dun doth worke the like effect applyed in such sorte.

63

Aqua vitæ mixt with white Sugar candye finely powdred, so that it be not two thicke thereof, but indifferent, & a spoonfull thereof taken last at night for the space of three or foure nightes, dooth presently helpe the Cough and hoarsenesse, and breakes the fleame marueilously, this is a tryed thing. The like effecte hath the powder of the roote of Enulacampana mixte with the powder of Liquorice and of white Sugar candy, if it be oftentimes vsed and eaten a spoonful at one time. Which I haue often proued.

64

They are like to bee Gowtie, or to haue the Sciatica, or paines in the ioints, in whose Natiuity Saturne or Mars is in the first house, or in the twelth house infortunating the Lord of the first house: especially, if the signe of the first house be Capricorne, Aquarie or Pisces. Iatromath. Guat. Ryff.

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Whosoeuer

93

That Salte will helpe Fecunditie, or make women more apt to bring foorth Children. It may be an argument: because of the great number of Myse and Rattes that are woont to breede in Shippes of the Sea. And because women that are louers of Salt and salt meates, are more prone, and haue moe children. Lemnius.

94

Asses that are much cumbred with Melancholy, doo gladly eate Citterach, or Scaleferne, that they may mend and helpe the diseases of the Splene: Goldfinches, Eybright, and Vipers, Fennel, for the mending of their sight. So Goates by a certaine propertye of Nature, do hate or cannot abide mans spettle, nor they will eate any thing whereof man hath first tasted. But the nature of Lyzerds is contrary: for they lick vp the same grædily. Plinius Theophrast.

95

Anniball, made a passage for him and his Souldiers through the harde Rocks of the Alpes to passe into Italie. For by heating and burning the stones with fire, and sprinckling Vineger thereon, he made them so softe, that they might fall easily in peeces, and that they might be sooner broken a sunder. Titus Liuius. Plutarchus.

96

Here followes an excellent remedy for all wounds and easie to be made. Take Grœk Pitche, Brimstone, and white Olibanum, which is a kind of Frankencense, of all a like quantitye: let them be stamped and mixte with the whites of Egges, then (the wound being first washt, and the lippes thereof well ioyned together) lay the same mixture on a linnen cloth, and apply it to the wound, & tye the same fast on with cloathes, or broad bands: and let it lye so certaine daies vnremoued, proued saith Mizal.

97

White Lillies will wax red, as Florentinus hath taught: if warily and diligently you open the clifts of the rootes, and fill the same with any red colour: and so thē set the same in a fat dunged earth. Mizal.

98

Women that vse to lye and sleep on their right side, seldome or neuer bring forth any wenches. Rasis writes this.

99

Whosoeuer is annointed for the Neapolitane disease com-

(commonly called the French pocks) if hee hold in his mouth a Ring of gold, or els an other peece of golde, and roules the ſame about his mouth with his tongue, the Quickſiluer that is in his body by the meanes of the oyntment, is drawne of the ſayd gold, and is ſo wrapt about the ſaid ring or golde, that when the ſame is taken out of his mouth, it ſhall ſeeme as though it were all ſiluer. And the ſame Ring or other gold will not be reſtored to his former brightnes or colour, except it be put into the fire. Lemni.

100

Snayles without their ſhels, or otherwiſe with their ſhels ſtamped and mixed ſomtimes with Cheſlep or rennet, doe draw out thornes, or any other thing out of the fleſh though neuer ſo deepe, if they be applyed to the place. And alſo beeing layd to the belly of them that haue the dropſie, they ſuck out the water. But the ſame muſt not be loſed from the belly, vntill all the humour or water be ſweate forth, or els the ſame plaiſter of Snailes doth fall away of himſelfe. Iacob Hollerius.

The end of the firſt Booke.

The ſecond Booke of Notable thinges.

1

When the Moone is in the coniunction with the Sunne, or in any euill aſpect with him, and in any Angle, and beholden of euill Planets with an euill aſpect, in any bodies natiuitie. It ſignifies that the child that is then borne, ſhall haue inſeperable diſeaſes or greefes in the eyes. Iatromath, Guat. H. Ryff. Argent.

2

It is manifeſt by experience, that the ſeauenth Male chylde by iuſt order (neuer a Girle or Wench being borne betweene,) doth heale onely with touching, (through a naturall gift,) the Kings Euill: which is a ſpeciall gift of God, giuen to Kings or Queenes. As daily experience doth witneſſe.

Eraſtratus

3

Eraſtratus a Phiſition, did perceiue by the feeling of the pulſe, that Antiochus the ſonne of King Seleucus, did ſo pine for the loue of Stratonices his mother in law, that vnleſſe hee might haue his deſire, with the good will and pardon of his Father, he would die. Theſe are the Authors thereof, Valerius Maximus, and Galenus. Which alſo by the like, did knowe that Iuſta the Wife of Boetius, a Counſellor of Rome, did languiſhe for the loue of one Pilas dauncing in the Theater. Mizaldus.

4

Celendine with the hart of a Woont or a Mouldwarp, laid vnder the head of one that is greeuouſly ſicke, if he be in danger of death, immediatly he will cry with a loude voyce, or ſing: if not, he will weepe. Mizaldus.

5

The iuice of Henbane, mixt with the blood of an Hare, & ſod within the ſkinne of a Hare, it is ſaid that all the Hares will gather together, which be within that trace where it is buried. As the Matrix of a Bitch will gather Dogges togeather. Thys was affirmed for trueth to Mizaldus.

6

Many women with child of the ſodaine or vnlooked for, meeting, or ſodaine ſeeing of an Hare, or for the deſire or longing to eate of the ſame: do bring forth Children with a clouen ouerlip, and forked wiſe, called an Hare lippe. Daily experience confirmes it. Mizaldus.

7

That diſeaſe or ſickneſs will be great which takes one when the Moone is in that ſigne, wherein an euill Planet was in the time of his birth, either in a quartile or oppoſite aſpect: and if an euill Planet doth then beholde her, it will be very perilous. But then if the Moone be in a place where a good Planet was in the time of the birth, that ſickneſs will be without any danger. Hermes Triſmegiſtus, Ptolomeus, and Claudeus Galenus, Authors.

8

And Egge layd in ſtrong Vineger, three dayes or a little longer: it makes the ſhel therof ſo tender and ſoft, that one may

drawe it through a Ring. Cast the same into a warme water, and let it lye therein, and it will be hard againe. Mizaldus.

9

A flint stone lying in Vineger the space of seauen dayes: may be resolued into powder by rubbing betweene the fingers. Therfore it is no maruaile though Annibal did dissolue ỹ stones of the Alpes with Vineger. Mizaldus.

10

Water wherein the leaues and sædes of Hempe is sodden: beeing cast or sprinckled on the earth will make the woormes to come out of the ground if any be there. Mizaldus.

11

Take the oyle of Tartar, made of the Læse of excellent wine, it doth take the spots from yron, ỹ yron being clensed from all rustinesse, and dooth make him of an excellent brightnesse: if the yron be rubbed therewith. Mizaldus.

12

The rote of Henbane stamped, and applyed warme to the paine of the Gowte of the fæte or Sciatica. It is said that it helps marueilously, because the hearbe belonges to Iupiter, which is onely Lord of Sagitarie, which gouernes the huckle bone. And of Pisces which challengeth the fæte. Mizaldus. had this out of an olde booke of secrets.

13

If some droppes of Aqua vitæ, be mixt with writing inke, the same inke will neuer be frosen. proued.

14

Whosoeuer is apt to any thing: hath certainlye that Starre or Planet, by whome that thing is signified verye strong in his birth. Myzaldus. As thus for example (I may saye by the way.) Hee that is apt to martiall feates, or Warlike affayres, hath vndoubtedlye Mars strong in his birth. And whosoeuer is apt or enclined to planting, drawing, writing, siphoring, or to the Science of Arithmaticke, or to any wittye or notable inuentions, without all doubt hath Mercurie very strong in his birth. Which by daylye prose is infallible. And so you maye knowe of the rest.

The

15

The wood of the Sicamore tree, is neuer dry in the Ayre or hye ground, and in the banckes of Riuers, and where waters run ouer it dryes verye quickly. Mizaldus.

16

The soles of the feete annointed with the fat of a Dormouse doth procure sleepe. As Actius doth say.

17

They will haue paines in the stomack, or be weak stomackt, in whose Natiuities, Mars and Saturne are in the first house: or in the twelth house, infortunating the Moone, or the Lorde of the Ascendent: especially if the signe of the first house be Cancer. Iatromath. Guat. Ryff.

18

This following is an excellent remedye for them that bee broken bellyed or brusten. Take nine red Snayles, and put thē betwene two Tyle stones, so that they slide not away, and drye them in an Ouen, so that you make them in powder: then giue to the diseased the powder of one of them in white wine euery other day in the morning, til all be done, which will be in eighteen dayes. The partye must take it fasting, and neither eate nor drinke of two houres after. And if the disease bee so long rooted that these nine times will not suffice: then begin immediately againe with other nine Snayles, and doo as before is declared in all pointes. I had this out of an olde Booke wherein was many Secrets, and I heard one affirme it to bee a true and tryed thing.

19

Hempe seede giuen to Hennes in winter, will make them laye Egges apace. Candanus.

20

The Dyle of Tartar, doth take away cleane al spots, freckles, and filthy wheales, of the face, chin or foreheade, with hys cleansing strength. This is proued.

21

When thou wilte driue awaye Flyes from anye, place, that there shall none bee seene there againe, make the image of a Flye in the stone of a Ring: or as my booke saith Mizaldus, in a plate of Brasse or Copper, or of Tinne, make the image of a

Flye, of a Spyder, or of a Serpent, the seconde face of Pisces, then ascending. And whiles you are making & grauing of them, say: This is the image which doth clean rid all Flyes for euer. Then bury the same in the midst of the house, or hang it in anie place of the house, (but if thou hast foure such plates, and burie or hang them in foure corners of the house, or hide them within the walles, that no body take them away, it were farre better.) But thys laying of them must be when the first face of Taurus doth ascend. And so no Flye will come in there, nor tarry there. Ptolomie saith, that he saw the trial heerof in the house of King Adebarus: who was very wise, and was meruailous expert in naturall Magicke, in whose Pallace or Place, there was neither Flye nor any other hurting worme. And that I might search it out sayth he: I brought in thether lyue Flyes, which presentlie died. Mizaldus.

22

Sire or seauen whites of egs put into troubled or thicke Wine, and the same being wel moued and stirred with a sticke makes the Wine fayre and cleere.

23

It is dangerous to strike: especially, to cut that part of the body, when the Mone is in that signe that gouerns the same: as daily experience sheweth by many, and a thing euery where feared and doubted, through the dangers that followes thereof. And it was credibly told me, that one that was by chance prickt in the finger with a thorne: the Mone in Gemini, died without any remedy thereof. And I knew a tall man and a stoute, that in fighting had a little cut with a sword vnder the ancle, at it seemed to me, seeing the same, a thing of small harme, yet notwithstanding, hee dyed within halfe an howre after the stroke was giuen. This may be verified by many examples. So that by this and by many other things, it is manifest that the Mone and other Celestiall bodies, haue meruailous power in our earthlie bodyes. As in this Booke and in diuers and many places, the same is manifest.

24

If a Rat, Mouse, or Wesell, or any other thing, sodenlie leap or fal on the body of a woman with child: or els any Cherries

or

or a cluster of Grapes, or other thing whatsoeuer chance to fall or hit any part of her body, by and by it haps that the childe is marked with some speciall noate or marke on that parte, wheron they did fall or hit: (except happily the woman on whose body the same did chance,) wipe with her hande sodainly the part or member therwith touched, & lay her said hand on some other part further of. Lemnius. There are fewe women but knowes this to be true, and many haue found it to true. As two or three strange examples in this booke doth shew most wonderfully.

25

Burning water called Aqua vitæ, is of a meruailous force, in preseruing of things and kæping them from putrifying. For flesh or meates whatsoeuer moystened therewith, will be safe from corruption and wormes.

26

If young beastes eate of the leaues of an Iuie tree, they die. But if they that chawes the cudde doe eate thereof, they fæle no harme. This is the opinion of Theophrastus. But Plinie dooth ascribe it to the Alhtræ. But the likelihood and nærenes of the words might deceiue him. For the Alhtræ in the Græke tunge is, Milean, and the Iuie træ is Millon. Mizaldus.

27

A meruailous matter, and a thing woorthy to be remembred is written by Aelinus, that a great mighty Woolfe dyd come to a schoole, and did snatch the writing Tables out of the hands of a boy, called Gelon of Syracusa. Wherat the sayd childe Gelon, rising from his seat, did diligently and sharply without any fear folow the said wilde beast, earnestly to plucke the sayde Tables from his mouth. But after that Gelon was out of the schoole, the same with a sodaine ruine fell vppon the rest of the schollers, and killed, & oppressed with the Schoolemaister, aboue a hundreth boyes. Onely Gelon by Gods prouidence, of all hys fellowes remayning aliue. And because hee was not killed of the Woolfe, but rather reserued, it cannot be without great admirations, partly foreshewing his kingdom and rule, and partly that he was preserued from so imminent a perrill.

28

Whosoeuer will preserue Chesnuttes, and keepe them safe and sound, let them lay and mire them with Walnuts: for they will drinke vp and consume such humors whereby they corrupt. And they will not suffer them to were mowly. Mizaldus.

29

Knotgrasse is thought to be the hearb of the Sunne, wherevppon it helpes greatlye all the diseases of the heart, and the mouth of the stomacke. Whereof Leo the Lyon is gouernour, which is the house of the Sunne. And it is very good against the great greefes of the backe, the Stone and the Collicke, by drinking of it, or by infection. It was affirmed to Mizaldus, that it was found true by experience.

30

A hearbe called Houndstonge, ioyned with the Matrix of a Bytch, beeing so tyed to the necke of a Dogge, that he can not get it awaye: you shall see him turne about so long, that he will fall downe and seeme to be halfe dead. Albertus.

31

When the Scithians were constrayned to sustayne hunger for any certaine matter or vrgent cause: they girded in their bellyes with broad bands that no emptynes left in theyr belly or guttes, their hunger might the lesse greeue them. For throngh the hard binding in of the belly, hunger is the more tollerable. Wherupon it is seene that they that eate much, do loose or vnbutton their dublets, and lose their garters. Phauorinus.

32

The Elephant seing a Kan is by and by tame, and leaues his fiercenes. With which pollicy the Romaines caused the Elephants of King Pyrrhus to returne and goe backward. And so the Romaines obtained a worthy victory. Mizaldus.

33

The paring of an Apple cut something thicke, the inside whereof laide to hote burning or running eyes, at night when the partye goes to bed, and tyde or bound to the same, dooth help the same very spedily, and contrary to expectation. An excellent secret.

34

A certaine Priest hauing a louing Dogge, was killed for his mony, and thrown among bushes or some other priuy place. Which dog so mourned for his said Maister, that he would not depart from him, but howled: so that the deade body was found. Which dead body was brought afore certain men to be viewed, to which place diuers people resorted. Amongst whom the murtherer must needes shewe himselfe (lamenting outwardlye the matter, with the rest of the standers by, as though hee had bene as guiltlesse as the best,) whom when the sayde Dog perceiued: he barkt and did runne at him fiercely, and by no meanes would leaue his barking, howling and running at him. And following after him, & at none other: shewing (in his maner) that that was he that killed his Maister. Whereupon beeing suspected he was examined, who forthwith confessed his wicked fact: and therefore was executed Saint Austine affirmes this, as I do remember.

35

If both the lights, (that is to say, the Sunne and the Moone) bee in the first house infortunate, they that be then borne without doubt will be blinde. And if but one of them be there and Infortunate: then the childe will be blinde but of one eye. And likewise it will be, if either the said lightes be Lorde of the first house Infortunate. And vniuersallye, their eyes cannot escape, great hurt, in whose Natiuity the said lightes are impedite. Iatro.

36

This followinge will presentlye ease the paynes of the Gowt, Fry out the greace of Shomakers spetches, or peeces of Leather: and lay some of it vpon a browne paper, warming it a little at the fire: then applye the same to the greefe, and it will take away the paines in one night. I had this of them that haue proued it often to be true.

37

If Sheepe chaunce to eate of an hearbe called Knotgrasse, it will make their bellyes swell: and they will auoide out of their mouthes a thinne stinking froth, therfore they must be let blood vnder the tayle next to the buttocke. Columella.

38

There is many doo things in their sleepe, that they that bee awake vse to doo. For they will walke about the house and

Chamber

Chamber, and will goe to other folkes beddes, and dare do any thing without feare. Whereof there are many dayly examples. But one among all the rest, (which was credibly tolde me) was maruelous strange, and almost incredible. Which was: that two men lying in bed together, the one of them being fast a slæp, toke the keys and vnlocked the doores, and the gate of the house, and so toke his Bowe and Arrowes, and went to a wood or Chase about a myle from thence, and killed a Bucke or a Doe, and then did couer and hide the same in the Woode: and then came home againe, vnlocking and locking the gates & doores agayne and layd the keyes where he had them, and so went to bed. The other man that lay with him being awake, followed him and did see all that he did. But he would not goe to bed, but stayde a while in another place, to see the ende thereof. And as soone as the other was in his Bed, he tooke his Dagger, stabbing and thrusting therewith in the Bed, where the other man did lye, and by and by after awaking, sayde: alas what haue I done, I haue killed him. The other answered, nay, I am not killed yet, thankes be to God. Then saide he: for I was a dreamed that I killed a Bucke in such a place, and that thou didst see me where I did kil him, & hide him: & thinking thou would'st bewray me I thought to kill thee. But I am glad saide he, that it was but a Dreame. Then the other saide: if it were a Dreame thy Dreame is then true. For thou hast performed all thy Dreame, except the killing of me, which he would not beleeue vntill the next day: when he that laye with him carried him to the place where he himselfe tolde that he did hide the said Buck. Where indeede they founde the Buck killed as he before told in his Dreame. A maruelous matter if it were true.

39

The Greekes and Romaines did keepe Snowe till Sommer in Caues of the earth, covered with Oken bowes or chaffe. Which made Saint Austine say: who gaue Chaffe such a colde strength to keepe and preserue Snowe, or such a hot strength, to heape and ripen vnripe Apples.

40

Wine will bee pleasant in taste and in sauour and collour: it will much please thee if an Orenge, or a Lymon (trucke

round

round about with Cloaues) bee hanged within the vessell that it touch not the Wine. And so the Wine will bee preserued from foistenes and euill sauor. Mizaldus.

41

They will haue paines or diseases in their Liuer, in whose natiuitie Iupiter is Lorde of the first house, being euill aspected of an infortunate planet. Iatromath.

42

If shel Snayles be rosted and dryed at the fire or in an Ouen, and made in powder: and a spoonefull thereof drunke in Ale at one time and so taken nine or ten dayes together: it doth perfectly helpe and cure the black Iaundies. Proued.

43

If you stamp earth wormes, and then strein them through a cloth, and then put to the same as much of the oyle of Radishe rootes, and betweene the beating or framing of swords kniues, or Daggers, when they be hotte: you doo quench them twise or thrise therein, the same shall cut Iron after, as though it were Lead. This Mizaldus had of a Phisition that was cunning in that Arte.

44

Stincking and corrupt Wine wil be marueilously mended, if according to the bignes of the vessell, a sufficient quantitye of cleane Wheate in a bagge be hanged in the sayde vessell, and after bee taken out of the same. For whatsoeuer is vncleane, or naught in the Wine, the Wheate will draw the same to it, and so will leaue the Wine pure and cleare. Pistorius.

45

The vttermost or last ioynt of the tayle of a young whelpe, after, he is forty dayes olde, beeing writhen of: the same Dogge will neuer be madde. Besides that his tayle will be thereby of a comely length. Mizaldus.

46

If you borе holes in Bay berries, and put into euery hole the sædes of Artichokes, and wrappe them with dung: and so put them into the earth, thou shalt haue so swæte and pleasant smelling Artichokes: that nothing can be of a more sweet and plesant smell. Varro. the same will happen, if you do stæpe sædes three daies in swæte smelling water. Mizaldus.

47

Butter, Aqua vitæ, and Beast gall, of each a like quantitye mixt together. And any ache or stitch annointed therewith something hot, euery morning and euening, for seauen or eight daies dooth perfectly helpe the same. Proued.

48

All Wheate that is sowne in continuall moyst grounde, after ẏ third sowing, will become the purest Wheate and make the finest and best bread that can be made. Columella.

49

Galen saith, that he knewe certaine men in his time, that gaue the pouder of mans bones burned, to them that had the falling sicknesse: they not knowing of it, least their minde shoulde stand against the midicine, and many was cured with the same Gesuerus hath proued it with the scull.

50

If the little Nerue vnder a Whelpes tunge, (commonlye called the greedy woorme) be taken away, it keepes the same safe after from being mad: and he will not be giuen so much to barking after. And also it is thought they will not be giuen to greedines after.

51

If you prick the head of a Leeke, with a Reede or a stick sharped, and put within the same, the seedes of Rape, or of Cucumbers, the saide Leekes head will so swell: that it will seeme monstrous.

52

Ætites, called the Eagles stone, tyed to the left arme or side: it bringes this benefite to Weomen with Childe, that they shall not be deliuered before their time. Besides that, it bringes loue betweene the Man and the wife. And if a woman haue a painefull trauaile in the birth of her Childe, this Stone tyed to her thigh, bringes an easie and light birth: but you must take it away quickly after the birth. The same Stone as the Caldeans reportes, if it be mixt with meates enuenomed: it forbids or lets that the same meat be swallowed downe. Euax. & Alb.

53

The people of Astomores (as Plinie reports) haue no mouth: and are cladde with a woolye mosse growing in India, and liues onelye with smelling of Odours at their Nose of Rootes, and

of

of flowers, and Apples that grows in the woods: which they carry with them in their long iournies to sucke in and nourishe them withall, least they should want thereof to smell.

54

The powder of Stone Pitch, drunke in small drinke once euery day, for the space of foure or fiue dayes: is a very good remedy for them that are bruised through falling, or otherwaies.

55

When the sunne is in the daye time, and the Moone in the night, in an Natiuitye & is corporally coniunct with any euill Planet: the Childe that is then borne will be blinde. And if this be in an Angle, or if the Lord of the Ascendent be with them then they will be blind in their youth. And if the said light so infortunate be not in an Angle, nor with the Lord of the Ascendēt, then they will be blind in their age. Iatromath, Guat Ryff.

56

Three Nayles made in the vigill of the Natiuitye of Saint Iohn Baptist, called Midsomer Eue, and driuen in so déep, that they cannot be séene, in the place where the party dooth fall that hath the falling sicknes, and naming the saide parties name while it is doing: dooth driue awaye the disease quite. Which Mizaldus writes of the reporte of one that proued it.

57

If you will presently turne Wine into Wineger, cast therein Salt with Pepper, mixt with sower leuen and it wil performe it quickly. Mizaldus.

58

The roote of Vernaine hanged at the necke of such as haue the Kings Euill: it bringes a marueilous and an vnhoped help. Which is Venus hearbe, that hath power of the neck: because of Taurus the Bull, being her house. Mizaldus.

59

Whosoener falles sicke in that yeere wherein there is an Eclipse, and the Signifiers of the saide Eclipse bee in the Ascendant of the Natiuitye of him that so falles sicke, or in the Ascendent of his Reuolution, or in the place of his Hilech, or of the Signifier of his life. That disease then taken, will be verye perilous and deathly. Mizaldus.

60

Geese, Duckes, and other water Fowles, helps their diseases with wall Sage, Hennes with Withwind, Géese with Varitch, the Cranes with Squinant, the Panther with mans dung the Boores with Iuye, the Hartes with Arthechokes, the dogs with grasse. Also Plinie sayth: that the smell of Crabbes will kill Bees, especiallye: if one seethe them nye vnto their Hiues. For they abhorre stinking smelles. Therfore they followe them fiercely that smelles of stinking smelles.

61

If Children eate Raisins fasting, that haue wormes without any other meate, it will kill and auoide the wormes. For as bitter things are noysome vnto them: euen so is swéete things. For with the oft eating of swéet thinges, it makes them to swell and burst.

62

If the tender hornes of young Buckes, that is couered with a thin hairy Skinne, be cut in peeces, and then put into a newe potte well couered, and set in an Ouen or other place that is hot wherby the same may be made into pouder, and some of the same giuen with Pepper and Myrrhe, to them that are tormented with the Collicke, in good wine: it will helpe them marueloully of the same disease. Scribonius Largus.

63

Pellitorye, of the wall stamped, and so layde to the Coddes, and vnder the Nauell. And so vsed foure or fiue times helpes the Collicke and the paines of the Bladder and Coddes. A thing often proued.

64

They wil be diseased in the Splene, in whose Natiuity the Mone is Lady of the first house, béeing Infortunate of Saturne. Or if the Lorde of the Ascendent bee infortunate in the seauenth house: or if Saturne bee Lorde of the Ascendent. and infortunate of Mars: or if Saturne bee infortunate by any meanes vnder the earth. Iatromath. Guat Ryff.

65

Goordes, Peares, Apples, Quinces, Cytrins, Wardens or such like fruite: whereon you desire to haue some prettie, or other forme on the outside. If when they haue cast the flowers.

and

and begins to haue any forme or proportion: encloſe them with in ſome wood, or other thing of ſtone, or of any other thing, and within of what forme you liſt: and tye the ſame faſt about the ſaid fruite. But make not the ſaid inſtrument on the inſide bigger, then the fruit will be within it. And when you thinke that the fruite is full ripe: take the ſame with the fruit in it from the trée, and the fruit will be of that faſhion and forme as you deſire. Mizaldus.

66

It is ſayde that Alphons King of Caſtile, gaue to certayne Mathematicians a hundreth thouſande peeces of golde: which were called or ſent for out of Araby, Affricke, or other places for the making and framing of the Aſtronomicall Tables) which ſhewes the continuall courſe and place of the Starres and Planets) which worke is to be had euery where through his great liberallity, to his perpetuall praiſe.

67.

Galbanum made ſofter, and ſpread vpon a linnen cloath, and ſo applyed and layde vpon a plague ſore: if the diſeaſe be curable, it will ſo ſtick & cleaue to the ſame, that it cannot be pluckt away: vnleſſe it bring away the roote of the ſore with it. But if the diſeaſe be incurable, it will not cleaue. Arnold de villa noua.

68

The little Sparrow hath a ſtrength and vertue worthy of great marualle. For if the Sparrow be condite or wel powdred with ſalt and eaten raw, it doth expell and driue forth the ſtone by the vrine, and cures the diſeaſe ſo perfectly: that the ſame ſhall neuer breede againe: The Sparowes maye be condite very wel, if when their fethers be pluckt off: that thē they be powdred and couered well with ſalt, and ſo dryed and eaten: if you haue many Sparowes, they maye be ſodden as other birdes be. And alſo they may be burned in a pot cloſe couered with the fethers and all: and the powder of one of them ſo burned with a little pepper and Sinamon, may be giuen to them that are grieued with the Stone. There be which condite them (their feathers beeing pluckt off a liue) with Salte, which is better. Some doo eate them roaſted whole, ſo that they caſt nothing away of them but their feathers. They that will know more heereof: let them take counſaile of Aetius and Paulus Egeneta, Mizaldus.

69

If any will make their hands white, let them mixe the dung of Sparowes in warme water, and wash them therewith: or let them sæthe the rootes of Nettles in that water, and therewith wash their hands.

70

Æliqus writes, that the quilles or pennes of an Eagle, mixt with the quilles or pennes of other Fowles or Birdes, doth consume or waste them with their odour, smell or ayre.

71

The rootes of Lillies sodden in water, doth take awaye the redneſſe of the face: if certaine mornings and euenings, the same be washt and rubbed therewith. This hath bene often proued.

72

Beastes that bee stubborne or wilde, and also Horses, that will wince or kick, or otherwise be vnruly: wil suffer themselues to be dreſt, or els to be shod. If you put into one of their eares a little round Flint stone, and then hold the eare hard with your hand, and it will make them quiet, though they be fierce. But if you put into either eare one, you shall haue them as milde as a Shæpe. Mizaldus had this as proued, of one of the king of Nauarres Stable.

73

Any stones wil easily be made soft, if you lay them al night in the hot blood of an Ore, the fat of a weather and strong Vineger mixt together. Iohan. Baptiſta porta, de Magia Naturali. As Mizaldus writes,

74

Apples that are frozen, if they bee put or cast into colde water and suffered to lye therein a while: will come to their nature againe. For thereby all their frozen congealing will bee resolued. Lemnius

75

When you sæ the Mulberrie træ begin to budde, then thinke that the chæfe colde is past. Plinius as Mizaldus affirmes.

76

To seperate golde from siluer, do thus. Annoint the siluer that is guilted with the Dyle of Linsæde, and sprinckle thereon the powder of Roch Allom, and salte Armoniack mixt together: which being well heated in the fier, quench in water: and the seperate golde wil remaine therin. Mizaldus had this of a cunning Goldsmith.

A

77

A Greene Jasper stone hanged at the necke, doth helpe and strengthen the stomacke, and the mouth of the stomacke verye well. Which Galen affirmes by the reporte of Mizaldus. If they be hanged like a cheine about the necke: so that the same stones do touch the mouth of the stomacke.

78

If the heade of a Wolfe bee hanged in a Dowehouse, neither Catts, Wesells, nor any thing that will hurt Pigions, will enter therein. Rasis & Albertus.

79

They are like to haue paines or diseases in the Lyghtes, or Lunges: or will haue the Mylick, or bee short breathed: that haue in their Natiuitye, the Moone in the Angle of the earth, (which is the fourth house) in coniunction with Mars or Saturne, or is infortunate by them. And likewise if Venus be the Ladie of the firt house, and infortunate in a fierye signe. Iarromath. Guat, Ryff.

80

If you stampe Parsley a little, and lay it in faire spring water for the space of xxiij. howers, and then wash any sore or scabbie place therwith: it will heale it wonderfully. This is proued true.

81

A Precious and a prooued medicine, for the Stone. Seethe in white Wine, Tyme and Parcely very well, then streine it, and into a good draught thereof, shaue a spoonefull of white sope, and giue it to them that are greeued with the stone: and it will make them make water with speede.

82

The great number of Spyders doe foreshewe that the Sommer following will be pestiferous and plaguie. Mizaldus.

83

There were seene two Brethren at one birth in Austria, that if they did set the sides of their bodies towardes gates or doores that were lockt, the locks woulde then open. Iohannes Langius.

84

Carduus Benedictus stamped, and then well sodden with sewet or Swines grease, Wine and Wheate flowre, vntil

it

it be like an oyntment: is a excellent medicine for sores and vl-cers whatsoeuer. Yea, though the bones therwith be bare: but you must annoint the sores twise euery daye: washing first the corruption from the sores, with white wine. Arnoldus.

85

Saint Austine reporters that he did heare whiles he trauel-led in Italye, that certain women were transformed into young Beasts of certaine trauellers, by the eating of Chæse, that they might carry their burthens.

86

Take one handefull of Mugwort, and sæthe it in sweete Oyle, Oliffe vntill the third part of the Oyle be consumed: then annointe therewith any parte that is tormented or pained with the Gowte, and the paine thereof will bee quickly gone or put a waye. This is an experiment of a Kings Surgeon, against the Gowte of the fæte and the hands. Mizaldus.

87

It is found by obseruation, that rats & Mormise, wil forsake olde and ruinous houses, three moneths before they fall: for they perceiue by an instinct of nature, that the ioynts and fastning to-gether of the postes and timber of the houses, by little and little will be losed, and so therby that all will fall to the ground. Plini-us, & Lemnius.

88

If one blæde on the right side of the nose, bowe and presse hard the parties right little finger, that blædes: if on the left side, then the little finger in like case: for therewith the bleeding will cease. This is a common and proued remedy. Mizaldus.

89

If you giue halfe a scruple (which is the weight of xij. Bar-ly cornes) of pure Cutrall, made first in fine pouder, with ỹ nurse milke, to a childe that is newly borne, before it taste any other thing, the same child will neuer haue the Falling sicknesse. Ar-noldus de villa noua.

90

One Baldus of Trydent Doctor of both Lawes, as hee was playing with a little Whelpe of his owne, the same did bite him a little in the neither lip, who being ignorant that his sayde

Dogge

Dogge was infected with madneſſe: he himſelfe within fower moneths after, became mad, and at the laſt beeing paſt remedy did dye miſerably. Andreas Matheolus, in diaſcoridem. Which let thē mark and conſider that haue ſuch pleaſure in little puppets. Mizald.

91

Whoſoeuer is tormented with the Sciatica, or the Gowte, let them take an hearbe called Speregraſſe, and ſtampe it and lay a little thereof vppon the greeſe: but put vppon it a cockle or a Walnut ſhel, and tye ſomething on it, that the hearbe be not remoued: and within ſixe or eight houres at ẏ moſt, it will make a great blifter on the ſame place. Then lay a Clot leafe, or elſe a Wort leafe on the ſame: but firſt let the water out of the blifter with a pinne, and it will draw out all the water that cauſeth the paine or greeſe. This helpt one that was pained therwith twenty yeeres.

92

Boetius after Oppianum dooth affirme, that Belles couered with the ſkinne of a Woolfe, doo drowne the ſound of other Belles that are couered with the ſkinne of a Lambe.

93

Put two or moe quicke Mice in a long or deepe Earthen pot, and ſet the ſame nie vnto a fire made of Aſhe wood: and when the pot begins to ware hot, the miſe therein will cherpe or make a noyſe: whereat all the Mice that are nye them will run towards them, and ſo will leap into the fire, as though they ſhould come to help their poor imprifoned freends and neighbours. The cauſe wherof Mizaldus aſcribes to the ſmoke of the Aſh wood.

94

If you ſeethe the dregges or mother, or ſome of Oyle, to the halfe: and therewith annoint the bottome, corners, and feete of any Cheſt or Preſſe, the clothes that you lay therein, ſhal neuer bee hurt with Mothes. So that it bee drye before you put therein your clothes. M. Varro. and Cato.

95

If one aſke the Aſtrologian which parte of his life is like to be the moſt fortunate. Let him giue the firſt quarter of his life to the Aſcendent, the ſecond quarter of his life to the tenth houſe: the third quarter to the ſeauenth houſe: and the fourth parte of his life, to the fourth houſe. And marke in which of them there

is Fortunate Planets, and the part Fortune, and the Moon free from Infortunate Planets, and not combust. Judge that, that parte of the life is or will be most fortunate. Haly Abenragel,

96

If you would not haue haires to growe, pluck them first vp by the rootes, then vse to rub the same place with Aqua fortis diuers times, a little at once: and it will stay the haire from growing there any more. A woman told mee this for a great secret.

97

Make a Plaister of Potters clay mixt with Vineger, and the white of an Egge, and applye it to the Coddes of him that bleedes at the Nose, and straight way his bleeding will staye or cease. This is a sure proued medicine.

98

Giue to a woman, that suspects her selfe, to be with child, at night when she goes to bed, a cloue of Garlicke to eat: and if she feele any sauour thereof in the morning when she riseth then she is not with child. If she feele no sauour thereof, then shee is with child. This I had out of an old written booke.

99.

They will haue weake or feeble harts, or will be much gyuen to swounding, in whose Natiuitie the Sunne is Lord of the first house, or Lord of the parte of infirmity, beeing impedite, or Infortunate. Iatromath. Guat. Ryff.

100.

An excellent and approued thing to make them slender, that are grosse. Let them eate three or foure cloues of Garlick, with as much of Bread and butter euery morning and euening, first and last, neither eating nor drinking of three or foure howres after their taking of it in the morning, for the space of fourteene dayes at the least: and drinke euery day three draughts of the decoction of Fennell: that is, of the water wherein Fennell is sod, and well strained, fourteene dayes after at the least, at morning, noone and night. I knewe a man that was marueilous grosse, & could not go a quarter of a mile, but was enforst to rest him a dosen times at the least: that with this medicine tooke away his grossenesse, and after could iourney verye well on foote.

The end of the second Booke.

The

The second Booke of Notable thinges.

1.

Fiue Egs laide in the euening, in strong and tarte vineger, and taken out of the same the nexte morning: so that you perceiue their shelles therwith to be something soft, els let them lie longer therein: and then put or thrust them downe into the throate of a horse that hath the cough, his tongue beeing holden all that while out of his mouth, will helpe him perfectly of the same.

2

The Turtle Doue hath such a loue one to another beeing makes, that when one of them is dead, the other will neuer after haue any other make. Aristo.

3

If one aske the Astrologian, which parte of the Lande or Countrey is best for him. Or if one would go out of the place he dwels in, to dwel in another, and dooth aske in what quarter or part were best for him to goe. Marke in what part of the heauens the good Planets be, from his Ascendent, and iudge that, that part where they are found is best for him: but consider that from the degree ascending, to the beginning of the tenth house, is for the East part, and from the Cuspe of the tenth house, to the beginning of the seauenth house, is for the South parte: & from the Cuspe of the seaueuth house, to the beginning of the fourth house, is for the west part: and from the Cuspe, or beginning of the fourth house, to the Cuspe of the Ascendant, is for the North part. Haly Abenragel. And as these quarters & parts are good to remoue vnto, where the good Planets are placed: euen so those quarters where euill Planets are placed, are euill to dwell in.

4

A certaine woman, a Florentine, was so pulled and gryped in her stomacke with such torments, that no Phisition could helpe: which woman of a sodaine, did vomit long and crooked nayles, needles of brasse, with ware, and lumpes of haire, and at

last she auoided out of her mouth, a great fleshie péece, such a one as a Giant could not swallow. The Author hereof is Beniuenius de admirandis morborum causis. But he saith, that the sayd woman was possest of a wicked spirit. Mizaldus. (Which I beléeue was done by the deuill.)

5

Plinie reports, that men in auncient time, did fasten vpon the gates of their Townes, the heades of Wolues: thereby to put away witchery, sorcerie, or Enchantment. Which manie Hunters obserues, or do at this day, but to what vse they know not.

6

A Moule or Want enclosed in an earthen pot, if you set then the powder of Brimstone on fire, she will call other Moules or Wants to helpe her, with a very mourning voyce. Mizaldus.

7

If you take an Oake Apple from an Oake tree, and open the same, you shall find a little worme therein, which if it doth flye away, it signifies warres: if it creepe, it betokens scarcenes of Corne: if it runne about, then it foreshewes the Plague. Thys is the Country mans Astrologie: which they haue long obserued for trueth. Mizaldus.

8

If a man be sick, marke his eyes when hee sleepeth: for if any white thing appeare betwixt the eye lids, and the Patient haue no great lare, nor receiued any purgation before: it is a terrible and deadly signe. Aphor. Hippoci.

9

Whosoeuer is troubled with the Cough, or shortnesse of breath, let them drinke a good draught something warmed of thys following, thrise euery day first and last, and one howre after dinner, for the space of seauen or eight daies: & it wil helpe them (God willing) for it is an excellent and often proued thing. Take of the rootes of Enulacampana, cut in small peeces, of Hysop and Penirall, & also of good scraped Liquorice, of each two handfull. Seeth them all in a gallon of pure and faire water, vntill the water come to one pottell, then straine it wel, and keepe it in a cleane vessell, close stopt or couered, and so vse it.

10

Sope mixt with a little Salt, helpeth perfectly a Fellon, Income, or other sore or swolne finger, with speed. I knowe that this hath beene well proued.

11

The white of an Egge well beaten and mixed with the powder of Mastick, helps chapt hands: if they be annoynted therewith.

12

Mouseare, any maner of way ministred to Horses, bringes this helpe vnto them, that they cannot be hurt whiles the smith is shoing of them. Therfore it is called of many, Herba clauorum. The hearbe of nayles. Mizaldus.

13

If a Firre tree be touched, withered or burned with Lightning, it signifies that the Maister or Mistres thereof, shal shortlie die. Seruius.

14

Galen sayth, that he hath founde by experiences, (following the opinions of many) when any shall fall sicke, and the Moone then be in the signe wherein a good Starre (or Planet) was found in the time of his birth, without doubt he shall escape from such sickneſſe. If in the place of an euill Starre (or Planet) hee will not escape. Iohannes Tayſnier.

15

Seeth the leaues of an Oake, and the middle rinde thereof in water, and wash the head that is sore, or ful of Pustules therwith, and it will helpe it presently. This hath bẽ oft proued.

16

Ganiuetus sayth, that in the yere of our Lord 1418. the xviij. day of August, before foure a clocke at after noone, in the hower of Saturne, a certaine Priest called Iohannes Morterius, did aske him for a certaine brother of his, which was sicke: What shold be the ende of his disease, death or health? Who after hee had erected the celestiall figure therefore, espying Mars within one degree of the ascendant in a moueable signe, beholding also the part fortune of a quartile aspect, with diuers other testimonies euil signes. And also Mercury being the Lord of the house of that Moone, in the viij. house, both retrograde and combust. Judged that the party woulde be madde, and so die within a day after:

which the messenger did declare vnto his friends, and to the maister of him that was sicke, being his brother. Which happened so. For about foure of the clocke the next morning, he was so franticke, that he had like to haue killed his Maister and others. But they were preserued through Gods speciall gift. And after, beeing close in a Chamber, did breake a poste, and so cast himselfe headlong downe, and dyed.

17

The Roote of Pellitory of Spayne, chewed betweene the teeth a good while: will purge the head and gummes very well, and fasten the teeth. So that it will helpe the head ache and tooth ache: if it be vsed fowre or fiue times in a day, two or three daies together. It is very true and often proued.

18

Make that, that is shorne from Scarlet, into powder by drying it at the fire, or in an Ouen, and then giue to the partye that hath the blouddy flixe to drincke: halfe a spoonfull thereof in red wine. Vse this fiue or sixe times, and it will helpe him, or her shortly and surely God willing. This is well proued.

19

The gall of a Partriche, annoynted once a month on the Artyres of the temples of the heade: So that it may penetrate and sincke in, doth profite very much, for the confirming of the memory. Simeon Sethi.

20

If the tayle of a Woolfe bee buried or put in the ground of any Towne or Villedge: no Wolfe will enter in that Towne or Villedge. Rasis.

21

Albertus makes mention of a Well, that whatsoeuer is throwen into the same: is turned into a stone. Whereof proofe was made by Frederick the first, who because hee would not bee deceiued, he threw into the same one of his Gloues, whereto first he put ware and sealed it with his owne Ring. and the one halfe of the gloue which was vnder the water, became stone: the other part aboue the water remained as it was before.

22

If one goe to any body, and doth aske them being learned in Astrologie, whether he shall finde him or speak with him, or not.

Marke

Marke the Lord of the seauenth house, whom if thou finde in an Angle: say that he is at home. If in a Succedent house, then hee is ny at home. And mark if betwæn the Lord of ỳ ascendent, and the Lord of the seuenth house, there be any application, or if ther be any Planet beholding the seuenth house, and carries the light of the one to the other, or that doth ioyne their two lights, and if be thus: then tell him that he shall finde him. If not, then he shall not. Haly Abenragel. Which is true, so that the partye dooth goe to his Wife, or to his enemie or to anye other common person. But according to Guido Bonatus: if he goe to a King, or to his maker: then you must take the tenth house, and the Lord therof: if to a Prælate, a Prelate, or a Bishop, then you must consider of the nynth house, as Haly biddes you doe by the seuenth house: if to your sonne or Daughter, then the first house, if to your father, the fourth house: if to your brother, then you must iudge as before, by the third house. And so of the rest, according to the significations of euery house. Wherefore the learned in Astrology are not ignorant: and this is a very true rule throughly and many times obserued. And the Lord of the seauenth house, or the house that the party trauels vnto, doth signifie be in the Cadent house: then the partie is farre from home, so that hee is not like to speake with him.

23

Many haue proued that a Saphire tied to the Artier doth put away the heat in an Ague. And the same stone born against the hart, dooth preserue the bearer thereof frou the Plague, and from venemous things. Rasis & Albertus, and other.

24

If one that hath eaten Garlick or Comminséd, breath on the face of a woman that is painted, the cullour will vanish away straight, if not: then her cullour remaines as it did before. Lang.

25

The Leaues of an Elme Tree, or of Peache Tree falling before their time: dooth foreshewe or betokens a murrian, or death of Cattell. Cardanus.

26

Tiberius Cæsar, who was Emperor of Rome when Christ suffered, when he awaked out of sleepe: did see in the darke as Cats do. Suetonius.

Whosoeuer

27

Whosoeuer eateth two Walnuts, two Figs, twenty leaues of Rew, and one graine of Salt, all stampt and mixte together, fasting: shall bee safe from poyson and Plague that day. Which Antidote King Methridates had vsed so much, that when he drunke poyson purposely to kill himselfe: it could not hurt him. Pilnius.

28

If you will encloase séedes of diuers kindes, either in Wax or in some other fast matter, made something thinne or small, shooting out of length, (that is) as long as you would haue the same to growe, and then putting the same in the ground well dunged: a marueilous hedge will spring therof. This is the workemanship and experiment of the Kings Gardiner. Mizaldus

29

The Eliphants haue sence and vnderstanding next vnto man and it semes they know, and keepe the course of the Starres: for at the chaunge of the Moone they breake downe bowes from the trees and holdes them, then mouing them vp & downe, and they are marueilous docible. Gellius, and Plinie hath left it witnessed by Mutianus that was thrise Consull, also Plutarch: that an Elephant did write the Greeke Letters. And Aelianus saith, that an Elephant did write all the Latten Letters in order, with other things incredible.

30

Grind Mustard with Vineger, and rub it well and hard on the plants or soles of the féete: and it will helpe and quicken forgetfull persons. Petrus Hispanus.

31

A most notable and proued water to clarefie the dimnes of the eyes, or sight, dooth followe. Take the iuice of Fennell, of Celedine, of Rewe, and of Eibright, of eache two ounces Honnye one ounce and a halfe, Aloes, Mutte, and Sarcacoll, of eache half an ounce: the gall of a Capon, chicken, or Cock, two drams: Nutmegs, Cloues, and Saffron, of each one dram, Sugar candy six drams, put all into a Limbeck of glasse, and distill it: and put of this water into your eyes once in the day, two or three drops at a time. And there cannot be a more pretious thing for the eyes then this. I know it by proofe, and therfore I am the bolder both

to

to praise it and publishe it abroad to the great comfort of other.

32

The three score and thirde yeare of ones age is counted to be a daungerous and perilous time: for that it dooth passe seldome without daunger of life, or without some other great misfortune. And it is obserued in many examples. Hereof Augustus Cæsar, (as Gellius reporteth) was marueilous glad, that he had escaped that yeare of his age. The cause may be that the seuenth yeare, and the nynth yeare (beeing Anni climacterici & critici, which are Judiciall yeeres) multiplyed together: makes the said number of. 63. Mizaldus.

33

Seethe Iuye berries in Vineger, or in white Wine, and when they be well sodde, sup of the same hot licour, and when it is colde spit it out, and sup more thereof. Whosoeuer dooth thus, it helpeth the toth ache.

34

They in whose Natiuitye Venus is impedite or infortunate of Saturne. Are like to haue paines or greefes in their stones, especiallye, if she be in the Ascendent. And likewise, if Venus be with Mars in the eight house: or if the Moone Venus and Mars be coniunct, or in the euil aspect of Saturne. Iatromath. Guat. Riff.

35

Whosoeuer is lame, and can neither goe nor stirre their ioynts: Let them take of good Aqua Composita, and oyle of Roses, of either a like much, mixe them both together, and annoynte the greeued place therewith Morning and euening, vntill it be well. Which will be within a while after, but rubbe the place with warmed Cloathes well before. A thing often proued.

36

Whosoeuer hath Mars in the Horoscope, or the Ascendent at the time of his birth: certainely he will haue a speciall scarre or marke in his face. Pto. Which I haue tryed in many, and yet neuer haue found it false.

37

The circles of Carte wheeles, empty Carts, and the combe on a Cocks heade: do marueilouslye feare a Lyon, (being a most hardye, or fierce beast:) but of all things he feares fieres, Torches

light, or fire brands. Plinius, Aelianus & alii.

38

That Pigions bee not hunted or killed of Cats at the windows: at euery passage, and at euery Pigions hole, hang or put little braunches of Rewe: for Rewe hath a marueilous strength against wilde beasts. As Didimus doth say.

39

If the taile of a Wolfe be hanged in a house, no Wolfe will enter therin, neither any flyes will flye into the same. Rasis.

40

If a mad man vse to laugh, it is a laudable signe, but if hee be very sad it is perillous. Aphor. Hippocratis.

41

This medicine following will procure a good stomacke to meate. Take three drammes of good Sinamon, one dramme of Mastick, one dram of the paringes of Pomegranets, and halfe a dram of Galingale, and stampe all these together, and temper it with clarified Honnye: and then vse to eate as much thereof as a Nut euery day during ten dayes, fasting: and it wil procure a good stomacke, and also preserue and keepe the same from any euill humors to breede therein. This is an excellent medicine and often proued, and easie to be made.

42

If you marke where your right foote doth stand at the first time that you do heare the Cuckoe: and then graue or take vp the earth vnder the same, wheresoeuer the same is sprinckled about, there will no Fleas breede. Plinie by Mizaldus reporte. And I knowe it hath bēn proued true.

43

To make the counterfet Mandrag, which hath been solde by deceiuers, for much money. Doo thus as followeth. Take the great double roote of Bryonye, newlye taken out of the ground, and with a fine sharpe knife, frame the shape of a Man or Woman of the same, with his stones and Cods, and other members therto. And when it is clean doone, prick all these places with a sharpe steele, as the head, the eye browes, the chin, and the pryuities, and put into the saide holes the seedes of Myllet, or any other that brings forth other small roots, that do resemble haires

which

(which Leekeſéedes will do very well) or elſe Barlye, after this put it in the ground, and let it be couered with earth vntill it haue gotten vppon it a certayne little ſkin: and then thou ſhalt ſée a monſtrous Idoll, and hairie, which will become the partes well: if it be workmanly or cunningly made, or figured. Mizaldus. Another trim way for the like, is in the naturall and artificiall concluſions, Engliſhed by Thomas Hill.

44

Whoſoeuer annointes his feete or hands, with the greaſe of a Woolfe: hee ſhall not be hurt with any colde of his handes or feete ſo annoynted. Mizaldus.

45

Fiue leaued graſſe, through Iupiters force, doth reſiſt venim or poyſon. Whereof, if one leafe twiſe euery daye, morning and euening be drunken with wine. It is ſaid to put away the Quotidian ague. Three leaues the Tercian ague. And foure leaues the Quarten ague. Marcilius Ficinus.

46

If in the beginning of the ſickneſſe, or at the tyme of aſking of the queſtion for the ſicke: the Lord of the Aſcendent, and the Moone, be in the fourth or eight houſe, Combuſt or Cadent, or coniunct with the Lorde of the eight houſe: they haue a certain teſtimony of death. And if one of them onelye, that is the Lorde of the Aſcendent or the Moone be ſo, it is a teſtimony of death: as is before ſaid. Iohan. Caniuet.

47

Varuin ſtampte & ſtreyned with Wine, water or Vineger, and then giuen to a woman that trauells, or is in her labour, and cannot be deliuered: it cauſeth ſpeedye deliueraunce. Trotula de paſſionibus mulierum. And Gilbertus affirmes the like, if it be drunke with water.

48

A Strange medicine and a rare ſecret, for conſuming the webbe in the eye: oftentimes proued. Take nine little wormes with manye fæte, of ſome called ſwine lyſe (if they bee touched they become round as a button, they are to bee found betweene the barke and the wood of old Timber or Trées,) ſtampe them with a little iuice of Woodbinde, or Betonye, then ſtreine the

same well, and let the party that hath the web in his eye, drinke it in a morning something warmed. Do this three mornings together, and it will cure it perfectly, (God willing.) This was told me for a very truth, by one that had proued it diuers times.

49.

This that followeth is a speciall medicine for them that swounds, or are faint at the hart. Take Rosemary, Sage, betony, & Margerum, of each one handful, and seeth them in a gallon or more of faire water till halfe the quarter be consumed: then take away the hearbes, and put to the said water a good pinte of Honey, and then skum it well, and then put thereto an ounce of Stycados, tyed in a faire linnen cloth, and let it seeth a little while, and then take it out of the said water, and then put thereto an ounce of Sinamõ, three quarters of an ounce of Nutmegs, and as much of Ginger in powder: And vse to drinke a good draught thereof twise euery day something warme, first and last for the space of fiue or seauen dayes: And then it helps perfectly.

50.

That childe will bee deafe, that is borne when Mercury is Lord of the first house, and infortunate by euill aspects with Saturne, cheefely: if he be in the first house. Likewise they wil haue great impediment in their hearing: in whose natiuitie Iupiter and Saturne bee both impedite or infortunate aboue the earth. That is, if they be Retrograde, or Combust in euill places. Iatromath.

5

They that haue any paines, or swelling in the throate, let them take a Iewes eare, (which is to be had at the Apothicaries) and lay it to steepe in Ale, a whole night, and let the party drinke a good draught thereof euery day, once or twise, vntill they perceiue themselues amended. A proued thing.

52

A strange matter, and a thing followeth worthy of memory. Whosoeuer hath the Kings Euill, and lookes vppon a certaine Birde, called Galgulus, of a meruailous sharpe and quick sight, by and by the same byrde doth draw to her the yellowe vapours of choler, and heales the party perfectly through a certaine great benefite of nature. But where as through a secrete gifte of

nature

nature she doth perceiue or smel ỹ diseased party to come toward her, she will close her eyes, and hide her head vnder her wings, not that she doth enuie the parties health, or loath to help him of his disease: But because she doth greatly feare the sharpnes of the humor, which the neerer the partye infected comes to her, the more it will paine her, and be the more eased. Therefore they were wont to sell this Birde to such as had that disease, in some close thing, or couered: least the partye should bee healed for nothing. The Authors heerof are Hilodorus, Plutarchas, Aelianus, Suidas, and Plinie, with other. And Kirannides, and after him Albertus reportes: that if this Birde refuse to looke vpon the diseased partie, it is a token that he shall dye therof. But if he look euen vpon him, she drawes the disease to her self, and then by and by or some after, she flying against the Sunne, doth vomit it out of her. And thus she doth cure the sick party, and deliuer her selfe from the same, through a certaine marueilous benefite of Nature. But learned men do much discent in taking of this Birde. Plinie contends that it is Icterus, some do think that it is Chloreus, or Chlorio, which the French men calles Lorion & Loriot, the best part of the Phisitions defends that it is Charadrius: some affirmes that is Oriolus: others say that it is Galbulus or Galbula or Chloris which Gesner likes not. And Mizaldus leaues it to the iudgment of the Doctors or learned, vntill experience shall trye the trueth therof. Mizaldus in suis Mirabilius seu arcanis.

53

Orpheus and Archelaus affirmes, by the report of Plinie, that if the lippes of them be smeared with mans blood, that are fallen of the falling sicknes, by and by they will be deliuered from the traunce or fitte, or if their great iawes be then next pulled or pincht.

54

The middle rinde of a Cherry tree, stamped and streyned, and the said iuice put into a little white Wine warmed, and then giuen to drink to them that haue the stone, or cannot make water, it auoides the grauell or stone, and makes them to make water presently. Vse it three or foure times.

55

One may make beyonde sea Azure as followeth, and counterfeite it very well, Take common Azure, and beat or stampe

it well with vineger, and annoint therewith a thin plate of pure siluer, and put the same ouer a vessell ful of vrine, which set ouer hote ashes and coales, and let it be moued and stirred, vntil it be like beyond sea Azure. This is the best way. Mizaldus affirmes that he had this out of an olde written Booke.

56

If you do put Quicksiluer into a pot amongst seething or hote Pease, the pease will leape out of the pot: except the brimme or mouth of the pot be too high, or the fire too small. Mizaldus sayth that this is proued.

57

If in the degree of the Ascendent, or nie vnto it, within two degrees, there is an euil Planet. It is an argument of the death of the party that did fall sick at that time, or for whom the question is then asked, for the state of his sickneese. And if it be in a moueable signe, it betokens that the sick shall die within so many dayes, as the said euill planet is degrees, from the degres of the Ascendant, if in a fixed signe, then it signifies a long time: (that is, as I haue tryed, euery degree a month,) if in a common signe, it signifies a meane time between both, (that is as I haue found, euery degree a weeke.) Iohannes Ganiuetus. But you must beware, if the said Planet be direct, that he doth applie to the degree ascending.

58

If any doubt, or feare any thing whatsoeuer it be, and asketh thee hauing knowledge in Astrologie thereof marke and consider the Lorde or Alinuten of the Ascendent, whome if thou dooest finde pure and safe from infortunes, and he beholding the Ascendent, the feare is needlesse. For no harme shall happen according to the feare. Haly Abenragel.

59

Saucry beaten and sodden in Vineger, and layde in manner of a plaister to the hinder parte of the heade: doth merrely awaken those that are heauy a sleepe.

60

Here followeth the making of a pleasant Oyle of Cloues. Take of Cloues one pounde, which beate to powder in a bra-

sen

ſen mo2ter, then adde therto th2ée pound of Almonds ſcraped and beaten in a mo2ter: and when they bee well mixed together, ſp2inckle thereon foure ounces of the beſt white Wine: letting it ſo lie in a maſſe, fo2 the ſpace of eyght dayes at the leaſt: after that ſtampe the whole ouer againe, and then put it into a newe Earthen pan, which heate ouer the fire ſo long, that you cannot ſuffer your hand in it: then put it vp into ſquare bagges, and w2ing the ſame hard in a P2eſſe, vntill all the whole ſubſtance of the Dyle be come.

61

Take a Frogge, and cut her th2ough the middes of the back with a knife, and take out the Liuer, and folde it in a Cole-wo2t leafe, and burne it in a newe earthen pot well cloſed, and gyue the aſhes therof vnto him o2 her, that hath the falling ſickneſſe to d2inke with Wine, and it will helpe him. And if the partie be not healed at once: then doe ſo by another Frogge, and ſo doe ſtill, and without doubt it will helpe him, if hee vſe it. This was told me fo2 a ſure experiment. And it is alſo affirmed by Petrus Hiſpanus.

62

A woonderfull thing, paſſing all credite, chaunced in the Bi-ſhopp2icke, o2 Dyoces of they of Eiſtettence, in Germanye: but that it was ſeene of diuerſe credible witneſſes. A certayne Huſbandman there called Vlricke Neuceſſer beeing to2mented with cruell paines in one of his ſides, ſodainely tooke holde of a nayle that was vnder the ſkinne vnhurt: which cut by a Sur-gion, he tooke out the nayle: yet fo2 all that the paines dyd not ceaſe. Wherefo2e the miſerable man ſuſpecting that there was no remedye to be had fo2 his paine, but by death, he tooke a knife and cut his th2oate. And the third day after, hee being carried to burying, there was th2ee p2eſent, one Eucharius, Roſenbader, of Weſſemburge. and Iohn of Ettenſtet. Surgeons, in the p2e-ſence of many, which did cut o2 open the bellye and mawe of the ſaide dead Huſbandman. Wherin was found being maruellous and p2odigious, a long and round peece of wood, fower knues of Steele, partly ſharpe, and partly nickt like a Sawe, and two ſharpe inſtruments of iron, that was longer then a ſpan: and they had therein alſo, haire rowled together as it were a round

Bowle

Bowle or Ball. This was laid or put into his Mawe, by none other arte, but onely by the craft and subtiltie of the deuill. This hath Iohannes Langius written in the first part of his medicinall Epistles. Epistol. 38. de prodigijs & prestigijs demonum in morbis. Mizaldus reports it also.

63

In many Ponds, all the water and mudde taken out, by and by Eeles doe breed, if raine water come into them, for that with the dewe, they dw liue and are nourished. Arist. Plutarch. And other.

64

If the right knee of a Bull be tyed with a broade bande, it will make him tame. Aelianus.

65

Let the party that bleedes, chaw the roote of a Nettle in his mouth, but swallow it not downe: and without doubt the blood will stench: for if one keepe it in his mouth, hee can loose no blood. Petrus Hispanus.

66

If a mad man find ease in sleeping, it is good: but if his rage encrease, it is to be feared. Hippocrates in suis Aphor.

67

If the Lord of the Ascendent or the Mœne, or the Lord of the first house be Combust, or Retrograde, and the Lord of the Ascendent be in the eight house coniunct to Mars or Saturne: the sicke must die of that disease. Iohannes Ganiuetus. (But God can restore health past all hope.)

68

This medicine following, doth marueilously breake wind in the belly. Take Commin seede, Fennell seede, and Annis séede, of each a like much: beate them to powder, then seethe the same in Wine, and drink a good draught thereof first and last, fower or fiue dayes together, and you shall finde a great helpe therby: for it hath beene often proued to their great ease and comfort that takes the same.

69

Take a spoonefull of Aqua vitæ, and two spoonefuls of the water of Arsemart, and anoint any ache therewith twice euerie day, morning & euening: for the space of fiue or sixe dayes at the most,

moſt, and it wil heale it for euer. I had this out of an old written Booke.

70

He will be weake in the acte of generation, in whoſe Nativitie Venus is ioyned with Saturne, eſpecially in the tenth or eight houſe: or that the Moone is ioyned with Saturne, is an euil aſpect of Venus: or if Saturne be in the firſt or twelfth houſe, in a moyſt ſigne infortunating Venus. Iatromath.

71

This following is an excellent medicine for the ſtone. Seethe an handefull of Hollye berries in a pinte of good Ale, till halfe the Ale be conſumed: then ſtreine it, putting then a little butter to it, and let the partie drinke thereof fiue or ſixe ſpoonefull: and within halfe an howre after, the partye will make water (if euer any medicine will cauſe it.) This was told me for a very true ſecret.

72

The learned and wiſe among the Perſians affirme that if ſage be putrified or laid to rotte in Horſedung, whiles the Sunne and Moone doo both occupye the ſecond face of Leo: thereon will breede a Bird like an owſell, or Blacke Birde: the aſhes whereof beeing burned, and ſtrewed or caſt into a burning Lampe, will make the houſe ſeeme to be full of Serpentes. Hermes.

73

If the eares of Cats be ſtowd or cut of, it wil make them kéep home the better. For that, then the water (which they cannot abide) will drop into their eares being open. And if they be gelded eſpecially the male Cat, they will not onely bee more tamer and fatter: but alſo therby they will range abroad the leſſe. Mizaldus.

74

It is ſaide that Cockles and Oyſters in great Thunders, do vomite and caſt out then pearles. Wherupon many are found in the Sands. Mizaldus.

When any drawes nye towarde their death, and not their members lacke bloud and vitall heate: then Fleas and Lice leaues them quite, or els drawes to that part of the body where the ſaid heate tarries the longeſt: which is in the hole in ỹ necke vnder the chin. &c. This is a token that death is at hand. Lemnius.

76

The leaues of Malwort sod with Wine dooth maruelously mittigate the paines of them ỳ are tormented with the gowt if they be applyed to the place where the greef or paine is. There be that preferres and extolles with maruelous praises the iuice expressed out of the leaues and rootes thereof, sodden with Wine and May butter: and in the steede of a Liniment: annoynted still on the greeued member. That is, three or foure times euery day. Mizaldus learned this of one that proued it.

77

A Rush dryed and put into Wine, if there be any water therin drawes it to it. The Wine left alone, or together:) Which is good and profitable for trying of Wine. Mizaldus.

78

A notable medicine to heale lame members, dooth followe. Take of oyle Oliffe, Aqua vitæ, Oyle of Exetor, and of a Beastes gall, of each a like much, mixt altogether and annoynt the lame members therewith twise euery day, morning and euening, the space of a fortnight, beeing well rubbed before: and it will helpe the same of a certainty. An old woman in Worcestershire, did helpe many therewith.

79

If out of one pound of excellent Wine, with as much Salt as you can holde in your hande, and the Leese of pure wine you doe distill a water, you shall finde that it wilbe the hottest water of all other. Mizaldus had this of a certaine Alchemist.

80

It is saide that Harts in Creete, beeing stroken with darts enuemomed: doo eate of a certaine hearbe called Dittanye: and thereby the pricke or any other thing that stickes in them is driuen forth. Mizaldus.

81

There was a certaine woman great with Childe in Pago, not farre from Andernacus, a Towne of the Bishop of Cullen: desiring or longing to eate or to feede on her husbands flesh: and although she loued him intirely shee killed him in the night, and being satisfied with the half of his flesh, she powdred the rest with Salte: but after when her great longing did cease, and that shee

did

did repent the deede, she did confesse it to her freendes that sought for her husband. Iohannes Langius, in his medicinall Epistles. Therefore it is good for the husbands to take heede, whiles theyr wiues haue such inordinate longing vpon them.

82

Many haue beene helped that haue had fowle and leprous faces, onely with the washing the same with distilled water of Strawberries: the Strawberries first put into a close glasse, and so putrified in Horse dung. Conradus Gesnerus.

83

If in the time of the birth of anye, Mercurie bee Occidentall from the Sunne, not vnder his light, or his beames: (except in Aries or Leo) nor Retrograde: beeing then in any of the fower Angels, strong, and well affected: dooth shew that the childe then born, shal be hye minded, strong, and famed for his strength, and liberallity, and shewes also that he shall be an Astronomer. For Mercurie Occidentall in Leo is woonte to make Astronomers. And Mercurie Orientall of the Sunne, and strong dooth shew great knowledge, wisedome of handy workes, cheefely if her be with the Mone, or in the house of the Moone that is Cancer, and if it be in a mooueable signe: it signifies inconstantnesse both of deede and minde. But in a fixed signe constancy. Taysmer

84

Primrose leaues stampt, and laid in the place that bleedeth, stencheth the blood. This hath been proued.

85

Take Blacke Sope, and almost as much Ginger in powder, and mixe them well together, then annoynte therewith any Tetters or Ring worme euery day, for the space of foure, or fiue daies together, and it will heale it certainly Proued.

86

Take Aloes Epatcum fower drammes, Bryonye, Mastick, Myrrhe, Asarrabatcha, Scamonye, of each a dramme: mix the same made in powder, with the iuice of Fennell; and a little clarified Honny to preserue them: take a dramme thereof, which is the weight of three score and twelue Barly cornes at the most early in the morning, and neither eate nor drinke of three or fower howers after: If they bee giuen nine dayes together, they

helpe marueilouslye: and they are very excellent for all maner of head ache, approued (though neuer so long rooted.) They purge all humors, they bring gladnes, they are good for the eye sight, they preserue the minde, letting or hindring the hoarinesse of haires: they helpe the swimming of the head, and the Megrin, and heales the sounding of the eares. But to the weaker persons giue the lesser quantitye. Make it in fiue or sixe little round pils or balles, and swallowe them one after an other at one time. They are proued to be bee verye good. I found this in a very olde written Booke.

87

If Mercurie bee impedite of Saturne in a Childes Natiuitye, it doth hinder the tung. But it is worse whē they be corporally coniunct together, especiallye, in the Ascendent, or in the seuenth house, and in the same signe with the Sunne, (Mercurie being then Occidentall:) or if Mercurie be aboue the earth corporallye coniunct with Saturne, or els in an euill aspecte of Saturne, and in a dumbe signe called signum mutum, and also is infortunate: that is to say in an euill place, Retrograge or combust, any peregrene: That party then born, will haue great impediment in his tung, or els will bee dumbe, and cannot speake. Iatromath. Guat, Ryff.

88

Iohannes Langius an excellent Phisition saith that he heard it reported of certaine Horsemen of the Countye Palentine, that they did see in Austria, a man, which with barking, and with swift running: contended and strued with Dogs, and was hunted of them vnhurt in the Woods.

89

The eyes of young Swallowes beeing in the nest, prickt with an needle or a pin, and so made blinde, within fower or fiue dates after they will see againe. Which is very true, for I haue prooued it. But how they recouer their sight I knowe not. But diuers write, if their eyes be hurt, the old Swallowes restores their sight againe with the iuice of Celendine.

90

White Poppie and Henbane seede, a little stamped, and tempered with the white of an Egge, and laide to the forehead: prouoketh

prouoketh sleepe. This hath beene often proued.

91

This following will heale lame members. Seeth Rewe, and Rosemary, of each two handfulles, with common Oyle, and Malmesey, of either one quart together, for the space of halfe an howre: then let the lame members be washt and bathed therewith, (but before the said member or greeued place must be well chafed with a hote cloth,) then when it is well bathed (which will be within halfe an howre, (wrap and keepe the member or place so bathed with a Lambe skinne, (the wooll-side inwarde,) and doe thus euery night before or at going to bed, three weekes at the least, and he will be whole and sound thereof. Doctor Owen helpt one therewith, and with none other thing, that coulde neither stand nor goe, but was very lame. They that sawe the proofe thereof told it me, which were persons of good credite.

92

It was a hainous offence with the Egiptians, either willingly or by chaunce to kill a Catte. And Diodorus tels a pretty storie thereof, least it might be thought to be a fable. In the time of Ptolomie, a league or amitie beeing begun betweene him and the Romaines: A certaine Romaine then against his will, had killed a Cat: whereupon the Egiptians gathered together, and did beset the house where hee was, requiring to haue him to bee executed for his great offence, (no whit regarding the power of the Romaines, nor yet their league or friendship with them:) When had not the King and Rulers beene, they woulde haue drawne him out of the house and killed him. Diodorus.

93

To keepe harneste or any thing made of yron or steele from rusting. Let the same be rubd ouer with Vinegar mixt with Ceruse, or the marrow of a Hart, (which is farre better then Oyle) and it will keepe them faire and bright.

94

If the Lord of the second house, bee in the first house, and fortunate, the Child then borne shall possesse riches without labor. And by the nature of the Planet thou maist knowe, whereby the riches will come. And if it be the Sunne, it will come to him by

power, that is, the riches will happen by help or fauour of great power: if Mars, then by warres or by theft, if Saturne: of the enheritaunce of the dead, if Iupiter: of faith (religion) or of Matters of faith, or of the Lawe and such like appertayning vnto Iupiter, if Venus: by women, if Mercurie: by learning, wisedome or marchandize, if the Mone: by the workes of handes or by iourneyes, but if the Lorde of the seconde house (so placed) be not fortunate, and an euill Planet beholding him, he shall loose all his goods. Taisnier.

95

A notable Dyle or medicine for the Gowte and ioynt aches, very true and often proued. Take the iuice of sage of Aquavitæ, of oyle Debay, of Vineger, Mustard and of a Beastes gall, of each a like much: put them all together into a great Bladder, and chafe it well vp and downe with your hands for the space of an hower and a halfe and keepe it then to your vse, and annoynt the greued place therwith euery morning and eueneing: and you shall finde your selfe healed within a shorte time. This is a sure and often proued thing.

96

This precious medicine following, dooth preserue and keep them that takes it, safe from poyson or plague. Take of Iuniper berries two drams, of earthe of Lemnie, called the Phisitions, Terre Lemnie as much, and one scruple more, which is the weight of xviij. barly Cornes. When you haue made them in fine powder, mixe them with Honny, and keep it to your vse in a cleane vessell: giue as much thereof at one time as a Hasell nut, in three ounces of Aqua Mulsa, which is made with water and Honny, that is of one pound of Honny, and eight pound of water sodden and skimmed ouer an easie fier: vntill the fowrth part bee consumed. This excellent Antidote did Kinge Nicomedes vse, when any did bid him to Banquet or any other cheere, that he did suspect. If there bee no poyson taken before it, it will remaine quietly in the stomacke: but if there bee anye poyson, it will procure vomite: so that thereby the poyson and medicine will both come forth. Mizaldus.

97

A notable thing to cause one to sleepe immediately. Take of the iuice of Henbane, of Lettice of Plantine, of Poppie of the

the leaues of Mandrag, of Iuie leaues, of Mulbery leaues, and of Hemlocke, of eache one dram, of Opium, and of Iuie berries, of either as much: stampe the Iuie berries and the Opium togeather, and mixe the iuyces and them well togeather: then dip a Spunge into the same, and let it drinke it all vp, and then laye the same Spunge in the Sun to drye: after lay the said Spunge to the parties Nose whome you would haue to sleepe, and he will sleepe quickly. And when you will awake him, dippe another Spunge in Vineger, and holde it to his nose and he will awake within a while after. This is an excellent thing and true.

98

Beware that nothing binde thy body hard, when thou bleds, and then holde thy hand full of Shepheards Purse, and stedfastly loke vp to the Sunne, and the bleeding will cease. This is proued.

99

To make a powder that will drawe out a toothe without any instrument. Take Spurge, Pelliter of Spaine, Smalledge, the dung of a Rauen, or of a Crowe, Galbanum, the brayne of Partredges, and also a Frogge, of each a like much: burne all these togeather in a newe Earthen pot, all to powder and with a little of the same powder touch the toothe that you would haue fal out: and doubtles within a quarter of an howre it wil fal out. But you must take heede that you touch none other tooth therewith. This I had out of an old written booke.

100

Seethe Mallowes and red Netters togeather in faire water, and let the partye that is costiffe, or cannot goe to the stoole, sit close ouer the same, and receiue the fume thereof vp into his fundament: and it will helpe him certainly, and speedily, (God willing.) A thing often proued.

Here endeth the third Booke.

The

The fourth Booke of Notable thinges.

1

MAke Dwale as followeth, which makes one to sleepe while he be cut or burned by Cawterising, as followeth. Take the gall of a barrowe swine, or the gall of a Boze, the iuice of Hemlocks three sponeful, and of the iuice of wilde Nep three spoonfull, of iuice of Lettice, of the iuice of Poppie, of the iuice of Henbane, and Asell, of each three spoonfull: mire them together, and boile them well, and do them in a Glasen vessell well stopped, and put three spoonefuls thereof in a quart of good wine or Ale, and mixe them well together: and let him that shall be cutte or Cawterized sit against a good fire, and giue him drinke thereof till he fall a sleepe. This I had also out of an old written booke. Use it warilie, and proue it aduisedly: if you begin with a little quantitie, you may encrease it when you will: but if you giue too much at once, you cannot diminish it when you list.

2

They will be hindered in their smell, or will haue diseases or greefes in their Noses. In whose Natiuitie Mars and Venus are impedite aboue the earth. Iatromath.

3

Dry the rootes of red Nettles, and make them in powder, and drinke a spoonefull of the powder thereof in a draught of white wine something warme, & it will breake the stone, though it be neuer so great, and that with speede. Use it euery day vntill the stone and grauell be all broken and consumed. A thing of small price, and great vertue.

4

A combe made of the right horne of a Ram, doth take away the head-ache, being on the right side of the heade: if the pained head be combed therewith. If the paine be on the left side of the head, then a Combe made of the left horne of a Ram, dooth take it away: if the pained head be combed therewith. This I had out

out of an olde Booke.

5

Thebet the Philosopher doth teach, that to get the vertue of any Starre, you must take a Ring when the Moone dooth behold happily by a Tryne or Sextile aspect the same starre placed in the mindes of the Heauens, or in the Ascendant: but the matter or substance of the ring must be made of that mettal that belongs to that Starre: and likewise an hearbe ascribed to the said starre, must be included or put vnder the Ring.

6

Dippe a silken thred in the blood of a Mouse, and then let the Patient swallow it that hath the Squynancie, or swelling, or paines in the throate, and it will helpe him.

7

This following is a notable medicine for the Gowte. Take the roote of wilde Nype, and the roote of the wilde Docke, first sodden by themselues, then pare of the skinnes, and cut them into peeces, and stampe them both together, as small as can be: then put thereto a quantitie of Soote of a Chimney, and temper them with the Milke of a Cow that hath the haire of one cullour, then take vrine of a man that is fasting, & make a plaister thereof, and boyle altogether, and as hote as the party can suffer it, lay it to the place pained or grieued, and a day or a night without remouing and then lay another plaister of the same to it, and let it lie thereto as long as the other. And do thus nine times, and it will helpe him on warranties (God willing.) Proued.

8

If yron that is made cleane or polished, be tinged or rubbed ouer with Aqua fortis, wherein the filings or scrapings of brasse is dissolued: that yron will haue the cullour of Brasse. Bap. Porta.

9

A horse that casts or holdes his eares backwarde: for the most part is deaffe. And that horse that doth not ney in the company of a great number of other Horses is dumb. Simoneta Cardinalis.

10

The best thing of all other to keepe harnesse, or any other thing made of yron or steele from rustines, is this. Stampe the filing or dust of Lead, finely in a Leaden or yron morter, putting

thereto a little Oyle of Spike (which besides makes it smell trimly) and therewith rubbe ouer the Harnes or any other thing as is before said made of iron or steele. By this meanes you may carry your Harnes or other things so rubbed therwith, in watery places, and in moyste ayres safe from rusting. Mizaldus had this of a cunning Armouror.

11

If one come to giue thee counsaile, and thou would knowe whether hee meane well, or bee a deceiuer: Marke the tenth house, and if a good & fortunate Planet be found there, his counsaile is good, and true. But if there be an euill or vnfortunate planet there, he is a deceiuer and a lyar. Which (saith Haly, as one that haue proued it) doo confirme, and do say: if one come to counsaile thee, and the Ascendent be of common signes, or ỹ Lord of the Ascendent, and the Moone be in common signes: doo saye that he is then a deceiuer, and will deceiue thee, Therfore harken not to him. Haly Abenragel.

12

One knot of the root of a Mullen, giuen to drinke, doth binde the loosenes of the belly. Proued.

13

He that wareth deafe through an Ague and bleedeth at the nose, shall recouer his hearing. Hippocrates in Alphor.

14

This medicine following, is prooued by experience, and as a certaine diuine thing, doth cure euery pluresie, and doth releeue the sicke from death: which ought not to be applyed vnto the sicke partye, vntill the fourth day be past. Take of Dealtha two ounces, (which is to be had at the Apothecaries:) the oyle of sweete Almonds halfe an ounce, mixe them together: with which ointment (beeing warme) let the greeued place bee annoynted: then sprinckle vpon the annoynted place halfe an ounce of powder of Cummin finely cearsed, (which doone) take a Colewoort leafe made hotte vpon burning ashes, and annoint it with olde butter (not salted) and lay it hot vpon the annoynted and powdred place (tying it on with cloathes that it remoue not,) and a maruellous affect wil appeare vnto you in the ceasing of the paine of the pluriſie: and in resoluing of the matter of the impostume. This remedie

medy will bring honor vnto thee, and great profite vnto the sicke person. And knowe that this remedy is good in any other great paine, in all the body, from the heade vnder. Emperica bonedicti victorij. And also I haue seene this prooued, which helped one of the pluresie without letting of blood.

15

If a woman with Childe haue her Smocke that she weares, slitte at the neather ende or Skirte thereof, or not sewed there round about, but that one side or seame thereof, be a little left vnclosed, or vnsowed togeather: the same childe that shee then goeth withal, shalbe safe from hauing a clouen or Hare lip, yea, though she chaunce to meet suddenly a Hare, or though a Hare doth leap ouer her, or suddenly touche her. Which happens to many Children by such meanes, as is mentioned in an other parte of this Book. This was very credibly told me for a trueth. Therefore I haue placed it heere, as worthy the name of a notable thing.

16

Whosoeuer shall vse dayly to take in a drought of small Ale, a spoonefull of the powder of Matfellon or Scabias: the same will destroy any impostume with them. It hath beene often proued. And Antonius Musa doth praise it for the like effect.

17

If the Lord of the first house be in the Ascendent, or tenth house it shewes that the disease is open and manifest, if in the seauenth or fourth house, then the disease is priuye or hid: if in the ninth or eleuenth house, then it is openly and manifestly knowne: in the other places, the disease is priuye hid or vnknowne. Iatromath.

18

Cleopatra, the last Queene of Egipt, and wife to Marcus Antonius Consull of Rome, (a proude Princesse, and too dainty a dame) did drinke one so voluptious a drought, as neuer any did before, nor I thinke will heereafter: for she dissolued in Tarte and strong Vineger, the greatest and beautifullest pearle that euer was seene in the East parte of the world: and drunk the same at one drought, to satisfie her proud presumptuous pleasure withall. Which pearle was worth two hundreth and fiftie thousand crownes. Plinius Macrob. And other.

19

Out of the Figge tree, there comes such a sharpe vapor, that if a Hen be hanged thereon, it will so prepare her, that shee will be sone and easily rosted. Plut. And the like wil be if the fethers be pluckt off from Fowles and Birds, and the skins pulled off from Beastes, and then layd or couered a day or two in a heape of Wheate. It is confirmed by experience, saith Mizaldus.

20

The professor of naturall Magicke, affirmes, that Varuine beeing taken vp or gathered, when the Sunne is in Aries, the Ram: and stampt with the seedes of Pyonie, and strained with white Wine and drunke: doth meruailously heale them ỹ haue the falling sickncs. Oftentimes proued saith Mizaldus. Which he had out of a verie olde Booke of the seauen bearbes of the Planets, written to Hermes.

21

When any of the three higher Planets, and the Sunne is in any of the Angles, the child then borne (being a boy) shall bee cheefe of his brethren. Or if there be any borne before him, they will die, and he shall holde the cheefe rule in his Fathers house. Tayſnier.

22

Salt dissolued in water or Wine, presently with his strength doth put away the paines, and the heate of any burning, whether it be with gunpowder, or with oyle, pitch, scalding water, burning coles, burning yron, or any other meanes whatsoeuer, especially if it be bathed with linnen clothes, wet or dipt in the same, and a linnen cloth therein wet, and layd or applied to the place burned. Lemnius.

23

Take Salarmoniack, Roch Allom, Allom plume, Sal gem, Maytar, and Romaine Vitriol, of each equall parts, all which seuerally made in fine powder, mixt together, and dissolue it in faire cleere water, then put siluer or siluer plate therein, and let it lie, and sette it ouer the fire that it may be very hote: and you shall see that your siluer or plate will be meruailous white and faire. Mizaldus.

24

The roote of Zedoarie (but be sure it be perfect & good) mixt with

with Raysons, and a little Liquoris, champed with the teeth and swallowed, preserues them that doe so, vnhurt or without the danger of the plague, if they goe to any that are infected with the plague, or that are constrained to speak with them that hath the plague. Mizaldus.

25

The roote of Pyonie, (which is the hearbe of the Sunne) being pulled out of the earth on a Sonday, in the howre of the Sunne, the Sunne then being in Leo called the Lyon, and the Moone encreasing in light, (which is frō her change to the full) deliuereth them of the Falling sickenesse, that beares it vppon them. Marcelius Ficinus.

26

If at the first time of the falling sicke of one, or at the time of the question for the sick, the Moone be in the fourth house, with Mars, and good Planets be Cadent: It is signe of death. Iohannes Ganiuetus.

27.

Let the woman that trauels of her childe, (or is in her labor) be girded with the skinne that a Serpent or Snake castes off, and then shee will quickly be deliuered. Tortula.

28

A meruailous rare secrete, to draw out the oyle of Sinamon after an easie maner: which oyle preserueth the stomacke from corruption, by taking it by the mouth, and applying of it to the stomack. Take of Sinamon one pound, which stampe & beate finely: then mire and impast it with the oyle of sweet Almonds, vnto the forme of an oyntment: then heate the same in an earthen pan somwhat, which after let stand (close couered) for fourteene daies, or twelue at the least: at the ende of which time, heate the whole againe sufficiently, (that is, vntil it be very hote) then put it into a bag, and wring out the oyle in a Presse, vntill the whole Synamon remaine through drye therein: then that which is come forth, will be of the cullour, sauour and tast of the Sinamon. A secret, known to fewe to be wrought in this order.

29

The powder of Pellyter of Spayne, mixt with the milke of Wartwoort or Spurge, and Galbanum, and a little thereof applyed to any rotten or aking tooth: will breake it, or plucke it

out: and the paine thereof will cease. This I had out of an olde written booke.

30

If you would knowe whether one shall escape or not, that is infected with the Plague, (having the plague sore) giue the party some excellent Treakle with white Wine, (so that hee be not troubled with an Ague, for then giue the Treakle with Scabius or Planten water,) and also annoynt the Plague sore with the like Treacle: and if the same bee dryed or burned, and remaine fired, (the party thereby not releeued or eased) it is a verry euill signe: but contrary, if the party be eased, it is a great signe that the party shall escape. Arnoldus.

31

In the common place where the Censors of Venice sits, there neuer enters anye Flyes. Gandeut. Merula. And in the flesh Shambles of Toledo, a Cittie in Spayne, is not seene but one Flye in all the whole yeere. As Leo Papist. saith. And in Westminster Hall, in the Timberwoorke, there is not to be found one Spyder, nor a Spyders webbe. Because (as it is thoughte) the Timber wherewith the roofe is builded, was brought out of Ireland, and did grow there. In all which Countrey of Ireland, I haue not onely heard it credibly tolde, that there is neither Spyder, Tode, nor any other venemous thing: but also that some of the earth of that Country hath beene brought hether, whereon a Tode being layd she hath dyed presentlye. Though this be marueilous and strange, yet it is true.

32

It is proued saith (Taysnier) if Iupiter be in the fifth or in the twelth house, whether hee bee Orientall or Occidentall, of the Sunne, or whether hee bee in a Masculine signe or Feminine, the first childe of him or her then borne, will be a boy.

33

The iuyce of ground Iuie, snuft vp into the nose out of a spoon or a sawcer: purgeth the head marueilously, and takes away the greatest and eldest, payne thereof that is. This medicine is worth golde, though it be very cheap. I haue knowne them that haue had marueilous paine in their heade, almost intollerable, for the space of a dosen yeeres: and this hath helpt them presently, and neuer had the paine since they tooke this medicine.

This

34

This medicine following will kill woormes in the bellye. Take the gall of an Ore or of a Cowe, & so much of the flower of Lupynes (which are to be had at the Apothecaries) as will thicken the same, mixe them well togeather, and laye it on wool, and so plaister it to his belly where the greefe is, and about the nauel and after twelue howers lay theron another plaister. Doe thus fower or fiue dayes and it will helpe him.

35

How greatly is the sicke party to bee feared (or iudged) not to escape, if in the time of the question, or the first beginning of the sickenes, both the Luminaries are vnder the earth &c. Iatromath M. Guat. Ryff. Argent.

36

If hote burning golde be quenched in pure Wine, (the same Wine beeing drunke) it procures strength to the cheefe members, and to the vitall partes. And it makes strong the naturall faculties, and doth help the diseased parte, with strength and vitall spirite. And this liquour is though to bee verye good in the time of Plague. And if the same be mixed with a little Tarre, it doth quite put away from any place of the body, all spots though they be neuer so fowle. Yea, it helpes a leprous face, a red nose, and any other deformity of the same: if ỳ place infected be washt and rubbed often times therwith. Lemnius.

37

The water that drops out of the Vine, or the gumme that is found there, beeing drunke with white wine: dooth breake and expell the stones in the reynes maruailously. And also being rubbed vpon Ringwormes, Tetters and leprous places: it doth cure them, but they must bee rubbed before with Niter. This was tolde to Mizaldus, as a proued thing.

38

If his spettle which hath a consumption, beeing cast vpon the coales doth stinke, and the haire fall from his head: it is signe of death. Hippocrates in Aphor.

39

There is a certaine Electuary of life, of Arnoldus de villa noua, in a little booke of his, of the putting backe of olde age:

described

described of the fiue kindes of Myrabolanes, made for the conseruing or keeping of health, and prolonging of life. And it is a perfect and approued thing. For it doth not onely comfort, but also it doth purge superfluous humors remaining of nutriment past: And the vse thereof doth let or hinder gray hayres, and it makes one come to the last olde age. It strengtheneth the stomacke and the vse thereof maketh a good cullour in all the bodie. And thys is the description thereof. Take of great Raysins cleansed of their stones and stalkes, two pound, Liquorice made cleane and beaten, one ounce, let these be put into two pound & a halfe of faire water, and let them seeth wel, and let them then be strained wel. And in that that is strained, let there be put of Mirabolanes, Kebule, Citrine, and Indy, beaten in a Morter, theyr stones taken away, of each two ounces, of Embelick, and Bellericke, of either of them two drammes: Let them be sod, strained & prest, or well wrung: then put thereto white Sugar, one pound, and seeth all together to the thicknes of a Syrup, & in the ende, adde thereto of good Sinamon halfe an ounce, Cloues and Galengay, of each two drammes, two Nutmegs, Maratrum, and Annis seedes, of either one ounce: and make thereof a Lectuary, and keepe it in a pure vessell. In this Electuary, be medicines of the principall members (that is to say) of the heart, heade, stomack, Liuer, Spleene. And of the generatiue members, and it is first hote, after moist, then colde: and last dry. Iohannes Ganiuetus also describes it.

40

Certaine wormes that shines in the night called Glowormes, being wel stopped in a glasse, & couered within hote horse dunge, standing there a certen time, wil be resolued into a liquor, which being mixt with like proportion of Quicksiluer, first cleansed and purged: which will be within halfe a dozen times washing in pure Vineger, mixt with bay salte, which after euery washing and rubbing, must be cast away, and then hote water put to the Quicksiluer, and therewith washed, and then put and closed in a fayre bright and pure glasse, and so hanged vp in the midst of a house, or other place or roome: will giue such a light in the dark, as the Moone doth, when shee shines in a bright night. Iohannes Baptist.

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purged: which will be within halfe a dozen times washing in pure Vineger, mixt with bay salte, which after euery washing and rubbing, must be cast away, and then hote water put to the Quicksiluer, and therewith washed, and then put and closed in a fayre bright and pure glasse, and so hanged vp in the midst of a house, or other place or roome: will giue such a light in the dark, as the Moone doth, when thee shines in a bright night. Iohannes Baptist.

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described of the fiue kindes of Myrabolanes, made for the conseruing or keeping of health, and prolonging of life. And it is a perfect and approued thing. For it doth not onely comfort, but also it doth purge superfluous humors remaining of nutriment past: And the vse thereof doth let or hinder gray hayres, and it makes one come to the last olde age. It strengtheneth the stomacke and the vse thereof maketh a good cullour in all the bodie. And thys is the description thereof. Take of great Raysins cleansed of their stones and stalkes, two pound, Liquorice made cleane and beaten, one ounce, let these be put into two pound & a halfe of faire water, and let them seeth wel, and let them then be strained wel. And in that that is strained, let there be put of Mirabolanes, Kebule, Citrine, and Indy, beaten in a Morter, they stones taken away, of each two ounces, of Embelick, and Bellericke, of either of them two drammes: Let them be sod, strained & pressed, or well wrung: then put thereto white Sugar, one pound, and seeth all together to the thicknes of a Syrup, & in the ende, adde thereto of good Sinamon halfe an ounce, Cloues and Galengay, of each two drammes, two Nutmegs, Maratrum, and Annis seedes, of either one ounce: and make thereof a Lectuary, and keepe it in a pure vessell. In this Electuary, be medicines of the principall members (that is to say) of the heart, heade, stomack, Liuer, Spleene. And of the generatiue members, and it is first hote, after moist, then colde: and last dry. Iohannes Ganiuetus also describes it.

40

Certaine wormes that shines in the night called Glowormes, being wel stopped in a glasse, & couered within hote horse dunge, standing there a certen time, wil be resolued into a liquor, which being mixt with like proportion of Quicksiluer, first cleansed and purged: which will be within halfe a dozen times washing in pure Vineger, mixt with bay salte, which after euery washing and rubbing, must be cast away, and then hote water put to the Quicksiluer, and therewith washed, and then put and closed in a fayre bright and pure glasse, and so hanged vp in the midst of a house, or other place or roome: will giue such a light in the dark, as the Moone doth, when thee shines in a bright night. Iohannes Baptist.

A

came, that when any do praise any thing, that we should say God blesse it or kéep it. Aristot. in Probl. By the report of Mizaldus.

82

Stop both your eares with your fingers, and the hickop will goe away within a while after. Proued.

83

Many that are born at that time, when the earth doth quake, are alwaies fearefull: in the time of thunder, they are for the most part faint and fearefull: in the time of the change of the Moone, either they liue not long or else they be weake: and oftentimes as Aristotle saith, haue Melancholike diseases, or else are out of measure Melancholike: which makes them to be wayward, freating, and seldome merry. Mizaldus.

84

There is a meruelous strength in Spermaceti, for if it be pure and right: it will penetrate & goe through the bores or things wherin it is kept, with a certain moisture or sweating droppes. Mizaldus.

85

If Mercury be coniunct with Saturne, or in an euill aspecte of him, and neither Iupiter nor any other good Planet, doth behold Mercurye: it doth note, that they then borne, shall haue an impediment in their tong or shall stut: cheefely, if he be found aboue the earth. Taisnier.

86

The rootes of Eldern sod and streined, and drunke thirty daies together, thrise euery day, at morning, noone, and night: doth cure the dropsie perfectly. Proued.

87

If the pappes of a woman, which is with childe of two, do ware little, she shall lose one of them, and if it be the right pappe, it is a man childe that will be lost: and if it be the left, a woman childe. Hipocrates in Aphor.

88

Take Garlicke, and Houslicke, of each like much, and stampe them both together, and plaister the same either to a hot or colde gowte: and it will helpe or ease it marueilously. This was reported to me to be excellent therfore.

90

The Flower of Dintmentes, called Flos vnguentorum, is made as followeth. Take of Rosen, and Perrosin, of each halfe a pound, Virgin wax, and Olybanum, of either a quarter of a pound, Mastick one ounce, Hartes tallowe, or else Sheepes tallowe, a quarter of a pounde, Camphere two drams: make your gooms in fine powder, and seare them: then melte the wax and tallowe, and mixe the powders therewith well, and boile them well together, then streine it through a canuas bagge into a pottell of white Wine: then let it keele vntill it bee blood warme, then put thereto the Campher, and a quarter of a pound of Turpentine, by little and little, euermore stirring it well, till it bee through colde: Then make it vp in rowles, and keepe it to your vse, for ỳ best, salue for al things following, that euer was made, by the sufferance of God. Wherefore esteeme of this salue aboue any other, for it hath been put in experience and substantiall proued: It heales wounds, olde and newe, it clenseth very well, and gathereth good flesh: It healeth head ache, and impostume in the head, or in the body: Swolne eares or cheekes, salwsteams in the face, Sinewes cut, sterke or sprained in Trauell: It drawes out iron and thorne: it helpes venemous biting and pricking, it healeth all manner of botch, all swelling and ache in the Cods, and all other members: it ceases the flure of the Emrodes, and it is speciall good to make a seare cloath, for all manner of greefes. This was written and cast into the Recluse or Anker, at the Red hill in Almaine, wherewith he wrought many maruels, and neuer vsed any other medicine but this. This I copied out of a very olde book: and I haue proued it many times to be precious.

91

When the Alumten, or the Lord of the Ascendent is Infortunate, in his fall or cumbust with three other testimonies or else two: It signifies that the sicke person shall dye. And it is so much the woorse, if hee bee vnder the Beames of the Sunne. Iatromath. Guat. Ryff.

92

Whosoeuer hath the greefe or swelling of the Splene neuer so much, and hath had it of a long time and booth heate the endes of a paire of tongues in the fire, vntill they be glowing

and

and red hot, and then quencheth the same in halfe a pint of white Wine. and drinke the same Wine: It will helpe them thereof perfectly. This was credibly tolde mee for verye trueth But it is more certaine, if they be so heated and quenched fiue or six times and then drunke: and to take the the same foure or fiue mornings together. Which I knowe to be excellent: the like vnto this is affirmde to be most true, and proued by Anth. Beneuenius.

93

It is a great token of health, when the Stones or Coddes begins to itche: though the other partes of the body be weake. But then take heede of Venerius actes, least you paye for your pleasure. This out of Mizaldus.

94

Coriander seede made in powder, and mixt with Honny, and implastred vpon a Carbuncle, or other greeuous Biles: destroyes the same quite. Arnoldus de villa noua.

95

The blacke Sea Cole, mixed with Oyle, will bee made softe. Wherwith if one anoint Vines, it wil destroy the wormes: which destroyes or eates the buddes of the Vines. Seruerinus Gebelius.

96

The goom of a Cherry tree dissolued in white Wine, and so giuen to them that are greeued with the Stone: it will helpe them marueilously. Mizaldus affirms that it is certainly proued.

97

It was credibly tolde me for a trueth, that there was a verye poore woman beeing brought to bed of a Childe, hauing many children before, to whom a sister of hers (being rich, & that neuer, as yet had anye childe) came to see her, who saide vnto her as followeth. Ah sister sister, heere are many mouthes and little meat. To whom her poore Sister answered, content your selfe Sister: God neuer sendes mouth, but he sendeth meate. After it chaunst the rich Sister to be with childe: which, when it was born, had neuer a mouth. So that, there was much meate, and no mouth. A worthy and rare example to make all couetous greedy and carefull worldlings to cast their whole care on the Lorde. And not so to depend on their owne prouision or worldly wealth. If it were

not for the great goodnes of God wee should haue no more meate for our mouthes, then this womans childe had a mouth for meat. But if we haue both mouthes & meat, and lacke good stomackes for the same: what are we the neare? So that both mouth and meat and stomacke, are not in our willes to haue when wee list: but are Gods gifts to bestowe as he will.

98

Hermes saith, if in the Natiuity of the Husbande, Venus be combust: the wife shall dye before the husband. If in the Natiuitye of the wife, Mars be combust, the Husband shall dye before the wife.

98

Water or Wine wherein Walwort is sod (if a good draught thereof be drunke euery day first and laste, for the space of twentye dayes at the most,) dooth perfectly helpe them that haue the dropsie. It is an excellent medicine for the same.

99

Cast or instill certaine droppes of Baulme into cleere water and then with a stick labour well the water, and if the water then be troubled, the baulm is not perfect. But if the water abide cleare: then the same is good and perfecte baulme. For the good and true balme, doth gather it selfe, alwayes into one place. And thus you may trye a true and good baulm: from a false and sofisticate baulme.

100

If the root of Piony (especially of the male Piony) be hangd at the necke of a childe or a boy, that hath the falling sickneſſe, it doth helpe very much. Likewise, doth Pelleter, and the haire of a Dog that is all black. Lemnius.

The end of the fourth booke.

The

The fift Booke of Notable thinges.

1

A Mare will bring foorth a Fole of diuerse colours: if she be couered with a cloath of diuerse coloures, whiles she is taking the Horse. For such coloures as be before the eyes of the horse, whiles hee dooth horse her: without doubt the Fole will bee of the same coloures. The same may be proued with dogges and other Beastes. Mizaldus.

2

The berries of Halicacabus (called winter Cherries) beeing stampte, and the iuice prest or wroong out of the same, and then dryed in the shade: the same, (if it be giuen to such as haue the Stone, or cannot make water, and also to them that haue the Dropsie,) it will prouoke vrine, or driue foorth the water, and also expell the Hidropicall humors. Mizald.

3

Hortus Apollo dooth saye that a woolfe dooth feare greatly stones: therefore when he is constrained to goe by stony places he treades very demurely or softly. For being hurt with a verye little stroke of a stone: it breedes woormes; wherof at length hee is consumed, or brought to his death. Therfore hee doth flye from a tranellor, that layes wait to strike him with stones.

4

If the Moone and Venus be ioined together, and both be combust: he that is then borne, shall lack a wife, or neuer marry. Ptolomeus.

5

If the leaues of Elderne, firste made hot betweene two Tile stones, and then applyed hotte to the foreheade and the temples, if any paine lye there: it helpeth the ache of the head marueilously. This is very good and well proued.

6

Heere followeth a maruellous water to prouoke sleepe. Take of Opium thibaicum, and Garlicke heades pilled, of eache

two ounces, beate the Garlicke heads in a mozter with a wood-den pestell, and put therto the Opium grinded: incozpozate these well together, that it may bee like a sawce. Distill this in a Re-tozte, with a most softe and slowe fire in ashes. with this water distilled when neede shall require, annoint the temples, the fore-head, and pulses of the wzestes. And beware you minister noz vse this, but vpon a great necessity, and infranticke persons, (as you shall thinke it good.)

7

The iuice of the buddes, leaues, inner rinde, oz of the yong bzaunches of Elderne, (something warme) put into the eare: dooth not onely breake the Impostume thereof, within fower oz fiue times, but also doth maruellously helpe the deafenesse. This was tolde mee foz a great secret: and I haue tryed it to be an ex-cellent thing in such a case.

8

To see Munckes in ones dzeame, dooth pzetend death oz ca-lamity: to see fat Oxen betokens plentye of things, to loose an eye oz a tooth, signifies the death of a friend, oz of a kinseman, oz some other euill lucke, to dzeame to be dumme, fozeshewes spee-dy gladnesse: to see Oxen plowe, betokens gayne: to enter into waters, betokens euill. Artemidorus.

9

This following makes a soft beard, and dooth beautifie the chin with a fine haire. Take Butter without Salt, the iuice of a red Onyon, the greace of a Gray oz a Badger, the rote of Bzio-ny, of Beetes, of Radish, and of white Lillies, whereof make a Liniment, and annoint the chin often therewith, beeing shauen. Mizaldus.

10

Put vp an olde Gander into a house, and let him bee there thzée dayes without meate, then cast vnto him peeces of an Eele newly killed, then gather the dung that comes from him, after he hath eaten the peeces of the Eele: which dung being layde to any Impostume oz twelling: is a pzesent remedy therfoze.

11

He that sleepeth in a Shéepes skinne: shall see true dzeams, oz dzeame of things that be true. Mizaldus.

The

12

The braine of a Weasell dryed, and drunke with vineger: doth helpe them that haue the Falling sickneſſe. Mizaldus.

13

Iupiter and Venus or the one of them in the eight houſe, not Combuſt, nor Retrograde: doth ſignifie the childe then borne, ſhall dye naturall, and no violent death. Tayſnier.

14

Take a little ſticke, and tye about the ende therof olde Oken leaues, then cut them ſomething round, and holde the ſame leaues in your mouth as deepe and as farre in as you may ſuffer it well, (holding the ſticke betweene your teeth) and ſo hold your mouth ouer a Porrenger or a diſhe: and there will great abundaunce of humors auoide out of your mouth: and within a while waſh in faire water the ſaide leaues on the ſticke: and then hold it in your mouth ſo again. Do thus for the ſpace of halfe an houre, and vſe this three or foure times a day, for three or foure daies together: or vntill you haue auoided as much watery humors as you thinke good. This is the beſt and the preſenteſt remedie for helping of the Rewme, that euer I knewe or heard of. I had it of a Gentleman, that eſteemed it as a Treaſure. And whoſoeuer proues it ſhall finde it an excellent thing.

15

Mirabolanes ebebuli, preſerued with his Sirrop, vſed daylye, and eaten: preſerueth youth excellently well.

16

This following is an excellent Gargariſme to purge the head and the breaſt. Take of Staueſacre, three drammes. Peliter of Spaine and Muſtarde ſeede, of either two drammes, long Pepper, Ginger, and Allomgem, of each one dram, make powder of them that are to be powdered, and ſtamp the reſt, and mix all well together, and put as much therof as a Beane in a little linnen cloth, and tye the ſame faſt with a thread, that it may be round: then holde the ſame in your mouth, and champe it ſoftlye betweene your teeth: and it will bringe forth water and fleame aboundantly. Vſe this daylye vntil you thinke your head be well purged.

17

If the Lorde of the Ascendent be in the eight house, receiued of the Lorde of the eight house, so that he receiue not the Lord of the eight house, it signifies that the sicke party shall escape without all hope. Iatromath. Guat. Ryff.

18

Earth woormes slit and cleansed, and washte from their slimy and earthly matter (halfe a dosen of them, at the least) and cut in peeces or chopped, and a good messe of pottage made thereof with Otemeale and water, and so much euery day eaten by them that haue the blacke Jaundies, for the space of twelue dayes or longer: no doubt it will perfectlye cure them thereof, though it bee neuer so long rooted, or thought to be past cure. Or else a spoonefull of the powder made of them in March, or anye other time, when you can get thē taken euery daye so long in a little draught of any drink: doth likewise perfectly cure the same. This is verye true, and hath beene oftentimes proued. It hath helpte some in fower or fiue daies.

19

Olibanum (which is a kinde of Frankenscence) in powder mixt with as much of Swines greace, and boyled together, wherewith if childrens heads that are full of lice, or that are giuen to breede Lise, be annoynted, they shall afterwardes be free from Lise. This is better and more safe, then to vse oyntments mixte with quicksiluer, which is verye daungerous: therefore let Mothers or Nurses, rather vse this.

20

Where as euery Beaste (the act of generation ended or don) is woont to be sad: only the Cock reioyceth, for he sheweth his gladnesse then by crowing.

21

If Mars be in the eight house, and in a humaine signe, or in the second face of Taurus, or in the first face of Leo: It dooth shewe the childe then borne, shall dye of iron. Taisnier.

22

It is proued by experience, that to vse customably in the dinner, and immediatly before Supper, half an ounce of the flower of Cassia newly drawne: dooth forbid the engendring of the imposthumation of the stomacke. Truelye I say vnto thee, that who

dooth

doth vse, such taking of Cassia, shall be preserued from euery euill affection of the stomack. Emperica bened.

23

Wine of the decoction of Tormentill, drunke daylye without any other drinke, and the hearbe thereof sodden, and euery euening plaistered ouer the eyes, the space of three or foure moneths or more: restoreth ỹ sight, yea to those that haue their eyes as though they did see, and yet are blinde, and sees nothing at all. Petrus Hispanus. 24

Andreas Mattheolus, knewe a woman, that euery day for a whole yeeres space, was greeuously troubled with the paynes of the Mother, which was helped verye well of that disease, by drinking once a week at her going to bed, of white Wine, wherin an vnnce of the roote of Bryonye was heated: and shee vsing this medicine a whole yeere in such sort, she felte no more harme thereof. 25

If you will destroy or put away wartes, cut of the heade of a quicke Eele, and rubbe the wartes all ouer well with the same blood then as it runnes from the Eele: then bury the head of the saide Eele deepe in the ground, and when the head is rotten, then they will fall awaye. I thinke the Author hereof is Iohannes Baptista Porta. Mizaldus. 26

About the rising of the little Dogge, (beeing in Sommer) an olde Cocke dooth lay an Egge, round speckled, and of diuerse colours: whereof many doo thinke that the Basylike, or Cockatrise dooth come (which is a most pernicious and venemous Serpent,) especially, if that Egge be sit vpon and hatched by a Toade. Which whether it be a fable or not, let other iudge. Mizaldus.

27

Mars in the eight house, with the head of the Dragon: betokens that the childe then borne, shall dye of a roape, or be hanged. Taisnier. 28

The iuice of Colewoorts, put or snuft into the nosethrilles: do purge the head marueilous well, and helpes the ancient paine of the head. Often proued.

29

Blacke sieges like to filthy blood, are wonderfull euill. Whether they bee with an Ague, or without an Ague. And the darker

colour they haue, the woorse they bee : but if these signes come through a Purgation, they be more laudable. And although they be of diuers colours, they be not euill. Hippocrates.

30

This following is an excellent and often proued thing for the Collicke, Strangurye, and the Stone, take the seedes of Careaway, Fennell seede, Spicknard, Annis seede, Commin seede: Sinamon, and Galingale: of eache halfe an ounce, Gromell seede, and Liquorice, of either of them an ounce, and beate them all to powder, and drinke halfe a spoonefull of the same powder in Ale, a little warmed, and walke vp and downe an hower after, before you eate or drinke anye other thing. Doo thus fiue or sixe dayes together at the least, and you shall finde it of a notable operation . This was taken out of a learned practisers Booke: besides since it hath beene many times proued.

31

Young children, whose gummes are annointed with ỹ brain of an Hare do breede their teeth easily. Mizaldus. And it hath bẽ proued with the braine of a cunnie.

32

A Walnut put fast into a Chicken, that it fall not out in the roasting therof: it makes that the same Chicken will be the soner roasted. Mizaldus.

33

If a round large vessell, with one hole in ỹ top therof, be filled full with quick Lime and Brimstone, of both equall portions and then the hole well stopt, that no ayre nor any thing may goe out, and so put into some standing water, or a little pit of water or into some Cesterne full of water, it will keepe the saide water hot a long time, or for many dayes. Proued of many saith Mizaldus. And I fonnd the same also in an old written Booke.

34

Hennes dunge mixt with meate that is giuen to be eaten of mad Dogges, will take away their madnesse from them: (As it is thought,) Mizaldus.

35

If a woorme that is found in the Grasse, before it touche the ground, bee hanged aline at a womans necke that is with childe

if

it is thought she shall keepe the childe vntill the due time of the birth. Plinius. As Mizaldus saith.

36

If one giue any thing for Wartes, to them that haue them, be it neuer so small a thing, a three or fower haires, (a rag of linnen Cloath, or some other thing of no value the sooner it will rot, so much the better,) and let the party that would bee ridde of the Warts, wrap the same in some thing, and put it into the ground and couer the same with earth againe. Truely, as the same thing dooth rotte in the earth, so will the wartes weare and consume away. This is perfectly proued.

37

If Mars be in Gemmini, and the Sunne in Pisces, in a quartile aspect, in the day time, or the Mone in the night time: (it dooth signifie that) the childe then borne will be hangde. Tayshier.

38

They that vse to receiue three Pilles made of Aloes. De succo citrino, made in powder, (which is to bee had at the Apothecaries) and mixt with the iuice of Colewortes of the bignes of a Beane: shall neuer be troubled with paine in the head. Petr. Hisp.

39

A Strange medicine for the Gowte. Take a good handefull of Arsemart, and wrappe and tye the same in a Burre leafe and lay it first in cold ashes, then compasse the same with hot embers and coales, and so roste the same well: then applye the same rosted Arsemarte to the greeued place, and doo thus euening and morning for two or three dayes: and thou shalt find a present help thereof. This was tolde me for a great secrete, and as a proued thing.

40

If you put or stop fast within a Nut, quicke Brimstone, Salt peter, and quicke siluer: the same beeing put into a loafe of bread and then the same loafe of breade put into some hot place, where it may heat, as soone as it wareth hotte, you shall see the loafe of bread so leape, that it will be a very pretye sport to them that sees it. Mizaldus had this of one that proued it.

41

A most excellent Dyle of Saint Iohns Woorte, is made as followeth. Infuse or steepe for the space of three dayes the tops

of Saint Iohns Woorte, in pure and excellent Wine, then in a double vessell let them heate easilye ouer the fire, and then streine them easily: then againe put as many of the tops of Saint Iohns woorte in that streined liquour, as you had before, and let them steepe therein three dayes or three nights as before, then heate and streine them as before, then adde thereto three ounces of Turpentine, and sixe ounces of olde Oyle, and of Saffron the weight of xxiiij. Barly Cornes, mixe all together, and then seeth all together in a double vessell, vntill the wine be consumed, and that that remaines, put into a glased or leaded vessell, and keepe it safelye for your vse. This Oyle is of a marueilous vertue and propertie, as well cheefelye against venemous Vlcers as many other diseases and colde greefes: well knowen to many Women. Mizaldus.

42

If you rub sleightly any kinde of Beastes or Cattell, with the iuice of Goordes, in hot weather: no kinde of Flyes will then hurt or molest them, nor yet annoye them. A thing desired of many and very necessarie for such as rides in the hot wether. Mizaldus.

43

If Mars be opposite to Iupiter, & the one of them be ỳ Lord of the eight house: (it is like) the Child then borne shall die by the commaundement of the Iudge. Taisnier.

44

The leaues of wilde Iuy sod in wine, and layd vpon any cankar: doth kill and heale the same. Trotula.

45

This water following is very precious for frantieke and mad men, proued very often. Take of the flowers of Rosemary, of Burrage, and of the rootes of Bugloss, of eache halfe a pounde, of Saffrone two drams, of Quinces fowre ounces, of the best White Wine, two pintes, mixe them all together, and then let them stand so the space of a naturall day: after that bury ỳ glasse body wherein all the same is, in horse dung for fifteene dayes: and then take it out and distill a water therof according to arte, two or three times ouer. Keep this water as the apple of your eye, for it is very precious and well proued in all melancholy sicknesses very effectuously, and in the paine and trembling of the harte the quantity to be giuen at one time is a dram, which is the weyght

of

of lxxij. barlye cornes. If you proue it you will praise it. And this is in the newe Jewell of Health: with many other moe excellent things.

46

They are not like to loose their sences, nor their vnderstanding in whose Natiuity the Moone doth apply to Mercury either by coniunction or by aspect. Iatromath. Guat, Ryff. Argent.

47

Set a round glasse full of water against the hot Sunne, that it may stand fast, and then holde something that is very drye, and will take fire easily, nye to the same glasse, betweene the glasse and the Sunne, and it will set the same thing there holden, on fier. Which is very strange to beholde. And the rather, because fire a hot and drye element, is procured out of water, a colde and moiste element. Iohan. Baptist Porta.

48

Didimus writes, that Sheepe are woont to followe them that stoppes their eares with their wool.

49

If any doth aske thée (hauing knowledge in Astrology) what hee did see in his dreame: marke the Ascendent, when the question is made: and if thou doost finde Saturne in the Ascendent (or first house,) tell him that hee did see in his dreame Religious persons: as Fryers, Hermites, or such like, or places of prayer, &c. But if thou finde Mars in the Ascendent, say that hee saw in his dreame, Captaines, Knightes, Murtherers, Théues, Harnesse or Battelles, or such like. If the Sunne be in his first house: he did see Gardens, Trees with Fruites, Gold or a King. If Venus be in the Ascendent: hee did see a faire Virgine, or some eating or drinking, or one lying with a woman, or that haue things wher in they are delighted, or els to play, or to walke abrode, or white or red garments. If Mercurie be in the first house: then he did see handsome and eloquent men reasoning, or Pallaces decked with Curtens and ritch hangings or Cloathes, Bookes or writings of saluation, or of accomptes. If the Moone be in the first house: hee did see Riuers or water, or precious stones, or some that did eate or drinke, or his Mother, or his Awnte, or his Mothers Sister. This saith Haly Abenragell. But Messanala, and Albaylat and Abrier Forsall, haue saide: looke in the signe of the ninthe

house from the Ascendēt, and if thou dost finde in the same house any of the seauen Planettes, iudge that the vision or dreame was of them as is before, when they are found in the first house. And adde to the signification of the Sunne, (that is, if the Sunne bee in the ninth house,) that he did see him selfe flying betweene heauen and earth, or that he did see a great light: and if there bee no Planets in the ninth house: then marke him that is in the first house, if none bee there: then marke who is in the third house: if none bee there: then looke in the fourth house, if none be there: loke in the seauenth house, if none bee there: then looke in the tenth house. And iudge according to the signification of euery planet and thou shalt be certified God willing. Haly Abenragell.

50

Against the quarten ague, take all the Urine that the partye makes at one time in his fitte, and kneade flower therewith: and when the same is baked, then giue it to a Dogge of the same house. And when you haue doone thus thrise: the partye will bee whole, and ridde of that disease. And in his steade the Dogge will be sicke. But for a man that is sicke, a Dogge must be chosen. If a woman, a Bitch must be had. This was taken out of an often proued experiment of an Italian, by the reporte of Mizaldus.

51

Whosoeuer desires to see the Sunne Ecclipsed without hurting their eyes: Let them beholde the shaddowe thereof in a vessell, wherein Oyle is put: Where they may beholde and see it without daunger. For a fattye humor is not easily troubled. And what shapes or fourmes it dooth receiue: It representeth the same truely. Mizaldus.

52

A Lamen, or thinne plate of Golde, borne on the seame of the braine, doth strengthen the braine. The same hanged against the Region or place of the heart: doth help the beating of the hart and encreaseth gladnes. And if it bee put vppon the reines of the backe: it strengthens the reynes, and coles the same and ceaseth the paines of the backe. But Mizald. wisheth that the same plate be beaten and made of pure and fine Gold, when the Sunne is in Leo called the Lyon: And Iupiter and the Moone beholding each other happely. Herm. Arnoldus villa nouanus & alij

If

53

If the Lorde of the Horoscop, be in the seauenth house Combust, and the Sun hath no essentiall dignity in the same: then hee (that is then borne,) shall perish by the handes of manye, which will rise agaynst him. But if the Sunne haue then any power in the seauenth house: hee shall dye by the kinges commaundement. Taysnier.

54

It is proued and a secret: that if three graynes of Mastick bee giuen to the patient to bee swalowed euery night at his going to bed, it doth preserue him from the paines in the stomacke, and dooth cure him. Emperica benedicti victorij. I know by proofe, it helpes the stomack merueilously.

55

This water following, breakes the Stone in the bladder, and in the Reynes. Take of the iuice of Saxifrage, two pintes, of Gromell, and of the iuice of Parcely of either one pinte, of the best Vineger of a pleasaunt Wine, eight ounces, distill all these togeather, and let the liquour distilled be kept in a Glasse with a narrow mouth: Of which, minister in the morning one ounce at a time, as much at noone, and as much at euening going to bed. This is a proued water, as saith Fumanellus.

56.

To dreame that Eagles flyes ouer your head doth betoken euill fortune. To dreame that you see your face in the water signifies long life. To followe Bees, betokens gayne or profite, to bee married, signifies that some of your kinsefolkes is deade, to dream that you worship God, signifies gladnes, to look in a glasse doth protend some yll ew or a childe, to haue Dyle powred vpon you: signifies ioy. Michael Scotus, & Artemidorus.

57

If you would haue Copper to melt quickly, and runne easily, put the hooses of a Horse into the same, betweene the melting ane powring out thereof. Mizaldus had this secrete of an expert Italian.

58

Goates will not stay nor wander, if you cut of their beards. Florentius.

59

If you put a Toade in a newe earthen pot, and the same be couered in the ground in the mids of a corne fielde, it is saide there will

will be no hurtfull tempestes or stormes there. As Archibius did write to Antiochus King of Siria. Plinio Authore.

60

If the Lord of the eight house, be founde in the twelfth house, with an euill Planet, or in his euill Aspect, (it showes,) the childe then borne will dye a captiue, (that is) in prison, or as one that doth flye away. Taysnier.

61

Whosoeuer annoints their belly with this ointment folowing, it easeth the paine of the head, it purgeth the stomacke, it comforteth the appetite, and clarifieth the eyes. Take of the iuice of Smallege two ounces, of the iuice of Mercurye foure ounces, of Gose greace and Hens greace of either of them a pounde, of Rosen two ounces, of Masticke, and Frankensence, of either fiue drams, of Casia fistula two drams, and put thereto iuice of Walworte: and of the inner rinde of Elderne, and mire them all well together, and make thereof an oyntment. This if it be well made, is a very good thing.

62

The Squinancie, or any other paine of the throte, wil be helpt with this following. Marke where a Swine doth rub him, and then rubbe your hand on the same wood, post, or stone, with which hand rubbe your sore or swolne throate. And as some saye that haue proued it: cut of a peece of the same Wood, where the Swine did rubbe him selfe, and rub the swolne or greeued place therewith. But the rubbing of the Swines necke, is the best for the necke: the legge for the legge, and so that part of the Swine, for the like part of the person greeued or diseased. This is a verye true and often proued thing.

63

Take a pinte of white Wine, one handfull of woodbine leaues or two or three ounces of the water of Woodbine, and a quarter of a pounde of the powder of Ginger, sethe them al together vntill they be something thicke: and anoynt a red pimpled face ther with fiue or sixe times, and it will make it faire. Proued.

64

Ludouicus viues, doth write, that within the memorye of his Auncestours or Fathers, there was a Sepulchre or Tombe

pluckt

pluckt vp, wherein a burning Candle was found, made (as was witnessed by writing fiue hundreth yeres before.) And when it was touched or handled, by and by it was resolued into powder. Iohannes Langius.

65

If you would haue a deepe Well made, it is best to digge the same when the Sunne is in the last partes of Virgo, before the Autumnall equinoctiall, (which is about the beginning of September, or immediatlye after,) for then through the great heate and drynes of the Summer the earth wantes rayne. Mizaldus had this of one that was skilfull in such thinges. Which was a Maister Carpenter.

66

If any be bitten or stricken of a Scorpion, which shall eat Basill the same day, he shall be made whole thereof. Aphri. reporte it.

67

If anye fall sicke in the hower of the Sunne, hee will haue a strong Feuer or Ague. And many times shall be vered in his minde: which shall bring no small hurte vnto him. Hali Abenragel.

68

The iuice of Coriander, giuen to them that haue the Falling Euill to drinke: will not suffer the humor to ascende into the head, and it worketh great helpe to the diseased. This was written in an olde Booke.

69

Whosoeuer is brought weake, either by some greeuous sickenesse, or disease, of long continuaunce, or by woundes receiued, or any other way, and therupon haue a Siege of Melancholy, like to blacke blood, he shall doubtles dye the nexte daye after. Hippocrates in suis Aphor.

70

A sawsfleame or redde pimpled face, is helped with this medicine following. Take Enula Campana, foure ounces, and seeth it with Vinegar, till the vineger be sodden in, then stampe it small, and then put therto quick siluer and Brimstone, of either fowre drams, and Barrowes greace, fowre ounces, and beate them al together, and make therof a plaister, and lay it to the infected or spotted place in the Face, all night: and on the morrow wash it of with warme water. Do thus sixe or seauen nights, and it will helpe it without doubt.

71

The first sedes, that the Hee, or Male Pyony brings forth (being round and blacke,) do marueilously recreate or helpe them that haue the falling sickenesse: If some therof be stampte and taken with Oximell scillitick, which is to be had at the Apothecaries: and with the Sirrop of Sticados, and a little Nutmeg: which Lemnius doth witnesse for a very trueth.

72

Whosoeuer is stricken or hurt of any venemous woorme, or other thing: or els bitten of a mad dog. Let them take heede diligently that the same thing that did hurte them, se them not, vntill they be perfectly whole. For the Hebrewe Philitions say, that the party hurt, shall then dye, or els be in perill a fresh: yea though they begin to waxe whole when they se them. Mizaldus.

73

One handfull of Basill, with ten Sea Crabs, stampt or beaten together, doth make all the Scorpions to come to that place, that are nye to the same. Aphri. as Mizaldus saith.

74

If the Lord of the eight house, be afflicted in the fourth house, it signifies, the childe then borne, shall dye in prison. Tayshier.

75

Wine wherein the rinde of an Ashe tree hath beene sodden, drunke fasting, sixe or seauen mornings together, doth perfectly helpe them that are tormented with the paines of the splene. (Which makes one to haue a great paine in the lefte side, and their most greefe is after meate.) And if you annoynt the greued place, so long with an oyntment called Deathea, euerye morning and euening. It is an excellent thing likewise.

76

Beholde a singular Dyle or baulme drawne out of Ware and Turpentine, which dryeth and mightely pearseth where the same is applyed: taken out of the secretes of Fallopius. Take of the pureste and cleareste Turpentine that can bee gotton, one pounde and two ounces, of newe yellowe Ware that is odoriferous, twelue ounces, of Nutmeggs and Cloues: of either one ounce, of common Ashes, sixe ounces, beate all these well together, then put the same into a Retorte, fenced with Lute of Wisedome,

and

and set in Ashes, and distill it with a slowe fire at the first, and after encrease the fire vntill all be distilled, which gathered, distill the second time in a Glasse body with an head and receaner, putting vnto it before the distilling foure ounces of the ponder of Bricke or Tyles. Which diligentlye Luted in the ioyntes, mayntaine fire vnder it, vntill no more will come, then haue you purchased an Oyle of a Rubine cullour, which worketh miracles in woundes, especially where sinnewes be harmed. This also helpeth any manner of Rewme procéded of a colde cause, it helpeth besides the cough, by annoynting the Region of the Breast therewith: and it is also of greate importaunce, vnto many other gréeses, inuented and proued by the aboue saide Author many times. This excellent Oyle I had out of that worthye Booke, called the new Jewell of health: which many perhaps shal read in this my book, that otherwise should neuer haue seen that boke. Which makes me describe hérein some notable thinges therein vttered.

77

A notable and often proued plaister, to destroy any impostume swelling, and sich, in what place of the body soeuer it be: is nowe discribed as followeth. Take of the Rote of Hollyocke, (cleane washed and cut in péces,) two good handfull, and séethe the same in faire water, vntil the saide rote be something tender. Then take out the sayde rote, and put into the same water, of Fenecreeke, and Lynseede, of either one handfull, (something stamped or bruised,) and séeth them together vntill the water, be ropeing like birdlyme: then stampe the saide rote of Hollock before sod. And put it to the saide Fenecréeke and Lynseede, with an handfull of Barly meale, and fry them together with Bores greace, and Barrowes greace: and if neede be, you maye take Shéepe suet,) then laye a plaister thereof to the sore, or greeued place, as hotte as the partye maye suffer it: and let the same lye twelue howres vnremoued at the least, and after apply another plaister of the same thereto, in such order, and within nine plaisters it will worke the full effect. It hath helpt and dissolued the Plurese, with the applying of three or fowre plaisters. A thing of small cost, and greate vertue.

78

When the Lord of the Ascendent is impedite or Infortunate of the Lorde of the seconde house: it signifies that the sicke

shall not be healed, and with great expences of money, or else dye. And vniuersally, marke what Planet doth Infortunate the Lord of the Ascendent. The sicke is like to haue harme, or hinderance by such things, as that house dooth signifie whereof that infortunating planet is the Lorde or Signifier. Iatromath. Guat Ryff.

79

Egge shelles dryed and beaten to powder, and giuen in white Wine, breaketh the Stone. It is a tryed medicine, as one affirmed to me.

80

Sugar, (especially Valentia Sugar,) made in powder and put into a Wound or Cut, dooth not onely clense all corruption from it, and consumes all superfluous flesh or matter in it, but also heales it marueilously. If you list you may mixe a little freshe butter therewith, whereby it will not be of the lesse vertue. This is a sure, excellent, easie, and a ready medicine, who list to trye it, shall finde it a singular thing.

81

A certaine Wench was borne within sixteene myles of London: who within a yere and a halfe after her birth did beginne to eate earth, stones, bricke, and grauell. And so continued therein, (hauing all her delight in eating of such baggage) also shee dyd eate the woollen sleeues that were on her armes, besides that she did eate a gloue. And on a time as her mother did feede her with milke: there chanst to fall a great peece of sote, out of the Chimney into the saide milke, which sote, the saide childe toke out of the dish with her fingers, and did eate it most greedily. She abhorred then bread and butter, & other such naturall fode. Whereby she was marueilously consumed with a flixe. and she yet liueth, hauing nothing in her but skinne and bone. I sawe her in June 1577. She was borne in Charleye, within two or three myles of Stanes, at which time she was full three yeares of age.

82

It is sayde that Mise dung, with the Ashes of burned wasps and of Hasell Nuts, and a little Vineger of Roses put thereto, dooth trimly decke a balde place with haires, if the same place be often rubbed or annoynted therwith. Mizaldus.

83

If any Beast of the female kinde, dooth pisse vpon the vrine of a Woolfe

Woolfe newlye made: the same Beaste shall neuer conceiue, Pithagoras.

84

Aetius giues counsaile, that that dog be buried or put into the grounde in any wise, which is deade by taking his disease from a man: for it is certaine (saith he) that daungerous and many effectes (the man being escaped,) are turned or ouerpowred in to him.

85

The troublesome or vnpleasant noyse of Frogs in the night, will cease: if you set a Candle burning on the bancke side nye the water where they be. Or els many lightes according to the greatnes of the place where they be. Africanus Geopon. And this was proued at Paris, by the meanes of a President there, that therwith was troubled. Mizald.

86

It is the opinion of many, that an hearbe called Leucanthus, that is white Thorne (euen as the Bay tree,) is neuer stricken nor touched with Lightning, nor is not touched with any euill from Heauen. Mizaldus.

87

Zaell saith, that he hath proued in many Natiuities, where the Mone is in Virgo, opposite with the Sunne: that the Childe then borne, hath bene drowned.

88

Fiue cloues of Garlicke stampt and strayned into a draught of Rennish wine and so drunke: is a present remedie for the Collicke, Stone and Strangurye. An excellent tryed medicine, if you take it three dayes.

89

Make powder of the flowres of Elder, gathered on Midsomer day, being before well dryed, and vse a spoonefull thereof in a good draught of Borage water, morning and euening first and last, for the space of a month: and it will make you seeme young a great while. This I had out of an olde written booke, as proued.

90

Take Horseleaches, and burne them to powder, and mix them with Eyselt, then vse to rubbe the place therewith where you would haue haire grow no more: and there will no haire grow in that place. This was a secrete of a notable Practiser.

91

Whosoeuer vses to drinke butter milke, they will be laxatiue, although they be verye much bound, and cannot goe to stoole. proued.

92

They are like to haue the falling sicknes, in whose Natiuities the Moone and Mercury do not behold the one the other. Or where neither of them doo beholde the Ascendent: and whereas in the day time Saturne is the signifier of the qualities of the minde, and then beeing in an Angle, and Mars in Natiuities of the night.

93

That yong Beastes be not hurt of their fetters, or that being hurt of them, they may be cured. Tye vnto their neckes a Date stone bored through. Mizaldus.

94

If you giue to them that haue the falling sicknes, this medicine or Antidote following three dayes, whiles the Moone is coniunct to Iupiter: it wil help him. Take of Mace, the seedes of piony and the rootes of the same halfe a dram, the leaues of gilliflowers, and of Primroses, (which some takes to be Daisie) one dram, stampe them and giue it to drinke with white wine, the partye being fasting. Mizaldus.

95

A certaine Countrye man did sleepe open mouthed in the fieldes: a Serpent crept in at his mouth, and so into his body: but after the same man cured himselfe thereof with eating of garlick. But he infected his wife with poyson, by hauing to doo with her carnally: wherof she dyed, which was very rare and strange Volateranus.

96

Powder made of the stone of a Swallowe, giuen to drinke to them that haue the Falling sickneſſe: healeth them without doubt, for it is a sure experiment. Petrus. Hispa.

97

If you would know whether a Woman be conceiued with Childe, or not: giue to her two spoonfull of water, and one spoonfull of clarified Honnye, mingled togeather to drinke, when shee goeth to sleepe: and if she feele gripinges and paines in her belly in the night, she is with Childe: if she feele none, she is not. This is very true and often proued.

98

Ye will neuer be powre, of whose Natiuitye Iupiter is ruler, or Lord. Gelienarrant: the Author of which worke is vnknown.

99

This following wil take spots out of the face, and beautify the same. Put seauen whole Egs, in most pure and strong Vinegere and let them lye therein so long vntil their shelles be as soft, as their inwarde skinnes, and mixe thereto foure ounces of Mustard sæd, before made in pouder (or stampt) then stamp or grinde them together, and therwith let the face be often annointed. This hath bëen proued. And Trotula affirmes it also for the like purpose.

100

Græne Nettles layde in the vrine of one that is sicke, and so steeped therein for the space of xxiiii. howers, if after the same time they be taken out græne and fresh, it betokens that the sick partie will recouer of that sickneſſe: if they be withered, it is a greate token of death. Mizaldus.

The end of the fift booke.

The fixt Booke of Notable thinges.

1

IF you would haue any Beaste, or anye parte of the same, (of what cullour soeuer he be) to be turned into white, shaue of the haires, and smoake the same that is shauen, with the fume of Brimstone: and white haires, will growe there. You may proue the same in flowers. Mizaldus.

2

The berries of White thorne, taken with white Wine, is of great force, for destroying or expelling of the Stone. It is knowne by the practise or experience of the Country men. Mizaldus.

3

In a question of a vision, or Dreame, marke the Lord or the Alumten of the Ascendent, and the Moone, and consider if thou findest either of them in the ninth, or the third house: but if you finde none of them there, then marke, if thou finde either of them

them in the Ascendent or first house, or in any of his Angles: and if you so finde either of them, and the same be seperate from a good Planet, and applyed to a good Planet: It signifies that the dreame is good and pleasaunt, and of a good signification, and is of the condition of that good Planet, to whome he applyes: and the profite or commoditye of his dreame, shall be of the condition of the house where he is in the figure, and of the condition of that house which he doth beholde with a good Aspecte. But if it be seperate from an euill Planet, and applies also to an euil Planet: then the vision or dreame, is euill and to be feared, and is of an euill signification. Which euill and harme shall be, according to the nature of the Planet, to whome the same applyes, and according to the nature of the house wherein he is in the figure, and according to the nature of that euil Planet. But if he be seperate from a good Planet, and applyes to an euill Planet: say that the vision or dreame was good and pleasaunt. but he hath an euil signification. But if it be seperate from an euill Planet, and dooth applye to a good Planet: say that the vision or dream was foule and euill, but it hath a good signification, and the profite or successe thereof, will be according to the nature of the Planet, to whome he dooth apply, and according to the nature of the house wherein he is in the figure. (As we haue sayd,) Therfore according to this way and rule, consider the visions or dreames: and confer one to another, and thou shalt bee certified, God willing. Haly Abenragel.

4

It is prooued, and a secrete: that if you giue to them that haue the Hickop, euerye morning three howers before meate, one rote of græne Ginger, and immediatlye after drinking two draughtes of Malmesey, you shall se that he will be sone cured. Emperici benedicti victorij.

5

A sword wherewith a man is killed, the blood being cleane wipt from it, and put into a hot fire, which being taken out of the same, dooth manifestlye shewe the murder: for so far as the sworde was in the wounded person, so farre it will be of a contrarye colour to the sword. It was tolde me that a Bishop did try it to be true, by one of his men.

6

If the blood of a Cocke be dryed, and made in powder, and mixt in Wine, wherein there is water, it makes the water swim aboue. This was of the relation of a learned Munck. Mizaldus.

7

Planten hath a maruelous vertue, to deliuer thē of the plague that are infected therewith: giuen any maner of way. Proued.

8

The more liuely and quick that a Horse is, the more dēeper he will thrust his nose into the water, when he drinks. Plinius.

9

Swine & Eliphants do hate white garments, Buls and Oxen hates maruelously garments that be of purple colour, which many vnder such apparell haue sometimes proued to their greate grēefe. Plinius.

10

If the Lord of the eight house, be in the eight house, or beholde the same happely: the childe then borne will dye in his cuntrye, or nye the same. Taysnier.

11

The white of an Egge, and the iuice of Pelitory of the wall, well beaten together and skimmed, and then one droppe of that liquour put into the eye, doth heale the web in the eye. This is true and proued.

12

A proued Oyle which is very good for the Dropsie, called Ascites, if all the belly or paunch bee annoynted therewith. Take of Turpentine one pound, of Frankensence, Masticke, Mirre, of each two drams, Landanum, one dram, Nutmegges, Cloues, Galengal, Zedoary, of each one dram and a halfe, of the iuice of Walwoort, and the iuyce of Cucumber, (called Cucumus asinimus) of either one ounce: Let them be powdred, that are to be powdred, and let them be mixed togeather, and put them in a Limbecke, and let an Oyle be distilled thereof, and it is a most secret thing, not onely to take awaye the swelling of the bellye in the Dropsie, called Ascites, but also any flegmaticke swelling of any other member of mans bodye, and it is maruellous for the paines of ioyntes and members of a colde cause. Emperici benedicti.

13

A certaine Butchers wife beeing with childe, as she was skurring the bloud of a Beast newlye killed, a little thereof did chaunce to sprinkle or spurt on her face: which she with her hand suddenlye wiped off, and then wiped the same hand on her lefte thigh: Who after beeing brought to bed of a boye, the same boye had and hath the like mark, or bloud spot on the left thigh. They that knew both the Father Mother, and the childe, tolde this for a very trueth. Therefore it is not good to hit a woman suddenly, being with childe, on the face or otherwise: least the childe she is with al, be so marked, as is declared in other places of this booke.

14

The sicke person cannot escape, when the light of the time, (that is) the Sunne in the daye, and the Moone in the night, and the Alumten of the Ascendent, are both impedite, or euil affected of the Lord of the eight house, or of the Lord of the fourth house. Iatromath. Guat. Riff.

15

If you will take the haire from any place of the bodye, & would haue it to growe there no more: stampe Ants Egges with the iuice of Henbane and Hemlocks, or with the bloud of a Batte, or Keremouse: and annoint the place therewith. Mizaldus.

16

If you cut the liuer of a Beast in peeces, and put into the same peeces, the powder of Nux vomica, called the Spuing Nut, (which is to be had at the Apothecaries,) the same peeces being strowed or layd in an open place, wher Rauens and crowes may resort therto: the Crowes or Rauens that eates thereof, cannot flye away: whereby you may take them easilye. This I knowe to be certaine and true.

17

The little Birde, called Linaria, begins to leaue singing, and also to be sicke, when the Starre called the little Dogge, doth rise, and will plucke off her fethers. Which chaunceth about the middest of July: as we haue proued by one an other, (saith Mizaldus) the space of ten yeeres. And thereupon haue shewed to many, that then that Starre did surely rise. And in a Larke we haue obserued the same, (saith he,) in the rising of Arcture with the

the Sunne. And it is not to be doubted, but that other birds, and liuing thinges, haue their peculiar Starre, wherby they are mooued to sing, or to holde their peace, to sadnesse or gladnesse, which I desire the diligent searchers of secretes to obserue, Thus much Mizaldus. 18

The Lord of the Ascendent in the twelfth house, in a humaine signe, without the beames of good Stars: the Child then borne will bee imprisoned. This is true and often proued: and also Taysnier affirmes it. 19

This following is a sure and prooued medicine for the tooth ache. Take a handfull of ground Iuie, as much of spere mint, and as much of Salt, stampe them all a little together, then put all the same into a pinte of Wineger, and seethe all well ouer the fire, then straine it well, and put the same into a close glasen vessell, or bottell: and when you will occupy it, take a spoonefull thereof and put it into the side of the mouth that aketh and holde down your cheeke, that it may discend to the rootes of the aking tæthe, and it will take the ache and paine away presentlie. This was taught me by a woman, to whome many resorted for helpe who vsed only this medicine therefore. 20

An oyntment made of the Oyle of bitter Almondes, Honny the rootes of Lillies, and of Waxe: is an excellent thing to annoint the face withal, to get away wrinckles, spots, and other deformities of the face. Mizaldus. 21

You may take Foxes with this Oyle following. Annoint the soles of your shoes, with a peece of fat Swines flesh as broad as your hand, newly tosted or a little broiled at the fire, when you goe out of the Woode homeward. And in euery of your steppes, cast a peece of the Liuer of a Swine rosted, and dipt in Honny, and drawe after your back, the dead carcasse of a Cat, and when the Fox following thee comes neere vnto the Steppes, be sure to haue a man nye thee with Bowe and shaftes to shoot at him: or by some other meanes to hit him. Mizaldus had this of an expert Hunter. 22

Women that haue double apples in their eyes, or strales, do euerye where hurt with their looking. Which is called of

some ouerlooking. Cicero.

23

Bodies that are strucken with Lightning, do remaine vncorrupt: therfore in auncient time they did neither burne nor burye the bodies of such as weare strucken or killed with Lightning wherupon it is plaine to all men, that the same bodies are not corrupt as others. Mizaldus.

24

If the Lord of the eight house, be in the third or ninth house: it signifies, the childe then borne, shall dye among Straungers, or out of his native soyle. Taisnier.

25

Wormewood newly stamped with the white of an Egge, and laide ouer the eyes, taketh away the bloud and rednes therof: of what humor soeuer it come. This hath bene often proued.

26

If one do take this confection following fasting, he shall neuer fall into the paines of Collicke nor illiac. Take the outwarde rindes of Radishes, being taken or pared thick two pound, white Honny fowre pound, let them boile together, vnto the consumption of halfe the Honny, then put therto of the pouders of Sinamon, Cloues, Nutmegges, Mace, blacke Pepper, of eache two drams, mixe them togeather, and let them be put vp in a cleare vessell, and let the patient take and eate euery morning halfe an ounce of the saide rindes of the Radishes. Benedictus victorius Fauentinus.

27

If you take the powder of Brasell, & mingle it well with milke but so that it be very red, and put therein either staffe, wood, or bone, letting it lye therin eight dayes: it will make the same wood or bone red for euer. I had this out of an olde written booke.

28

To dreame that you goe ouer a broken bridge, betokens feare, to haue your head cut off for a haynous offence, signifies the death of frends, to make cleane the handes, betokens trouble: to see handes filthy or foule, doth signifie losse and daunger, to see Lambes, signifies greefe, or paine: to take flyes, signifies wrong or iniurye. Mizaldus.

A garland

29

A garland made of Iuy leaues, and laide vppon womens paps, or dugs, that hanges flagging downe: it gathers them together, and makes them round. Iuye leaues stampte and applyed therto, worckes the like effect Mizaldus.

30

A tode beeing strucken of a Spider, or of a Serpent: dooth helpe her selfe by eating of Planten. Plinius. For confirmation whereof, a Tode beeing on the grounde hard by a wal, a Spyder did suddenlye strike the saide Tode on the backe: Which when the Tode felt, beginning to swell, did eate of Planten nye vnto the place. Whereof beeing well, the Spider againe, did poyson the Tode with her venome as before. Which doone, the Tode preserued her selfe with the saide Planten as before, but one that chaunst to beholde the same, did then cut vp the saide Planten and tooke it away from that place. Which Tode the thirde time being strucken or rather poysoned of the spider, as before: immediatlye searched for the sayde Planten, (for as it shoulde seeme there was no more Planten nye to that place, which when she coulde not finde, did swell so sore, that sone after she did burst withall. The party that did take away the same Planten, & did see this strange and marueilous matter did tell me this for a very trueth. Whose credit I knew to be such, that I am bolde heere to place the same hauing such good occasion. And I heard that a noble man of this Realme, did see the like.

31

Whosoeuer is sore greeued with the Stone and cannot make water, let them drinke a spoonfull of the powder called Puluis duiriticus, in a draught of white wine, (which you may haue made at the Apothecaries) and vse it three or fower mornings together, or something lesse if you will. Giue halfe so much to a childe and without dout it will make them auoid the stone and to make water presently. I haue proued it often times to be a soueraigne thing in this case. And there was one from whom I had it, that got therwith aboue a hundreth pound by the yeere. If it be truly and well made, you will praise it well as I haue don, & because it is such a notable thing, I would haue it better knowne, and more vsed.

32

Make Oyle of Paper, by burning fayre paper on a cleane pewter dish or sawcer: or hold a peece of faire paper folded on a knives point, and set fire on the nethermost end thereof, and hold the same nye vnto the sawcer, & out therof will come a little moist oyle, and be on the Sawcer. Take a little thereof on a cleane feather, and put it into the eye that is sore or dimme of sight: and it wil helpe the same marueilously. It hath beene proued in many to be excellent. And Euonimus doth praise it therefore.

33

If the Lorde of the Ascendent be in the eight house infortunat it signifies that the sick party will kill himselfe through euill guiding him. Iat.

34

A Spirite came nye vnto M. Brutus, leading an army of men frõ Asia, when Brutus asked him who he was: he answered I am thy euill Angel, whom thou shalt see in the fields of Philoppis in Thessaly, and there Brutus dyed in conflict. Plutarchus.

35

Agrimony sod in red wine, wherewith if woundes be washt, it clenseth all filth and corruption from them. And the leaues of Agremony beaten or stampt, and tyed on wounds that be ill ioyned or knit together: by & by doth open them. A Spaniard tolde this to Mizal.

36

He y receiueth a sum of mony in the bower of Venus: he will spend the same with Women, in pleasures and wantonnes.

37

The iuice of Rew mixt with Honny, that hath beene stummed, and a little therof put into the eye at once, riddeth them that that vse it, of an ancient dimnes of the sight. Proued often.

38

If a woman hath not conceaued, & thou wilt know whether she shalll conceaue or not, let her bee well couered with cloathes, and beneath let a fumigation be made of hot things, and odoriferous, or sweete smelling: for if the smell come vp through her bodye to the nose, and Mouth: bee sure that shee is not barren of her selfe, Hippocrates Aphor.

39

Whosoeuer is greeued and tormented with the Stone, let

let them take an ounce of the rootes of Radiſhe, cut in ſlices: and lay the ſame to ſteepe in halfe a pinte of good White Wine all night, then ſtraine the ſame well, and put thereto of the Electuarye, called Lithontriphon, of the diſcripſion of Nicholas: and alſo Iuſtinum, one dram, mixe them with the ſaide white Wine, wherein the Radiſhe was infuſed, and let him that is greeued with the ſtone receiue all the ſame at one time, and you ſhall ſee a marueilous worke thereof. If neede be, let him receiue the like quantity thereof three or fowre dayes together. This is proued to be ſure and an excellent thing, for breaking and auoiding the ſtone, and grauell. Be ſure that the Apothecaries make it of good ſtuffe.

40

A Head of Garlike, (the ſkinnes pulled off, and a little bruſed) layde by equall partes to the hollowe partes of the ſoales of their feete, that are greeuouſly tormented with the tooth ache eſpecially if it come of a cold cauſe, and be on the nether iawe: it will helpe them with ſpeede, by drawing the humors out of the ſoales of the feet. I haue knowne them that haue taken this medicine, and haue not beene troubled with the tooth ache of ſeauen yeeres after.

41

That man is like to haue few Children, in whoſe Natiuity Saturne is in the Aſcendent, oppoſite to Venus, or if Venus be in a barraine ſigne, infortunate of Saturne: or if Venus be in ỹ houſe of Saturne, eſpecially, Infortunate of him. Iatromath. Guat, Ryff.

42

If you rub or touch Wartes with the leaues of a Figge tree, the Wartes will conſume and vaniſhe awaye: ſo that the ſayde leaues be buried within the earth or ground: Some aſcribes the ſame to the harte of a Pigion. Mizaldus.

43

Eliphantes of all other beaſtes, do chiefly hate the Mouſe, So that if they ſhall ſee or perceiue, that a mouſe hath once touched their meate that is before them, they loathe the ſame, and will not eate a bitte thereof. Plinius.

44

If the Lord of ỹ Aſcendent, be Combuſt in the twelfth houſe, he that is then borne, will dye in priſon or captiuity. Tayſnier.

The

45

The powder of the Berries of Bryonnye, drunke in the water wherein water Cresses are sod: dooth marueilously heale the Strangury.

46

If any Woman great with Childe, shall take this drinke following, euery other day in the morning, three howers before she eate any meate, beginning the same about tenne dayes, or a fortnight before the time of the birthe, the birth shall not onely be made more easie, but also she shal bring forth her childe without paine. Take of the great Treacle one scruple, (which is ỹ weight of xviij. barly cornes, the powder of Licorice, and the powder of Sinamon, of either three graines, of good white Wine one ounce and a halfe, mixe all together, and make therof a drinke, and let it be giuen to the woman with childe, in such manner as is before said. Benedictus victorius fauentinus, in his Book called Emperica.

47

This following will stop the bloody flure. Take Yarrow and Planten, of either a like much, stamp them wel together, and put therto red Wine, and strein it well, and drinke a good draught therof first and last, three or foure daies together: and certainly it will stay it. It is an easie and precious thing.

48

If you will proue whether a Woman be with Childe or no, let her make water in a Copper or Brasell vessell, and let a Needle lye therein a whole night, that is bright and cleane, and if she be with childe, the Needle will haue red spots on it. If not, then it wil be blackish or rusty. It is proued as Mizaldus was enformed.

49

If a Crowe chaunce to eate of the rest of the flesh whereof a Woolfe hath eaten before: the same Crowe will dye some after. Aelianus and Philes.

50

Neither falling sickenes, neither deuill, will infect or hurt one in that place wheras a Bay tree is. The Romaines calles it the Planet of the good Angell. &c. Mizaldus.

51

Writing Inke tempered with water, wine or vinegar, wherin Wormwood hath bẽn steeped. Mise will not eate the Papers

or

or Letters written with that Inke. And also clothes wherein Woormwood is layde or wrapt, is safe from moths: and if there be any there, it will driue them away. Dioscorides

52

The power of Mars is to bee abhorde in all thinges, both in the beginning, and when the thing is doone. Haly Abenragell. Therefore you were best to take heede, that you take no notable thing, or great matter in hand, or begin any long iourneye in the howre of Mars, if you can by any meanes know when it is. But whosoeuer puts their whole trust in God, and guides their life by the rule of his holye word: (be hee neuer so simple and vnlearned:) he will so guide them, and so instruct them, that they shall auoide all such daungers, and perillous times. And contrarye, the wicked learned, (yea though they knowe the times) shall not haue power to auoide them. As I haue seene in many: which afterward they did well consider, though too late. And as I haue sayd of Mars: so I say of Saturne. For there is neuer a good of them both. Yet doo I not thinke, that Saturne or Mars shewes such harme to them, in whose Natiuities they are Significrs, or beares rule in the Ascendent: but cheefelye to such in whose Natiuitye they are Lordes of the ry. vy. v. or vij. house, But surelye I haue markt it long, and yet I neuer sawe any notably thing begin in the power of Mars or Saturne: that came to a good ende. Which they shall well finde, that begins to set forward towards the Sea, in Saturnes howre. I speake by tryall as well as Haly doth: which I should not haue considered so much but by his counsaile and proofe.

53

Oxen, Kine, Bullockes, or Horses, shall not be troubled with any disease: if you hang a Harts horne vpon them. Absyrtus.

54

If you ioyne a Lyons Skin, to the Skin of a Woolfe of any other beast, it will make them without haire, or cause their haire to fall or consume away. Mizaldus.

55

Colewoortes, and Rewe (called hearbe Grace,) are so contrary in nature the one to the other: that they ought not to bee sowne nye together. Fracastorius.

56

If any Sheepe, or else hairy Beastes, or els Man or Woman be full of woormes in any wound or sore: take of the wooll of the same Sheepe, or haire of that Beaste, or some of the haire of the Man or Woman, and hide the same before the rysing of the Sunne vnder the barke of a Tree, called Trembla, (which is a kinde of blacke Popler tree.) Doo thus certaine dayes, and thou shalt see the woormes fall out of the wound or sore miraculously: or else they will dye or leaue that place. There bee that ascribes the same to the Birche tree, and also to the rote of wilde Succory hanged at the necke in manner of a Crosse. Which Mizaldus saw obserued in a Dog, one of whose eares was almost eaten of with woormes.

57

It is proued oftentimes by experiment, that many being born in the Coniunction of the Sunne and Moone, doo dye in the opposition: (that is in the full of the Moone:) and they that be born in the full of the Moono, are dead in the coniunction, (that is in the newe Moone.) Taysnier.

58

Put two or three of the seedes of Occulus Christi, into your eye and within a while after you shall not feele them. Whereby you will thinke they are not there. But at the last they will drop or fall out of themselues: compassed about with slymy matter, which hinders the sight. Which if you vse, they will cleanse and cleare your eyes marueilously. This I know to be very true.

59

If one doth buy Wartes of them that haue them, & giue them a pinne therefore: if the partye that hath the Wartes, pricke the same pin vpon some garment that he weares dayly, or commonly, the Wart or Warts without doubt will diminish and weare away priuily, and be cleane gone in short time. This was tolde me for an often tryed and proued thing: yea, and by such a one as had seene the experience thereof. Also Wartes rubbed with a peece of rawe Beefe, and the same Beefe beeing buried within the ground: the Wartes will weare and consume, as the Beefe doth rotte in the ground. Proued.

60

Salt Armoniack stampte, and mixt with Water, doth make white

white Letters, nothing differing from the cullour of Paper, but if you holde the same Paper to the fire, the Letters will ware black. Mizaldus.

61

A thing to be maruelled at, and worthy to bee remembred doth followe, declared by Iouianus Pontanus. A certaine Caietane Woman, (saith he) was married to a Fisher, whom he dyd vse as his Wife, according to the order of Mariage, manye yeeres (as Anthonins Panthormita, being a freende of the same Fisher, was woont to tell to the saide Iouianus Pontanus, when he was young:) which woman after she had been married fourteene yeeres, did become to be a man, and suddenly there sprung out the members of man, in the naturall place of the Woman. Which being so ashamed of her condition, as one that thought she should be mockt or laught to scorne both of Men and women, became a Relious woman, and liued in a Monestary where hee knew her the rest of her life. And she was buried at Rome, in the Temple of Marie to Minerua. And an other woman called Aemilia, was married to one Anthony a Citizen of Ebula, and after she was married twelue yeeres, she was chaunged into a Man, and was conuersant with men, vsing then the artes and trades of men, in that Contry, and married a Wife. This writes he in the tenth booke De rebus celestibus, &c. Mizaldus.

62.

If the Lord of the Ascendent, be Combust in the Ascendent, or in the first house, it signifies short life to the childe then borne, Taysnier.

63

Take the inner rinde of an Oake tree, and seethe it well in faire water, and then bathe any sore old or newe therewith, halfe a dosen times together, twise euery day and at euery time when it is thus bathed, then annointe it with Butter and Brimstone mixt well together, and within nine or ten dayes, it wilbe whole, (God willing.) A true and tryed medicine.

64

This followving wil help the yallow Jaundies with speede. Take a Burre roote, the greater the better, scrape it cleane: then take a pot of new Ale, and put your roote therin, and the Ale wil boyle, and let it be therin one day and one night well stopped, the let the patient drinke a good draught, two or three times, and he

will be whole certainly. Proued.

65

The sick is much to be feared, if in the Ascendent, or in the eight house or with their Lordes, there be euill Starres or Planets. But if good Planets be there, it is safe enough. Iatromath. Guat. Ryff.

66

Aristotle and Auicen do affirme, that of the round and short Egge, the Cocke chicken doth come, of the long and sharpe Egge, the Hen chicken. Mizaldus.

67

If you put yellow Amber into hot melted waxe, (before wel skimmed:) it will be then as soft as clay, so that you may make thinges thereof, in what forme or fashion you will: it will be so tractable and soft, Mizaldus had this secret of a certaine cunning Lapidary.

68

There is nothing better to driue away Serpents, or snakes, then the smoke of olde Leather, or olde shooes burned, or els to bring them out of ones bodye, before crept into them by sleeping open mouthed. Wherof Marc. Gatinatica an excellent Phisition doth write, that the like did happen to a certain man in his time: to whome when many medicines were giuen in vaine, the saide man receiued the smoke of olde Leather at his mouth by a funnel so that it went into his body, and as sone as the venemous thing in his body felte the saide smoke: it came out at his fundament. Which was a marueilous great Vyper, to the great maruel and feare of all them that were present.

69

Seethe the inner rinde of the yong branches of a Hasell tree in small Ale, vntill halfe be consumed, and let them that haue the Strangury drink a good draught therof first and last for the space of eight or nine dayes together: and it will helpe them certainely, for it neuer failes. Therefore proue it and praise it.

70

In the first beginning of any sicknes, or at the time of a question for the state of the sick person, if the Moon be corrupt or afflicted of Saturne in the three first degrees of Scorpio, it betokens death, Iohannes Ganiuetus.

71

A notable medicine for the Siatica, dooth followe. Take Dre dung and Pigions dung of either one pound, and mix them well together, with one pottle of white wine, and let them boyle together vntil half the wine be consumed, then straine it through a linnen cloth: then put thereto halfe a pound of Honny & twelue yolkes of Egs, and halfe a pound of melted Ware: and mixe all together with as much Barley meale as will suffice for the making of it in a plaister, and put it hot to the painefull place. This was proued by King Henry the fift, as the writing did witnesse, out of the which I had this, Besides it hath beene since proued.

72

Let the Phisition take heede of his first visiting of the sicke in the hower of Saturne and Mars, if hee come to him in the hower of Saturne: either the sicke will dye, or els the Phisitiou shal haue great laboure, doubtes, and slacknesse in the curing of him. Neither shall he helpe him, excepte it bee euen to desperation, or out of all hope. And if he be sent for, or goe to him first in the hower of Mars, there will be chidingss and brawlings, betwixt him and the sicke party and small gaine. The howres of Iupiter and Venus are much praised. The howres of the other Planets are in different. Iatromathematica. Guat Ryff.

73

A greene Lizard hath a great delight to behold a man in the face, for hee will louingly fawne vpon him as a Dogge, with the mouing of his tayle. And as much as in him lyes, will defende him from a Serpent that lyes lurking in the hearbs to hurt him. Lemnius.

74

The iuice or water strayned out of Radishe rootes before stamped) mixt with white wine, and the powder of Turpentine burned, or dryed in the Sun, and so receiued: is an excellent medicine to breake and driue forth the stone. And it is giuen with happy successe. A thing proued, much better then golde. Mizaldus.

76

If the Lord of the Ascendent, be found in the ninth house, he y is then borne, shall of his owne will, goe farre and long iournyes. And if there be a good Planet in the same ninth house with him, or els doth beholde him with a happy Aspecte: then it shall

happen well to him in his iournyes. If an euill Planet: then contrary. Tayſnier.

76

Lay a thinne peece of raw Beefe to the foreheade of them y haue loſt their voice, and let it lye thereto al night vnremoued, and it wil helpe them preſently, or at leaſt within three or foure ſeuerall applications.

77

Take the bones of Beaſts which be found in the feelds, and cheefly of Horſes (becauſe they be beſt therfore) and let them bee well waſhed: after let them be dryed at the Sun, then put them into a a great Cawdron with water and let them ſeethe long, and gather the fat that ſwims aboue, wherwith annoint the gowte or Palſey, of whatſoeuer cauſe they come, and it will be helped.

78

Seethe Iuye, Hugwoorte, Walwoort, and the inner rinde of Elderne, in water with much Salte, and bathe therwith any Sciatica, twiſe or thriſe a day for eight or nine dayes together: and the party greeued will be made whole. This I had out of an olde written Booke, wherin was many excellent things.

79

If you ſprinckle the powder of Saffron round about y weak vppon the Oyle in a faire greene and bright Lampe of Glaſſe, and let the ſame burne, (ſo that there be none other light in the ſame Chamber:) it will beautifie all thinges in the ſame place, with a faire Yellowe colour. You may proue it by other colours likewiſe.

80

The dung of a Woolfe, beeing hidden in a Stable or houſe, where Cattell bee, eſpecially Sheepe: it will not onlye make them leaue from eating of their meat: but alſo it will cauſe them to ſtirre vp and downe, and to bleat, or to make a noiſe, and alſo to quake and tremble, as though their deuouring enemye the Woolfe were there preſent. Neither will they ceaſe from dooing thus, vntill they feele or perceiue, that the ſaide dung is taken away. Mizaldus.

81

There is nothing better to drawe forth Thornes, pricks or any other thing whatſoeuer, in any parte of the bodye whereſoeuer it be, then blacke Sope applyed to the place: letting the ſame lye thereto twelue howres without remouing the ſame.

A

82

A Certaine noble Patrone in the partes of Spaine, had a strong Imagination of a great Ethiopian, painted in her chamber, with other, in the time of the act of generation. Which Lady afterwarde was deliuered of a Boye, like to the great Ethiopian painted, before named. Which childe being borne, euery one beleeued, that she had layne with some one of the slaues of the Saracins. For that the Childe was like none of his Parentes. Whereupon the ministers of Iustice, with consent of her Husbande, and other, did decree, that she should be burned after the moneth ende. But before the ministration of this Iustice or execution, certain wise men were called, whereof one desired, that he might see the place where the Childe was begot: which when hee had seene, hee considered, that that generation, was by the strength of the imaginatiue vertue. And then he saide that that great Ethiopian was the Father of the child. Bringing forth for the confirmation thereof, that place of the Bible, where Iacob put speckled Rods before the Sheepe: by which imagination the Ewes brought forth speckled Lambes, which when hee had spoken, the Lady was deliuered from burning. Wherefore as I haue written in other places of this Booke, men ought not rashly to mislike their wiues, (hauing noue other occasion,) because their Children are vnlike to their Parentes. For as you see heere and in Iacobs Lambes, Imagination is of marueilous force in the time of generation. Which dooth not onely woorke in men but in Beastes. Ganuetus, writes this History, who as it should seeme, hath it out of Lyra.

83

The flowres of Marigoldes, as also of Succory, and of certaine other hearbes, do begin to open at the rising of the Sunne, at none they are fully and wholy opened, but they are closed, or are shut, when the Sunne doth set. Therefore some calles it, and such other, Sponsus Solis, the Spowse of the Sunne. Because they sleepe, and are awakened with him. &c. Mizaldus. And the dayly triall thereof affirms it.

84

If Asses do eate much of Hemlockes, they will be cast therby into a dead and deepe sleepe, that they will seeme to bee dead.

Which

which hath deceiued the Country men being ignorant thereof: for as they haue beene fleying of their skins, (thinking that they were dead) the silly Asses haue stirred and wakened out of their sleepe: to the great terrour of them that did flea thē, or cut of their skinnes, and to the great laughing of them that did behold them. As Andreas Matthiolus, (that learned Phisition,) hath written in his commentarie vpon Diascorides.

85

Put the ashes of a burnt Snaile, vpon the Spot in the eye: and within three dayes it will take it away. Barth.

86

If one comes to aske or enquire the Astrologian, for any thing in the howre of an euill Planet: that is of Saturne or Mars it is a suspition rather to euill then to good. And chefflye, if that euill Planet be any where impedite, Retrograde, or Combust, or in his fall, or Cadent from an Angle. And this is to bee vnderstanded likewise of the comming of any on the behalf of any that is sicke, or bringing the vrine of the sick, or of any that doth aske counsaile, or enquire of the estate of the sicke, (though the vrine be not seene,) it is a suspition of euill for the sick: though it be not a full testimony thereof. Ganiuetus.

87

If a Woman, that is too much weakened with her monthly course, doth cast the same, or let the same rune into a hole, made in the ground, with a three squared stake, (the same stake immediatly after being put or driuen into the same hole, and so remaine therein vnremoued:) her sayde flure will staye or cease, beeing thought before to be vncurable. An honest woman reuealed this strange secrete to me. Which proued the same to be true: and she learned it of a poore Woman, that required almes of her at her doore.

88

In the Lake called Larius, (which now is called Comensis,) certaine Fishers in the winter, did drawe with their Nettes to the drye land, a great sorte of Seamewes, seeming to be dead, which were ioyned together with their bils or nebs in one an others tayle or fundament: and being warmed with their guttes, were found aliue. Garuas. Tibellesius.

The

89

The leaues of Docks doe loose the belly, and makes one laxatiue: but the seedes being taken, do binde and are restrictiue.

90

If Wine haue taken any tarteneſſe, or sowernes: take a pot filled with good water, and let it be well couered, then set the same pot with water in the vessell with Wine: so that the pot stand vnder, or within the Wine,) and at the three dayes end, if the Wine haue gotten his former strength, the water will smel, and then the wine will like thee. Tarentinus.

91

A peece of rawe Beefe, (not too thicke, nor too thin,) being layd or steepen all the night before in good Aqua Composita, and applyed to the temples of the forehead, without removing all the night: (and thus doing three or foure nights,) doth helpe the watering and paines of the eyes, and all distillations & rumes, that comes from the head or braine. One told me this which had often proued it to be most true, as a great secret.

92

When Mercury is in the tenth house not impedite, the childe then borne, wilbe mighty, wise, and a great Philosopher, Celiennarent.

93

Annoint young Swallowes with Saffron, and soone after the olde Swallowes will bring a Stone vnto them: wherewith the Dropsie will be cured. This I had out of a booke of secrets.

93

An Egge laid on a Thursday and emptied and filled with Salt, and so set it in the fire, remaining there vntill it may be made in powder, and then cankred teethe rubbed with the powder therof, it both killes the Cankar, and the wormes that eates the teeth, and destroies them. Proued for trueth.

95

This following will destroy Ringworms, Tetters & Scales in the handes. Take white Coporice, the quantitye of two Beanes, and put it into a pinte of cleare water, till it be resolued or melted: and with that water washe the place or handes, till they be whole. Proued

96

Stamp Parsly in white Wine, then straine it well, & drink a good

good draught thereof, and it will cause thée to make water, and breake the Stone, vse it fiue or sixe times. This hath beene wel proued. 97

The wise and learned men in olde time, did thinke, that a Toade put into a newe earthen pot, and set within the grounde, and so couered with earth in the midst of a field, will driue away Crowes or Birds, from Corne that is sowed there. But about Haruest time they will that it be digged vp, and to be cast foorth of the limmits of the fieldes, least the Corne bee bitter thereby. Plinie. 98

A little peece of the Nauell string of a Childe, that is newelye borne, enclosed in a Ringe, and so borne that it may touch the flesh or bare skinne: is a most sure helpe and remedye, against the great paines and tormentes of the Collicke, Mizaldus.

99

They whose haire of the eye browes do touche or meete together, of all other are the worst. They do shew that he or she is a wicked person, and an entiser of seruaunts, and giuen to vnlawfull and noughtye Artes: which Iohannes Indagnies saith: he hath obserued in olde women being Witches, which were led to be burned, whose eye browes were such. As Thaddeus Hageccius hath also noted. 100

Saturne in the ninth house, doth signifie feares in iourneyes, but more in the Sea chéefly, in a watry signe: and in Cancer the house of the Mone. Taysnier

The end of the sixt booke.

The seauenth Booke of Notable thinges.

1

THe water wherin the leaues of Planten, ỹ growes close to the ground, and nære the roote, is sod, being drunk twise euery day, morning and euening, first and last, halfe a pint at a time, for the space of foure or fiue dayes, helpes perfectly all griefes and diseases of the bladder. A true medicine, and often proued.

A

good draught thereof, and it will cauſe thée to make water, and breake the Stone, vſe it fiue or ſixe times. This hath beene wel proued.

97

The wiſe and learned men in olde time, did thinke, that a Toade put into a newe earthen pot, and ſet within the grounde, and ſo couered with earth in the midſt of a field, will driue away Crowes or Birds, from Corne that is ſowed there. But about Harueſt time they will that it be digged vp, and to be caſt foorth of the limmits of the fieldes, leaſt the Corne bee bitter thereby. Plinie.

98

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or bare ſkinne: is a mo
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ther, of all other are the
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The e

The ſeauen

1

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heale and helpe the same partye thereof, without saying of any woꝛdes. They that tolde it to mee did see it pꝛooued: a thing no doubt very strange, and almost incredible. Some thinkes that this will not pꝛeuaile, but at the first falling of the party.

22

The tung of a Dog laid vnder the great Toe within the shoe dooth cease the barking of Dogs at the partye that so weres the same. Mizaldus.

23

The skin of an Asse beeing tande, and Shoes made of that part of the Hide, wheron the burthens did lye that the Asse caried: they will neuer teare noꝛ be wooꝛne. No although you goe continually among stones and thoꝛnes, and with the oldenes thereof, they will waxe so harde, that one cannot suffer to weare them: as Cardanus hath wꝛitten.

24

To stop the bleeding of the Nose: take nine oꝛ ten freshe new Lékes, and put a thꝛéde thoꝛowe the mids of them, but cut of the toppes of the Leaues, then hang them about the parties necke that bleedes, so that the leaues be vpward to the Nose, and the heads of them downewarde. It is good also to smell to Camphere dissolued in vinegar, and also to put the roote of Piony vnder the tung. Iaco. Holle.

25

If you take of mouth glue and Allome, equall partes, mixing them together, and then poure vinegar to them, what thing soeuer you shall cast into the fire, being rubbed, oꝛ all ouer annointed therewith: it will not be burned. Mizaldus.

26

Mars in the Ninth House, doth thꝛeaten in long iourneyes, cheefely on the land, feare and euil hap oꝛ successe: but not in Capricorne, seeing it is his exhaltation. Taysnier.

27

It is credibly wꝛoꝛted, that whosoeuer is sicke, and at the point of death, though they be marueilous old, lying oꝛ being in a certain place in Ireland: the same party cannot dye vntill hee oꝛ she shall be remoued out of this place. And many that haue been there, beeing verye old and weary of their liues, haue earnestly desired to be remoued from thence: who as soone as they haue beene out of the same place, haue dyed pꝛesently. A verye strange thing, if it be true.

Stampe

28

Stampe Rew with oyle of Roses and lay the same something thicke vpon the crowne of the head, of one that is sicke, the same being first shauen, and if the same party do neese within six howers after, he will escape that sicknes. If not, he will dye therof.

29

To make a green that it will not vade away. Take the flowers of Flowredeluse, stampe them and strein them, then put the iuice thereof into gum water, and dry it in the Sunne,

30

To make Letters of Golde: Take gum of Almonds & temper it with Vermilion finely ground, let the gum be dissolued in in the white of an Egge, then write therwith, and it will be like Gold. Proued.

31

If you will knowe in what yere Wheate will be deare or cheape, and what time of the yeere, and what moneth the same will chaunce: Elect or chuse twelue faire Cornes of Wheate, in the Kalends of January, which is the first day of Januarye, then sweepe the fire hearth cleane, and make a fire: then take a yong wench, or boy of the house, or els one that dwels nye you, and bid the same boy or wench lay one of the same cornes on the same Harth being hot and made cleane: and when that is done marke diligently, whether the sayde Corne abide still in the place, or leape: If it be still, then saye that the price will continue: If it leape a little, the price will abate a little: If it leape much, then perswade thy selfe, that it will ware very cheape: if it leape towards the fire, it wil be dearer in the first month, and so more or lesse, for the greater or lesser accesse of the same to the fire. Do so with the second Corne, & it will presage for the second month, that is for Februarye: And so you may iudge of all the rest. That is, the thirde Corne for March: the fourth for Aprill and so of the other. Mizaldus hath heard that it hath been proued of many.

32

The Lyon is more fierce against Men, then women: for Nature hath taught him that women are to bee more mildely vsed then Men: as Plinie affirmes. And Aristotle saith, that it is more wicked to kill a woman then a man, &c. And the Poet saith: Quod fœminea in pena nullum est memorabile nomen, Which is

true

true. A man also can get no praise nor honestye by beating of a woman. Which let butcherly beaters and cruell tormentors of their wiues marke well and consider. Mizaldus.

33

A spoonefull or more of the powder of Nettle seed, drunke in good wine, doth aswage all paine of the Matrix, and takes away the windines therof, or the greefe of the Mother. Pet. Hisp.

34

By this meanes following, you may put an Egge into a narrow mouthed glasse. Lay an Egge in strong Vinegar, till it be tender: then fill the glasse almost full with water, then put the windie Egge into the Glasse: and anon it will be hard. Proued.

35

To roast a dish of Butter. Take fine grated white bread, and mix the same well with Sugar, then put a lumpe of butter vpon a Spit, and turne the Spit at the fire, & still cast the grated breade and the Sugar vpon the butter, and it will be a fine & trim dish of meat. Proued.

36

If a certain worme with many feet, which wil become round like a pease if thee be touched, of some called a Swine louse, be prickt with a Needle, and then any aking tooth touched with the same nedle: the pain therof wil cease immediatly. This I got out of an old booke.

37

They are possest with diuels, that haue not in their Natiuities Mercurie, with the Mone in some aspecte, if neither of them beholde the Ascendent. Which is the more certain, if Saturne be there in the Natiuity of the day, and if Mars be there in ỳ nightly Natiuity: And if either of them be in an Angle, such is the Natiuity of Diuels. Alpohazen. And they are or will be madde, that haue Mercury and the Mon in this sorte, except that Saturn contrary must be in an Angle in the Natiuity of the night, and Mars in an angle in a Natiuity of the day. Iatromath.

38

There is a certaine Well at Gratianapolis, which although it hath not hotte or warme water therein: yet oftentimes there comes out of the same together with ỳ water flames of fier. Two contrary Elements at one time, out of one place flowing out together. Mizaldus writes this of the report of the Inhabitants of

that place. 39

If you stamp Hollocks with the whites of Egs, and therwith annoint your handes, and throw then vpon the same the powder of Allome, you may handle fire without any harme. Alber. Praise it as it proues. 40

Drinke no medicine in the howre of Saturne, neither enter or begin then any iourney on the Sea. Haly Abenragel.

41

White Wine, wherin Lapis Calaminaris is seauen times quenched, first made very hot in the fire, dooth marueilously stop the running of the eyes, and cleareth the sight: if you put a fewe drops therof into them, and vse to wash them therewith. This is a tryed thing. 42

If you would allure or bring Pigions to a Doue house. Take a fat Dog and flea him, and fill his bellye full of the Seedes of Cummin, then roste him drye, wash also the Pigion holes in the Doue cote with water wherewith Commin is sodde: but firste cleanse the saide hoales from all filthinesse, then laye the roasted Dog vpon a broade stone in the Doouehouse, and hang a great Glasse in the toppe of the Liuor, and three or fowre little loking Glasses within the Doouehouse, by some of the hoales. Also take good clay and mingle it with bay Salt and Cummin, and make thereof a great lumpe like a Sugar Loafe, then put it into an Ouen and make it harde, and set it by the dead Dogge. Beware of Owles, Buzzardes, and Starlings, see the house be close that no vermine come therein, as Polecats, Weesels, or Ferrits, and you shal haue Pigions enowe. Also make a shrape by the Douehouse, strawe Chaffe there, then laye therein a good quantitye of Barly but it must first be layde to steepe in Honnye three daies, and then cast it among the Chaffe, and then a great sorte of Pigions will resorte to that Doouehouse.

43

Linseede put into the rootes of Radish, and by and by put into fatte or dunged earth: it will bring foorth an hearbe like Dragons, whose taste will seeme like Vinegar and Salte: therefore it is marueilously desired in Sawces, for hauing this, you need neither vineger nor salte: as one that is cheefe of the kings Gardens tolde me, saith Mizaldus.

Feres

44

Foxes being sod, or cut in peeces, and then giuen to Hens or Geese amongst their meate, it makes them safe from being hurt of any Foxes after, for the space of two months. Mizaldus,

45

The seedes of Docks, tyed to the left arme of a woman, doth helpe barrennesse, or sterilitie, Africanus.

46

The Moone and the Ascendent, are generally Significrs of the whole Ship, and of the state thereof: and the Lorde of the Ascendent is the Significr of them that sayles in the same: wherof if all they be infortunate, the Ship is broken, and they that sayled in her are drownde, vnlesse some one of them be receiued, that is of the saide Significrs, and then the Impediment will chaunce in the drowning, and some climers of the Ship, will escape: but if all they be Fortunate, all shall escape and be saued, that is both Ship and men, chiefly: if there be any reception. Furthermore: if the Ascendent and the Moone be both fortunate, and the Lord of the Ascendent infortunate, the Shippe is safe, and the Sailers in her are destroyed: but if the Ascendent and the Moone be Infortunate, and Lord of the Ascendent fortunate, the Ship is ouerwhelmed, or lost, and the Saylers in her are safe. Haly Abe.

47

Goates dung mingled with Vineger and Bran, and applied as a plaister to a sore brest, looseth wonderfully all swellinges of the brest. It hath beene proued.

48

Betonye stampt and applyed to any wound of the head, doth not only draw out the broken bones, but also doth heale the same with speed.

49

A speciall medicine to strengthen the backe. Take a quart of white wine, and the pith that runneth in an Ore backe, and halfe a quarter of a pound of Dates, and of Marigolds, Planten Betony, Parsly rotes and Fennell rootes, of all two handfulles: boyle all these together, vntil the wine be halfe wasted away: and then strain them through a cloth, and drinke nine or ten spoonfuls therof euery morning & euening for the space of nine or ten daies: and it will strengthen the backe marueilously.

50

Fiue leaued graſſe ſod in water, which if it be drunk and gulpt vp and down into the throat: is an excellent help for ſore throats.

51

They are diuilish or poſſeſt with Diuels, in whoſe Natiuities Saturne is Lord of the place of the Moone, and the Moone then vnder the beames of the Sunne: or if Mars be Lord of the place of the Moon oppoſite to the Sun, eſpecially in Sagitary. Haly Abenragell.

52

To keepe Beaſts ſafe that the blinde Mouſe called a Shrow, do not bite them. Encloſe the ſame Mouſe quick in Chalke, which when it is hard, hang the ſame about the necke of the beaſte that you would keep ſafe from ſuch byting. And it is moſt certain that he ſhall not be toucht nor bitten: as it is aforeſaid. Vegetius.

53

I heare (ſayth Mizaldus) that it is obſerued and proued, that a Cow, an Ewe, a ſhe Aſſe, a Bitch, a ſhe Cat and ſuch other domeſticall and tame Beaſts of ỹ Female kind, wil caſt their Calf, Lamb, Colte or that they goe withal, if the Male: by whom they conceiued, be killed while they went with the ſame. Such a strõg and vehement concord or agrément of nature is betweene or among them.

54

If the ninth houſe begin in a fixed ſigne, or if Saturn be found in the ſame (except it be Aries) they that be then borne, ſhall for the moſt part ſee true Dreames, but if in a moueable ſigne, his Dreames will be without effect. &c. Taiſnier.

55

A notable oyntment for the head ache, comming of any cauſe, where with you muſt annoint the pulſes of the temples & all the forehead. Take of the iuice of freſh Camomil fower ounces, of the iuce of freſh Roſes two ounces, of the iuces of freſh Rew and Betony, of either one ounce and a halfe, of the iuce of the rots of holiock two ounces, of oyle Roſate Omphacine, one pound and half of the beſt & pureſt Alabaſter, three ounces, powder of Alabaſter finely then put it into the oyle, and let it ly therin a day & a night, then mix them altogether, and with ſufficient white ware: make it into an oyntment, which oyntment, is good for any paine of the head, proceeding of any matter or cauſe. And it may be vſed at any

ny time of the fit or paine except the beginning Emperica Benedicti victorij fauenti. 56

An excellent distilled water for hearing: followeth. Take of the iuce of Betony, of the iuce of Onions, of either of them fiue ounces, of the leaues of Rosemary stãped one handfull, of the oyle of bitter Almonds three ounces, and one white Eele grosse chopt and cut in small peeces: mix them altogether and distill them, and the liquor which cõmeth therof: keep in a glasse, drop two or three drops therof into your eare fower or fiue nights together: and it wil help the deafenes. 57

It is much to be marueiled at, that the little bird called a Wren being fastned to a little sticke of Hasell newlye gathered: dooth turne about and roste himselfe. Cardanus and Mizaldus.

58

Thou maist make faire pictures, Vesselles and many other fine things with small cost and expences as followeth. Seethe the bark of the Elm tree and the tops of the Poplar tree, and whiles they are very hot, put thereto most pure and fine Lime, vntill all the same be like Cruds of milke. Afterwards put thereto the whitest Marble that is, well and finely beaten into powder, & serced: and then cast the same in what forme you will: then drye them in the shadowe. Hieronimus Gardanus.

59

Hermes doth say, that an euill Planet in Cancer: doth threten short life and continuall sicknes to the mother of the Childe then borne. 60

Brimstone stampt with wine and plaistred ouer the Dugs or Paps of Women: breakes the hardnes of them. Isac. 61

Water Mints stamped and layde to the midst of the browe, and to the nape of the neck of one that is mad: will much helpe and relœue him. But first tickle him on the browe, and it will dispose him to sleepe: and then apply it to him as is before sayde. But if he be farre gone, ỹ it will not help him, then take a Tench and cleaue it in the midst, and so warme, lay the one part to hys brow, and the other to the nape of his necke: and without doubt it will help him, if euer he shall haue helpe. This I tooke out of an excellent written Booke.

62

For burning with fire. Take Oyle Oliffe, and put it into colde water, and stir it well together, till it be well mixed: then annoint the burned place therewith, and lay a Wort leafe vpon it, and it will helpe it spedily. Proued.

63

Stampe Hallowes and Garlicke togethes, and mingle it wel with white Wine, then streine it wel, & drinke a good draught thereof nine times, and it will make thee make water, of what occasion soeuer the same is stopt. This is affirmed for trueth.

64

If you will bring forth or hatche Egges without a Hen, couer your Egges in hot Horse dung, (so that the bigger parte of the Egge be vpward) but euery fifth or first day, shift them with new Horse dong, with a temperate heate as the heate of a Hen. But remember that the egges must be turned, and about the time of the hatching or when they should come forth of the shell, put them vnder a Hen. Mizaldus. 65

Although the fruit of a Medler Tree by nature be restrictiue or binding, neuertheleſſe the powder of him doth vehemently breake the stones in the reynes, and driues them forth. Which Anthonius Musa an excellent Phisition doth witnesse, that he hath proued with most happy successe on himselfe. Mizaldus.

66

The bloud of an Hare dryed and made in powder, and thrown vpon flesh newly rosted or sodden, makes the same flesh seeme to be bloudy and corrupt. So that they that be present, and sees the same, vnlesse such as know the secret thereof, will loath to eate therof. Mizaldus. 67

The ancient Wise men haue saide, that he that is taken prisoner in the bower of the Sunne: shall escape within the space of one moneth: and in the bower of Venus, he shall escape at the ende of forty dayes: and in the bower of Mercurye, he shall haue long imprisonment, and he that is taken prisoner in the bower of the Mone, his businesse and state shalbe chaunged, according to the applications which the Mone hath with Fortunate and Infortunate planets: wherby the easinesse and slowneſse of his deliuering shall be esteemed. Also, he that is taken prisoner in the bower

bower of Saturne, he shal endure long imprisonment: and he that is taken prisoner in the bower of Iupiter, he shall bee deliuered quickly. And they that be taken prisoner in the bower of Mars, many sorrowes and troubles shal happen to them during their imprisonment. For he shall be put in fetters, and shal be beaten, and he shal suffer great sorrowes and labours. Haly Abenragell.

68

This medicine following, will surely heale a scald head. Take oyle Oliue, and put it into a dish with faire water, and beate or stirre them well together, as you would make Butter: then take it vp, and put it into a vessell, and put powder of brimstone and May Butter therto, and make an oyntment thereof: wherwith annoint the sore head, and doubtlesse it will heale it.

69

Woodbinde leaues stampt, and laid vpon warts, (vsing the same halfe a dosen times,) wil quite destroy them.

70

Frauncis Marques of Mantua, did so instruct or teach a Dog, that he vsed him as a very good seruant, in calling of suche of the Court as he would. Blondus.

71

Abenzeor an excellent phisition among the Arabians: declares that once there was such a famine in his Countrye: that the people was driuen to plucke out the dead bodies out of their graues, and did suck the marrowe of their bones. A thing horrible to be heard, but more horrible to be done: from which nad or hunger, I beseech God keepe vs.

72

If the seedes that are found in the round knobbes, of the lesser Burre leafe, be made in very fine powder, and so giuen with a little good and pure White Wine: it purgeth the sande marueilous effectually from the reynes, but more speedily: if it be drunk with Aqua vitæ. Mizaldus had this of one that proued it.

73

If you seethe Mugwort in water, and plaister it hot vpon the Nauell and thighes of a woman labouring with childe, it causeth both Childe birth and the after burthen also: but if it tarry long there, it will cause the Matrix to followe. Rogerius.

For

74

For scalding and burning that it be not seene. Take sheepes suet, & sheepes dung, and the inner rinde of Elderne, and boyle them altogether, then straine thē through a course canuas cloth, and so kéep it in some cleane vessell, which when you doe vse, you must melt in a Saucer, or some other thing, & lay it on the burned place with a feather. Proued.

75

To draw out a tooth, fill an earthen pot with Emets or Ants and their egs, and set the same pot in hot embers so long, vntil all be burned into ashes: and when any doth ake, which you would draw forth without paine, then take of the same powder, and touch the tooth therewith, and it will fall out.

76

Annoint the freckled face with the bloode of a Hare or of a Bull, and it will driue them away, and make the skinne faire. Proued.

77

This following will helpe the hardnes of the side, called the Elfecake. Take the rote of Gladen, and make pouder thereof, and giue the diseased party halfe a spooneful thereof to drinke in white Wine, and let him eate thereof so much in his pottage at one time, and it will help him within a while. This was tolde me for a very trueth.

78

Mugwoort steeped in Rosewater, doth helpe trembling or shaking hands, if they be washt therewith. Mizaldus.

79

You shall knowe whether the Toadstone called Crapandina, be the right & perfect stone or not. Hold the stone before a Toade, so that he may see it, and if it be a right and true stone: the Toad will leap toward it, and maketh as though hee would snatch it from you, hee enuieth so much that a man should haue ỹ stone. This was credibly told Mizaldus for truth, by one of the French Kings Phisitions, which affirmed that he did see the triall therof.

80

Garlick beeing sowne when the Moone is vnder the earth, and plucht vp when the Moone is aboue the earth, it is said, that then his stinking smell wil be gone, Socion Grecus, and Palladius reporte, that Garlick will be made the sweeter, if in the planting thereof,

therof, you do set the stones of Olives round about it. Or else if you set the Garlike bruised.

81

Lay a Spunge upon any ache Golte, dipt in warme Wine of the decoction of Commin, and it will drawe out the hurtfull humors. It hath beene proued. Pet. Hisp.

82

Take the iuyce of Elder berries, and annoint warts therewith, and it will destroy them.

83

If you take the outward rinde of the Radish rot, and the hearb Mercurye, of either one ounce, of Saffron three graynes of Cassia Lignia, finelye powdred, one dram, the iuyce of Sauine, two drams, and then mixe them, and let them all be beaten together, and then tye the same in a fine Linnen cloth, that is thinne, and then ioyne it to the neck of the Matrix of a woman that is in her trauell, and in the bower of the birth: (which els should bring forth her Childe with difficultie,) by and by she will be brought to bed. It is a secret. Benedictus victorius Fauent.

84

He in whose Natiuity Venus is coniunct, or ioyned with Mercury, and they both being vnder the beames of the Sun, shall bee gelded. Iatromath. Guat. Ryff.

85

If you plucke out one of the eyes of a blacke Dogge, whiles he is liuing, and will cary it with you, it wil make that no Dogs shall barke at you: yea, though you walke among them. But it will be more sure, if you put thereto a little of the harte of a Wolfe. Sextus Platonicus and Albertus.

86

The iuyce of Knotgrasse, drunke with the powder of seauen Pepper cornes, before the fit, dooth quite put away the quarten Ague. But it is saide, that the hearbe must bee gathered vpon a Thursdaye, and the iuyce then likewise thereof must bee gotten and strayned (the Mone decreasing, which is betweene the full Mone and the change.) Mizaldus had this out of an olde booke of secrets, written with the hand of one called Ianus, or Faunus.

87

A bathe wherein Emets, or Antes and their Egges, (being stampt) haue been sodden, doth quickly heale an olde, and almost incurable ioynt sickneſſe. Proued.

88

If they that haue the Falling sickneſſe, do vſe to receiue twice or thrice in the weeke, at their going to bed, one of theſe little pilles following: without doubt they will be whole therof howſoeuer it comes. Take of the beſt Caſtorium, Aſſafetida, of either halfe a dram, of the rot of Piony finely powdred one dram, Aromaticum Roſatum, two drams. mixe them together with the ſirrup of Mints, and make therof ſeauen pilles, (you may haue all this at the Apothecaries.) This is a proued ſecret. Emperica benedicti.

89

An excellent oyntment for the gowte. Take three pounde of Wallwoort, and ſtampe it well, then melt one pounde of May Butter, and put thereto: and let them ſtand ſo nine dayes together, then boyle the ſame halfe an howre on the fire, then ſtreyn it through Canuas, and ſo annoynte the payned place therwith. It is a notable and proued thing, not much vnlike to one in this booke, to that effect, deſcribed by Mizaldus.

90

This medicine following, will deſtroy the itch in any parte of the body. Take of Oyle Debay, one ounce, and one ounce of Quickſilner, firſt killed with faſting ſpettle, which muſt be a killing therein with ſturring of them together, halfe an howre: Then therewith annoynte the Palmes of your handes, and the ſoales of the feete, and within three or foure times ſo doing it wil kill the itch.

91

If you will make a Candle that wil not be put out: Fill a cane with the powder of Brimſtone, and with a Linnen cloth broken in very little peeces, then couer the ſame with ware, and ſo ſet it on fier: and then it will not be put out, neither with Beilowes nor winde.

92

Oyle wherin Frogges be ſodden, vntill the fleſh be gon from the bones, doth marueilouſly helpe all effects of the ſinewes and the ioynts, and alſo all partes of the body that is cold, or benumbde, If the places affected be annointed therewith, being firſt made

made warme. This is gotten out of the secretes of Ianus.

93

If you will bring into one place, or else kill all Wormes, and Beastes that are hurtful in a garden. Take the belly or paunch of a Wether newly killed, with al ỹ filth or dung that is in it, and bury the same in the place where they be, and couer it a little with earth: and then within two daies thou shalt see all the woormes and vermine gathered thether: if you do this twise or thrise, you shall make all the hurtfull wormes and thinges to gather together there. And then you may cast earth vpon them, or else kill them as you list. Mizaldus did vnderstand that this was proued.

94

An euill Planet in Leo, doth shewe or betoken shorte life, of the Father of that Childe then borne. Taisnier.

95

The iuice of Betony, put into the eare something hot or lew warme: will both put away paines and the deafenes of the eares, (if there be any,) and also other impediments of the same. I haue proued this diuers times, and found it excellent good, in this case.

96

This water following is both proued, and precious against Fistulaes: and also it so hardeneth yron, that you may cut an other pece of Yron therewith, as easily as if the same were Wood. Take of earth woormes, and drawe of them a water by distilation, and likewise drawe water of Radishe rotes, both which waters mixed together, then put therin an edged yron knife, made red hotte: the same thus heated and quenched for thre or foure times by an equall quantitye, vsed at eache time, and the knife tempered with the edge: then dip it red hot againe into the same water, and then after you may cut away Yron safely and easily therewith: and this water is also meruelous in Fistulaes.

97

It is said, that if horses be shod with that yron wherwith any hath bene before killed: it makes the same Horses very lively and quicke. And if of the same you make a Bitte or a Snaffle, that Horse that hath it in his mouth, wil be made tame & easie to be handled, yea: though he be neuer so wilde, stubborne, or giuen to biting. Rasis & Albertus.

98

If a Horse can not stale or pisse, or else doth the same hardly, or with much greefe or paine: beate his body all abouts, easilye, mildely, or gently, with the bowes of Elderne full of leaues: then after couer his head, neck, and all the body with the same leaues, and it will helpe him very much. Simoneta Cardinalis.

99

A Water wherby the Phisition doth maruelles, and is reputed as a Prophet. Take the filinges of Siluer, or Brasse, of Yron, of Leade, of Steele, of Golde, of Spume of Siluer and Golde, of Storax, according to the riches and pouertie of the patient: first of all let them be put into the vrine of a Boy that is a virgin, the second day in warme white Wine, the third day in the iuice of Fennell, the fourth day put them in the whites of Egges, the fifth day in womans milke, that giues suck to a boy, the sixte day in red wine, the seuenth day in seuen whites of Egs, and put that onely into a Styll at an easie fire, and that that shall distill keepe in a vessell of Golde or Siluer. Silence is to be kept of the praise of this water: because it may not be bought. For his vertue doth pallifie leprous persons: it heales and destroyes a pure lepzie, it wipes away, or takes away euery spot, it conserues youth, it makes the eye faire, I cease to speake of the secrets of this water: for because I feare, least they that haue it should be puft vp with pride. Trotula de passioni, Mulier.

100

This following is a proued thing, for the sounding of the eares or winde in the same. Take Almondes and the kernels of Peaches, and let them be cleane pilled in hot water, then stampe them, and get Dyle out of them, and put of the same Dyle with tents wet in the same into the sounding eares, or otherwise greued, which tents must be made of fine linnen Cloath, and do thus with newe Tents euerye daye once for the space of nine or tenne daies: and it will put away the sounding and other paines of the eares. This I learned of one that came out of Spaine. And I proued it to be very true.

The end of the seuenth booke.

The eyght booke of Notable things.

1

YOu shall make Vinegar by and by, and if you powre pure and good Wine halfe sodde, into a newe earthen vessell, then well couered and stopt: and so the same Pot set in hote scalding water.

2

A Wolfe first seeing a Man, doth lift vp his voice, and as a victor dooth despise him. But if he perceiue that the Man hath espied him firste, he layes away his fiercenes, and cannot runne. D. Ambrosius, Virgil, Plato, Sextus Platon. And other.

3

There is a deadly warre betwéen the Hawke and the Eagle, who, sometimes are so fast together in their fight: that they are both taken or catcht thereby. Plinius.

4

To take the Birdes that eates the Seedes that are sowne. Seethe Garlicke, that it may not growe againe: for it is sayde to profite maruelously, if it be throwne vnto them, for they that shall eate of it, will be taken with your hand. Mizaldus.

5

He that takes his iourny on the Sea, in the houre of Saturne, hee shall haue many waues, and diuerse windes, which will cast him to vnknowne places. Haly Abenragel.

6

If you giue one of these Pilles following every night going to bed, to him that hath the Palsey: it will help him, for it is proued. Take of hearbe Iue, Cowslops, Bettony, of the flowers of Sticados Arabici, of each one dram: let them be dryed in the shadowe, and make them in fine powder, then take good Turbith, one dram, of the best Agarick, two drams, Colloquintida halfe a dram, Ginger, Galgem, of either ten graynes, good and chosen Rewbarbe one dram and a halfe, Spikenard, seauen graines the powder of Hiera simplex galeni. halfe an ounce, Scamony prepared, one dram: let them all be made in fine powder, and with

the iuice of hearbe Iuye, make a masse of Pilles. The weight to be giuen at one time is, one Pill of one scruple. And marke, if he that hath the Palsey, take this ordinary Pyll, (not once euerye daye, but twise in the weeke at the least:) you shall see a sudden help in the Palsey. These Pilles may worthely bee called glorious Pilles in the Palsey. Emperica Benedicti victorij fauentini.

7

A certaine man finding or catching a Mouse, did hit his wife therewith on the left cheeke being with childe, who after was deliuered of a Wench: which wench had, and yet hath the mark of a Mowse on her left cheek. This was tolde by a credible woman who said moreouer that the name of this wenches Father was, Thomas Buckman, dwelling at that time in Norfolk in a certain Towne called Dysse. This affirmes my other writing herof.

8

You may turne white Wine into redde, without any hurte or detriment by and by: if the powder of Vonnye, (that is firste sod into a stony substaunce, and then dryed, and so made in pouder,) bee cast into white Wine, and mixing it well in the same with rowling it vp and downe together. The rots of any kinde of Dockes, either newe or dryed, put into the Wine: will performe the same with lesse businesse.

9

Garlick being stampte with Hogs or Barowes greace, and made something thick like an ointment: doth marueilously helpe them that haue the cough, and haue taken colde: if their soles of their feete and their back bone before the fire, be annointed therwith.

10

Whosoeuer hath any fixed Starre, of the first honor, or magnitude, in the degree of their horoscope, or in the degree of their Cuspe of the tenth house, or in the degree of the Sunne by daye, or in the degree of the Moone by night: he shal possesse greater riches and honors, then his Auncestors haue don of the Nature of that fixed starre. Indede this is true, if that fixed Starre bee of small Latitude: but if it be of a great Latitude, his strength will smally appeare in the Natiuity of the Childe. Tasnier.

11

This water following is excellent good to cleare a dim sight, if two

two or three drops therof be put into the eyes, at a time, using it certaine dayes together. Take of the water of Veruein, the water of Roses, and the water of Fennell, of each fower ounces, white strong Wine three ounces, Tuty preparate, and Sugar Candy, of either three drams, Alaos Hepatick, two drams, let all them be beaten in fine powder that are to bee powdered, and put them into Waters and Wine, mixing all together, and let them remaine and stand a whole day, then streine them easilye, and keepe the liquor in a faire glasse, and vse it as is before sayd. This is a precious thing for the sight and the eyes.

12

A marueilous medicine for woundes and sores. Take a handful of Arsmart, wet in faire water: then lay it in the wound or sore. After bury the same Arsemart in some moist ground: and the saide wound or sore, will afterward miraculouslye heale, as the same hearb doth rotte and consume. This I had of one that affirmed it to be true. I think it is written by Paracelsus.

13

The bodies of drowned or dead men, do fleete on the water, with their faces and bellies vpward, but dead women do fleet on the water groueling, or with their faces downward: contrary to their procreation. But they doo fleete or swim aboue the water: out of whom the Lunges is taken, &c. Mizaldus.

14

The water of Marygoldes dooth helpe all diseases of the eyes, and take away all paines of the head. And the smoake of the flowres thereof taken or receiued by a fundible into the secrete partes of a Woman, or els otherwise taken: doth bring foorth easily the after burthen. This secret Mizaldus did get of an olde Widwife, which had neede of his helpe otherwise.

15

The head of a Gleade vnfeathered, burned, and so much therof taken with water, and drunke, as you may take vp with three fingers: helpes them that haue the Gowte. Galenus.

16

If any come or send to thee in the hower of Iupiter, it is for no harme: but rather for good. Therefore doubt it not, and though it should seeme to be some harme or losse at the first: yet at length

it

it will turne to good. The oftner one tryes it, the truer hee shall finde it: so that he be not Retrograde or Combust.

17

Oke ferne, (called Polypodium,) stampt and plaistred vpon the feete of a woman trauailing of childe: causeth the birth of the Childe, either aliue or deade. This was told me for a great secret.

18

Take of the greace of a Swine or Hog, and rub therewith the body of any that is sicke, against the hart, or the soales of hys feete: then giue that greace to a Dogge, which if he eate, the party will escape: if not, it is a token that he will dye thereof.

19

This following, will helpe them that bee deafe. Take a peece of greene Elme, or Ashe, and laye it in the fire, and receiue the water that commeth out of the endes therof: and take also a spoonefull of the greace of an Eele that is red beneath the Nauel: boyle all these together a little on the fire, and put it into a glasse, and whē he goeth to bed, put some therof into his eare luke warm and in two or thrée daies, he wil be whole, and heare wel, proued.

20

To drawe out a tooth without any paine. Take the gum of Iuy, and greene Iuy leaues, of each a like weight, and burne them to powder, in a newe earthen pot, & when it is made in fine powder, mix it together with the milke of Spurge, and put some therof into the toth that you would haue out, if it bee hollowe, if not, touch the Toth therewith, and it will fall out: but beware you touch no other toth therwith.

21

Ælianus doth reporte, that no sicke person of the Locranses, should vpon paine of death: drinke any Wine without the consent and knowledge of the Phisition, or any other giue it thē, without the commaundement of the phisition.

22

If you wil proue whether ther be any water mixed with wine or not, put an Egge into the Wine, and if the Egge sinke into it, there is water mixt with it, if the Egge swim, then it is pure Wine.

23

If the scull of an aged man, be hanged in a Doone house: Pigi-

Pigions will be encreased there, and will liue quietly. Albertus as Mizaldus doth write. 24

The iuice of Bay leaues distilled into the eares: doth not permit deafnesse, nor other strange sounds to abide in the eares. Pet. Hisp. 25

A Question was asked of the state of a certaine person being sick, and of what condition the disease was, and whether they should recouer thereof, or not. &c. It seemed at the first sight, that the party was whole for whome the question was made, because the Sun was in the tenth house, and the parte Fortunate in the Ascendent, but many other Testimonies shewed the contrarye: And also Mars did corrupt Venus, Lady or Alumten of the Ascendent, and Venus also was vnder the beames of the Sunne, and began to be Combust, distant from the Sunne ten degrees: for Venus was in the xxbij. degree of Sagitarye and the Sunne in the bij. degree of Capricorne: which two degrees in Sagitary did signifie two monthes, being a common signe, and the bij degrees in Capricorne being a moueable signe, did signifie. 8. dayes: therefore it was to be doubted of the death of the sicke person, about two months and eight dayes: after the question was made, as God would ordaine, and so it happened right by the appoyntment of God, to whom it belonges to cure, infirmities & greefes, to raise vp the dead, and to moderate the earthly bodyes: by the heauenly bodies: and to dispose inferyor thinges by meanes, to whom be glory. Amen. Gulielmus Anglicus in suo tractatu de vrina non visa. 26

An excellent medicine for the ache in the bones, or armes, or any other place of the bodye. Annointe the place where the paine or ache is, with good and pure Aqua composita by the fire, and let it drink in: do thus three or fowre times together, then at the last time while it is wet, cast vpon the wet place where the ache is, the powder of Olibanum, which is the fairest & the whitest of the Frankensence,) and so lay a linnen cloth vpon the pouder, and sewe it fast, and so let it ly three or fower dayes, vntil it be well and whole. Which will be by that time, God willing. Proued. 27

Eunuchus, that is, they that be gelded, bee neuer bald nor gowty. Hippocra.

28

It is a thing worthy of memorye, that Lampridius writes of Heliogabalus, the Romain Emperour: who saith, he had foure Hartes in his Charret that carrid him, and so many Dogs calling himselfe Diana, and fower Tygers, calling himselfe Bacchus: and fower Lyons, calling himselfe Cibel: and hee iopned fower women to his Chariot, as Sesostris King of Egipt, did with foure Kinges. O proude presumptuous Prince: he might ride a good while in that Chariot, ere it would bring him to heauen.

29

It is not good to bury any too haskely, especiallye, such as haue had the Apoplexy, the Falling sickneſſe, and that are suffocate with the Strangulation of the wombe, called the Mother. For such may seeme to be dead, and yet reuiue againe within three daies: for it was the fourth day after Lazarus died, ere Christ did raise him from death to life: least any should falsely reporte, that Lazarus, had had the Appolexye, or the Falling sickneſſe, or such like, and therefore put in a traunce, or not perfectly dead: whereby the iust merite of Christes maruelous miracle thereof might bee darkened. This is the meaning of Lemnius in his seconde Booke of the secrete miracles of Nature. Therefore it is verye meete to know, whether any such be perfectly dead or not, which you maye doo by holding a little burning Candle at the parties nose, whose mouth is open: or els by setting some little Cuppe or glasse full of water to the brim, vpon the said parties belly or nauell: for by the mouing of the flame of the Candle, or of the vessell with water: you shal perceiue his secret breathing, and whether there be any life in him or not. Camillus.

30

An approued medicine doth followe for the shortnes of breath and doth marueilously helpe the same: for if half an ounce thereof be giuen to the patient, thrise in a naturall day, that is three howres before dinner, two howres before supper, & about midnight: continuing the same three or fower daies and no moe: you shall see the diseased healed. Take of Manna electe or chosen called Manna Granata, two ounces, the flowre of Cassio newly drawne, halfe an ounce, Penyedes three ounces, oyle of sweete Almondes beeing newe, one ounce, the Lightes or Lungs of a

Fore

Fore finely beaten and powdred, two ounces, (make the rest in powder that are to be powdred,) then mixe all together, & make thereof a Lectuary with the Sirrop of Hysop. Emperica benedicti victorij fauent. You may haue it well made at the Apothecaries, I haue tryed it to be an excellent thing in this case.

31

If you will breake the great heate of Wine in the vessell, cast into the same a little peece of Cheese: and then you shal see a marueilous thing. And why that is, Georgius valla placentinus, doth teach.

32

If you annoint your hands or other partes of your body with a Linement made of Nettles, Oyle, and a little Salt: it will defend the party therewith annointed from the bitterest colde that is. Mizaldus,

33

There be braunches of a Bay tree, wrapt vp or layde among cloathes and bokes: wil keepe the same safe from Moths, worms, and other corruption. Dioscorides.

34

If you stampe Ants Egges, and strain them through a cloth, and put thereto the iuice of Swines grasse, or Knotgrasse, and distill it into the eares, it helpes a long continued deafenesse.

35

A powder to conserue the sight. Take Bettonye, Rewe Celondine, Sarifrage, Louach, Annis seedes, Sinamon, Eyebright, of eache one handfull, Cardamomum, Ginger, Fennell, Petroselme, Hysope, Organye, Syler mountaine, of eache one dram, Galinga an ounce, Sugar one ounce: Let a powder bee made of these, and let it be taken continually with meat, and the sight will bee restored and kept. This powder was ordeyned by Maister Geralde: whose tryall an old man did proue, which vsed Spectacles twelue yeeres, so that without them he could not see great letters: but after hee had vsed this pouder onely one fortye daies he was free, in so much that all the time of his life, hee did see, and read the least letter that was. This Trotula hath written in the latter end of his Boke. De passionibus mulierum.

36

An excellent way to get out the water out of swoln legges, whereby to make them as slender as they were before. Seethe

Otes in water vntill they bee tender: then let the partye diseased holde his legge that is swo'ne ouer the vessell, that it may receiue the fume or smoake of the sodde Otes, and couer the partye with some thing that it may goe downe rounde about the vessell, and then blisters will come vpon the legge or swolne place, out of which wil runne much water and corruption, then after annoint the place with Butter. Do thus fower or fiue seuerall times if neede be. This is well proued.

37

Two or three droppes of pure Aqua Composita, put into the eyes morning and euening, euery other day, for the space of fower or fiue dayes, will cleare the sight, and helpe the eyes, of a colde cause marueilously. An olde Gentlewoman that tryed it on her self, did reueal it to me. 38

The hearbe Dandelyon well sod in water, is counted to be a cheefe helpe for the ioyning or knitting of woundes. It is good against ruptures, or for them that be broken or brusten, &c. Mizaldus. 39

A marueilous Water that soone and easily may be prepared, more precious then Golde, is made as followeth. Put faire and cleare water into a vessell, wherein there was neuer before any liquour, or before neuer occupied: and when the water is very hote, poure it to quicke Lime, being before in another newe and cleane vessell: and let it remaine, and rest so long, vntill you haue taken all the fowle spume that fleetes aboue from the same and that al the Lime be setled to the bottome, and the water very cleere, then poure out the water very softlye, without mouing the Lime in the bottome, and keepe the same water in a fayre cleane glasse, or some other cleane vessell well couered or stopte, vntill you vse the same. It will scantly be beleeued, what a miraculous vertue and power it hath in all kinde of Vlcers, and chefly, such as springes of the French Pockes: For the same beeing bathed or moysined with a linnen cloth dipt or wet in the sayde water something warme a pretty while, and then a linnen cloth well wet in the same, and so laid vpon the Vlcer or sore in maner of a plaister, and after renewed againe: it wipes cleane away all the filth or corruption: it ceaseth the paines, it filles the Vlcer with flesh, and it quite quencheth the heate or inflamations in a small

ſmall time Not without a great miracle, for otherwiſe quicke Lime doth burne with vehemency of his heate. Let them inioye this moſt excellent Secrete, which for great prayer and praiſe to many, I haue refuſed to vtter. Thus much Mizaldus.

40

Myrre giuen to drinke in warme Wine, the quantity of a big Nut: cauſeth the deliuerance of the childe, either quicke or dead. Petrus Hiſpanus.

41

Heere followeth a bleſſed water for the Gowte. Take of Romaine Vitrial two pounds, of diſtilled Honny fower pintes, diſtill theſe together, (making the Vitriall firſte in powder,) and when it is diſtilled, adde to the ſame the third parte thereof, of Aqua vitæ, rectified: which diligently mixed kæp to your vſe, and annoint the ſore or greeued place therwith: dw this morning and euening, vntill you feele your ſelfe well, wh ch will be (God willing) within ſeauen or eight dayes at the furtheſt. I wrot this out of an olde Booke. I think it be alſo in the newe Jewell of Health, which is a worthy Booke and full of many ſtrange and excellent things.

42

The ſmoak of Iuy burned doth driue away Backs or Kere-miſe, from that place, where the ſame ſmoak is. Anatolius.

43

If any doth aſke thée, (hauing knowledge in Aſtrologie) for any thing wherein he hath a hope to haue: marke if the Lorde of the eleuenth houſe, applye to the Lorde of the Aſcendent, or the Lord of the firſt houſe, to the Lord of the eleuenth houſe: Iudge that he ſhal haue the thing, which he hopes to get or haue, and he ſhal come to it. And if the Aſpect be of a Trine or Sextile he ſhall quickly and eaſily and by a good meane obtaine it: but if it be by a quartile or oppoſite Aſpect, he ſhal get it with tedioulnes and labour. Furthermore, if thou doeſt finde the Lord of the eleuenth houſe in an Angle and receiued: then iudge that hee ſhall haue the thing whtch he ſo hopes to haue, euen as he deſires. Haly Aben.

44

A peece of the rote of Crawfot, either put into the hollowe toothe, (if there bee any,) or applyed to the tooth that aketh: wil helpe the ſame preſently. A ſure proued and often tried medicine.

28

It is a thing worthy of memorye, that Lampridius writes of Heliogabalus, the Romain Emperour: who saith, he had foure Hartes in his Charret that carrid him, and so many Dogs calling himselfe Diana, and fower Tygers, calling himselfe Bacchus: and fower Lyons, calling himselfe Cibel: and bee iopned fower women to his Chariot, as Sesostris King of Egipt, did with foure Kinges. O proude presumptuous Prince: he might ride a good while in that Chariot, ere it would bring him to heauen.

29

It is not good to bury any too hastely, especiallye, such as haue had the Apoplexy, the Falling sickneſſe, and that are suffocate with the Strangulation of the wombe, called the Mother. For such may seeme to be dead, and yet reuiue againe within three daies: for it was the fourth day after Lazarus died, ere Christ did raise him from death to life: least any should falsely reporte, that Lazarus, had had the Appolexye, or the Falling sickneſſe, or such like, and therefore put in a traunce, or not perfectly dead: whereby the iust merite of Christes maruelous miracle thereof might bee darkened. This is the meaning of Lemnius in his seconde Booke of the secrete miracles of Nature. Therefore it is verye meete to know, whether any such be perfectly dead or not, which you maye doo by holding a little burning Candle at the parties nose, whose mouth is open: or els by setting some little Cuppe or glasse full of water to the brim, vpon the said parties belly or nauell: for by the moving of the flame of the Candle, or of the vessell with water: you shal perceiue his secret breathing, and whether there be any life in him or not. Camillus.

30

An approued medicine doth followe for the shortnes of breath and doth marueilously helpe the same: for if half an ounce thereof be giuen to the patient, thrise in a naturall day, that is three howres before dinner, two howres before supper, & about midnight: continuing the same three or fower daies and no moe: you shall see the diseased healed. Take of Manna electe or chosen called Manna Granata, two ounces, the flowre of Cassio newly drawne, halfe an ounce, Penyedes three ounces, oyle of sweete Almondes beeing newe, one ounce, the Lightes or Lungs of a

Fore

Foxe finely beaten and powdred, two ounces, (make the rest in powder that are to be powdred,) then mixe all together, & make thereof a Lectuary with the Sirrop of Hysop. Emperica benedicti victorij fauent. You may haue it well made at the Apothecaries, I haue tryed it to be an excellent thing in this case.

31

If you will breake the great heate of Wine in the vessell, cast into the same a little peece of Cheese: and then you shal see a marueilous thing. And why that is, Georgius valla placentinus, dooth teach.

32

If you annoint your hands or other partes of your body with a Linement made of Nettles, Oyle, and a little Salt: it will defend the party therewith annoynted from the bitterest colde that is. Mizaldus,

33

There be braunches of a Bay tree, wrapt vp or layde among cloathes and books: wil keepe the same safe from Moths, worms, and other corruption. Dioscorides.

34

If you stampe Ants Egges, and strain them through a cloth, and put thereto the iuice of Swines grasse, or Knotgrasse, and distill it into the eares, it helpes a long continued deafeneffe.

35

A powder to conserue the sight. Take Bettonye, Rewe Celondine, Saxifrage, Louach, Annis seedes, Sinamon, Eyebright, of eache one handfull, Cardamomum, Ginger, Fennell, Petrosellne, Hysope, Organye, Syler mountaine, of eache one dram, Galinga an ounce, Sugar one ounce: Let a powder bee made of these, and let it be taken continually with meat, and the sight will bee restored and kept. This powder was ordeyned by Maister Geralde: whose tryall an old man did proue, which vsed Spectacles twelue yeeres, so that without them he could not see great letters: but after hee had vsed this pouder onely one fortye daies he was free, in so much that all the time of his life, hee did see, and read the least letter that was. This Trotula hath written in the latter end of his Booke. De passionibus mulierum.

36

An excellent way to get out the water out of swoln legges, whereby to make them as slender as they were before. Seethe

Otes in water vntill they bee tender: then let the partye diseased holde his legge that is swo'ne ouer the vessell, that it may receiue the fume or smoake of the sodde Otes, and couer the partye with some thing that it may goe downe rounde about the vessell, and then blisters will come vpon the legge or swolne place, out of which wil runne much water and corruption, then after annoint the place with Butter. Do thus fower or fiue seuerall times if neede be. This is well proued.

37

Two or three droppes of pure Aqua Composita, put into the eyes morning and euening, euery other day, for the space of fower or fiue dayes, will cleare the sight, and helpe the eyes, of a colde cause marueilously. An olde Gentlewoman that tryed it on her self, did reueal it to me. 38

The hearbe Dandelyon well sod in water, is counted to be a cheefe helpe for the ioyning or knitting of woundes. It is good against ruptures, or for them that be broken or bursten, &c. Mizaldus. 39

A marueilous Water that soone and easily may be prepared, more precious then Golde, is made as followeth. Put faire and cleare water into a vessell, wherein there was neuer before any liquour, or before neuer occupied: and when the water is very hote, poure it to quicke Lime, being before in another newe and cleane vessell: and let it remaine, and rest so long, vntill you haue taken all the fowle spume that fleetes aboue from the same and that al the Lime be setled to the bottome, and the water very cleere, then poure out the water very softlye, without mouing the Lime in the bottome, and keepe the same water in a fayre cleane glasse, or some other cleane vessell well couered or stopte, vntill you vse the same. It will scantly be beleeued, what a miraculous vertue and power it hath in all kinde of Vlcers, and chefly, such as sprainges of the French Pockes: For the same beeing bathed or moysened with a linnen cloth dipt or wet in the sayde water something warme a pretty while, and then a linnen cloth well wet in the same, and so laid vpon the Vlcer or sore in maner of a plaister, and after renewed againe: it wipes cleane away all the filth or corruption: it ceaseth the paines, it filles the Vlcer with flesh, and it quite quencheth the heate or inflamations in a small

small time Not without a great miracle, for otherwise quicke Lime doth burne with vehemency of his heate. Let them inioye this most excellent Secrete, which for great prayer and prise to many, I haue refused to vtter. Thus much Mizaldus.

40

Myrre giuen to drinke in warme Wine, the quantity of a big Nut: causeth the deliuerance of the childe, either quicke or dead. Petrus Hispanus.

41

Heere followeth a blessed water for the Gowte. Take of Romaine Vitrial two pounds, of distilled Honny fower pintes, distill these together, (making the Vitriall first in powder,) and when it is distilled, adde to the same the third parte thereof, of Aqua vitæ, rectified: which diligently mixed keep to your vse, and annoint the sore or greeued place therwith: do this morning and euening, vntill you feele your selfe well, which will be (God willing) within seauen or eight dayes at the furthest. I wrot this out of an olde Booke. I think it be also in the newe Jewell of Health, which is a worthy Booke and full of many strange and excellent things.

42

The smoak of Iuy burned, doth driue away Backs or Reremise, from that place, where the same smoak is. Anatolius.

43

If any doth aske thée, (hauing knowledge in Astrologie) for any thing wherein he hath a hope to haue: marke if the Lorde of the eleuenth house, applye to the Lorde of the Ascendent, or the Lord of the first house, to the Lord of the eleuenth house: Judge that he shal haue the thing, which he hopes to get or haue, and he shal come to it. And if the Aspect be of a Trine or Sextile he shall quickly and easily and by a good meane obtaine it: but if it be by a quartile or opposite Aspect, he shal get it with tediousnes and labour. Furthermore, if thou doest finde the Lord of the eleuenth house in an Angle and receiued: then iudge that hee shall haue the thing which he so hopes to haue, euen as he desires. Haly Aben.

44

A peece of the rote of Crawfot, either put into the hollowe toothe, (if there bee any,) or applyed to the tooth that aketh: wil helpe the same presently. A sure proued and often tried medicine.

45

Whosoeuer hath a sorenesse in the throate, or else any hard swelling there, called the Squinancy, or Angina, and perhaps thereby doth hardly drawe his breath: let them applye this following often times in a day, and it wil soften it and resolue it, For it is proued. Take of the rootes of Hollock cut in small péces, and made cleane, Camamill, the flowers of Violets, the flowers of Mallowes, with the rootes, of each one handfull, let them boile all in a sufficient quantity of water, vntil the water be consumed: then put to the same, the flowre of Barly, Linsede, and Fenecreke, well stampt and beaten, of eache one handfull, the greace of a Hen, one ounce, oyle of Camamill, and oyle of swéete Almondes, of either a like much, which will be enough to make the plaister fat. This I knowe to be an excellent remedy in this case: which I learned of Benedictus victorus fauentinus, in his Booke called Emperica benedicti.

46

This medicine following, will helpe any paines or weakenes of the backe. Take a quarte of Malmesey, of Balm, Nep and Maydwéed, (which Maydwéede is a stinking hearbe, hauing a flower like a Daysye,) of each one handfull: stampe the hearbes well, and straine them well into the Malmesey, or put some of the Malmesey in the stamping, to them, and straine it into the rest of the Malmesey, and drinke a good draught thereof euerye morning fasting, and at night when you goe to bed: and within three or fower dayes, it will helpe you perfectlye, God willing. A notable and often proued medicine.

47

Drinke the iuice of Centory, once euerye morning, fower daies together, and it wil make thee to sing cleare, and speake with a good voice. It cleanseth the brest marueilously Often proued.

48

Mints doth abhorre yron, as Rew doth Basill: for if Mints be giuen to one that is wounded, he will not easily ware whole: if Mints be mixt with Milke: and after taken from the same, and the Rennet or Cheslip put to the same Milk, the same Milk will neuer gather together, or come to crud. Floren, in suo Georgico.

Whosoeuer

49

Whosoeuer falles sicke in the bower of Saturne, his infirmitie or disease will be prolonged, (or he will be long sicke) and after will dye: (of the same sicknesse.) Haly Abenragel.

50

Fill a hollow tooth with Crowes dung: and it will breake the tooth, and take away the paine. Pet. Hisp.

51

Guido Bonatus, writes a straunge thing, which he found out by the science of Astrologie, in the Reuolution of Henry the Emperour: who had of the saide Emperour a yearely stipend, for that he was a man of famous knowledge: which Emperour had many Astrologians, as well Phisitions, as other in his owne house. Who for a certaine yeare did trauell for the Calculation of the Reuolution of the sayd Natiuity of the said Emperour. And euery one of them did draw out a Figure thereof a like, and they found Mars in the same figure of the Reuolution in the Angle of the earth, which is the fourth house vnder the earth: and they iudged Mars then to be of an euill influence, and thereby they iudged that the Emperour that yeare should haue hot Feuers of the nature of Mars. And they agreed all in that opinion to the Emperour. Guydo Bonatus, being there, had drawne the Emperours Reuolution likewise, and he found Mars going towardes the fourth house, being then of an euill influence, iudged thereby that poyson should be ministred to the Emperour to kill him. Therefore he counsailed the Emperour, that if any did whisper, or had any priuie talke together, or were founde meeting or haueing conference together in his Court, they should be apprehended. Or if any should come to the Kitchin not wont, or appointed, that some faithfull man of his Court shoulde watch the same. Which charge, was committed to the Maister of the Emperours houshold: which being very diligent therein, espyed and founde two Knightes of the Emperours Court, that were very busie in talke together, and had not onely mutuall conference together, more then they were wont: but also oftentimes required to come into the Kitchin. Wherupon the Maister of the housholde committed them to prison, and then one of them called Iohannes Franciscus, was sore tormēted: but yet he would confesse nothing.

So

So that they deuiſed a letter in the name of the ſaide Iohannes Franciſcus, confeſſing therin the matter, and ſhewed it to his fellow: which when he ſaw ſtraight way ſaide, that the ſaide Iohannes Franciſcus was the cheefe procurer thereof, and entiſed him to it. Which vttered: they had their deſire, wherefore they were ſecretly executed. Iohannes Ganiuetus, likewiſe deſcribes it.

52

A certaine Woman that vſed Mizaldus for her Phiſition, had a belly did ſo ſwell, that it ſeemed ſhe was not able to carrye her burthen: from whom (about the ende of nine monthes) there came an euill ſhapen maſſe or peece: whereunto were two eares like the handles of a cup faſtened, like armes, with feeling: after that there did fall from her wombe, a monſter with a croked bill or beake, with a long and round necke, with brandiſhing eyes, a harp tayle, maruelous quicke of ſot: and ſo ſoone as it ſawe any light, it filled the Parlor or place with noyſe, and ſo did runne from place to place: but at the laſt, the Weomen following it, did ſmolder or choke it to death with pillowes. After the Woman almoſt werryed, not without great daunger of her life, did bring forth a Boye which was ſo tormented of the monſter that they had much to do to Chriſten it with life. Leuinius Lemnius is the Author.

53

If Saturne be in the tenth houſe, in a watrye ſigne and hath any dignitie in the Aſcendent: the Childe then borne will bee a Shipman or a Sayler, or els he will abide gladly on the water, and will delight in fiſhing. Tayſnier.

54

Culuer dung ſodden in Wine, til the wine be conſumed, and then emplaiſtred hotte to the Gowt, healeth the ſame perfectlye Vſe it morning and euening fower or fiue dayes together. Pet. Hiſp.

55

To reſtore the deafe to hearing. Take the rot of Houndſtung out of the earth, and make a hole in the roote, as long and deepe as you can, and fill the ſame hole with Salte and couer it well that nothing can come within it: then ſet it in the earth againe as it was, & coner it with earth, and let it be there ſo three dayes, at the three dayes ende, take it vp, and that which you finde therein, keepe it in ſome cleane glaſſe, and put ſome thereof in to

to the deafe eare. Let him vse it euery euening at his going to bed, vntill he heare clearely: which will be within a fortnight at the furthest, (God willing.) And when you doo it into his eare, let him lye in his bed that the liquour may enter. This I had out of an old written Booke. Praise it as it proues.

56

Take two little peeces of good Liquorice (the barke scraped awaye) of the length of a pin, and of the bignes of two Barlye strawes, and put either of them into your mouth, betweene your gums and your cheekes, that is on either side one, & so let them lye all the whole night. Vse this euerye night for a fortnight at the least: and without doubt it will stop or stay the Rewm. For it conceales the thin Rewm into thick Fleame: so that you may spit it out. This helpt one that was without all hope to be helpt.

57

To helpe the Pocks in the eyes. Take Saffron, and lay it in a Saucer with faire water, and let it stand whiles it be yellowe, and then drop some of it into the eye with a feather: and it will destroy the Pockes, and saue the sight. This I had out of an olde book.

58

When thou dooest finde the seauenth house, and the Lord of the same to bee afflicted or Impedite, in the time of the question for the sicke: chaunge the Phisition, for he shall not profite the sicke party, either through his owne error, or through the negligence of the sicke person, or through them that bee about the body. The house is afflicted, if Saturne or Mars be therein, or beeing beholden of their quartile or opposite aspect: and contrary, if the seauenth house be well affected, as if Iupiter or Venus. is there take the Phisition to whome you make the question, or whome you are determined to take: for he shall profit the sick much, and bee will quickly cure the sicke to his great praise. Therefore marke the first, or suddaine calling or sending for the Phisition, For if at that time the seauenth house, and the Lord therof be euill affected, the phisition then called, or sent for, will not profite the sicke: But it followes not therefore that the sicke shall dye. But the Phisition if he take him in hande, shall goe away without honour. Therefore as soone as thou art called to goe to the sicke, take counsaile of thy Ephemerides, and the celestiall Fi-

gure being erected, marke where the seauenth house be well or euill affected: and so thou maiest either refuse, or take the sicke in hand. Iacro. G. Ryff.

59

Put the powder of red Corrall in the hoale of the toth, and it will fall out by the rot. Petrus Hispanus.

60

An excellent Medicine, and a noble restorative for Man or Woman that is brought verye lowe with sickneese. Take two pound of Dates, and wash them cleane in faire Ale, then cut thē, and take out the stones and the white skinnes, then cut them small, and beate them in a Morter till they begin to worke like ware, then take a quarte of clarified Honny or Sugar, and halfe an ounce of ỹ pouder of long Pepper, as much of Mace, of cloues Nutmegs, and Sinamon, of each one dram, as much of the powder of Lignum Aloes: beat all these spices together, and seethe the Dates with the Sugar or Honny with an easie fire, and let it seeth, and as it seethes cast in therto a little of the powder, by little and little, and sturre it with a Splatter of wood, and so do vntill it come to an Electuary, and then eate euery morning and euening therof one ounce at one time, and it will renewe and restore againe his complection: be he neuer so lowe brought. This hath been proued and it hath done good to many a man & woman.

61

A Noble Receit for the black Iaundise. Take a gallon of Ale, a pint of Honny, and two hand full of red Nettles, and take a pennyworth or two of Saffron, and boyle it in the Ale, the Ale being first skimmed, and then boyle the Honney and the Nettles therin altogether, and straine it wel: and drink euery morning a good draught therof, for the space of a fortnight. For in that space God willing, it wil cleane and perfectly cure the black Iaundise.

62

Whosoeuer in the first nine dayes in May, drinkes euery morning falling a little dishe full of the iuice of Bettonye it will do him marueilous muche good for the gowte. Which hee shall perceaue the next yeere following, (if he liue so long.)

63

If any that hath the Plurcsy, or is stuffed in the stomack with tough or hard fleame: Let him take a scruple, that is the weight of

of rriij Barly Cornes, of the powder of the Seedes of Nettles, with the Syrrup of Violers, and swallowe the same, as by licking it by l ttle and little, and hee shall spit out the Mucus and tough humor easily A secret of a Parison Phisition.

64

Goates will giue much milke, if you tye Dittany about their bellies Africanus.

65

If Saturne be in the tenth house, in an earthly signe and hath power or dignitie in the Ascendent, and is Orientall of the Sun: he that is then borne, will be a Master Carpenter, or else he will delight in Carpentership: but if he be Occidentall, hee will be a cleanser of Welles or pits, or else a digger. Talmer.

66

If the greefe of the gowte or ache be too outragious. Take of Opium, one dram of Saffron two drams, mingle them with foure or fiue yolks of Egs, and plaister the same vpon the greefe: for it mightely allwageth the paines, and restoreth the corruption.

67

A Most approued medicine for the Emroddes or Pyles. Take two or three Bricks, and burne them red hotte, and put them in some Pan vnder a close stocle, and sprinckle them with Vinegar, and let the party greeued sit vpon the same stole, that the fume thereof may ascend vpward to his Fundament. Doo thus three or fower times if neede be: and certainely it will helpe it.

68

If you will make Birds drunk that you may catch them with your handes. Take such meate as they loue, as Wheate or Branes or such like: and lay the same to steepe in Lees of wine, or in the iuice of Henlocks, and sprinckle the same in the place where the the Birdes vse to haunt: and if they doo taste thereof straight wayes they will bee so giddye, that you may take them with your handes. I wrote this out of an olde written booke, wherein I know many true things was written.

69

A Present helpe for a woman that trauel'eth of Childe. Take Hisop, Verucin, and Dittany, of each one handfull, Stampe them small, and temper them with olde Ale, then straine it and wring out the iuice, and giue a good draught thereof to her that

trauelleth, of Childe to drinke: & she wil be deliuered with spæde, and the Child saued and she both: so that the child be aliue when she drinks it.

70

A true medicine for the gowte, Take the iuice of the Flowers of Broome, and the iuice of Scali celi, and Honny, as much of one as of another, and seethe it all together, till it bee of the thickneſſe of Honny, and annoint the gowty place therewith, I knewe (saith the writer heereof,) a good Præſte in London that healed all men and women therwith: for the moſt part that came to him. This, for the great good likelihood of the medicine, & for the faithful affirming, I thought good to regiſter it among ỹ reſt.

71

If of one pound of Ware, two ounces of quicke Brimſtone, and as much of quick Lime, (putting thereto a little ounce of the Dyle of Nuts,) a Candle be made with a weeke of Bumbaſt, and ſo put into the water, as ſoone as euer the quicke Lime begins to burne, it will moue the reſt of thinges, apt for the fire, to burne: euen in the midſt of the water. Mizaldus.

72

A Ram will not put nor runne at one, if his hornes be bored through, nye vnto his eares. Mizaldus.

73

Whoſoeuer falles ſick in the howre of Iupiter, he wil recouer his health quickly. Haly Abenragel. This haue I proued to be true many times: and in the howre of Iupiter is an excellent howre to do any thing, or to take any good thing in hand.

74

A little Gunpowder put into a peece of fine linnen cloth, and the ſame put into this holow tooth, or holden betweene the teeth, ſo that it touch the aking toth: it puts away ỹ toth ach preſently. This is very true.

75

If you diſtill hearbe Iuy, & giue the water therof to be drunke of them that are greued or tormented with the gowt, annointing alſo therwith the gowty or greeued place: it will heale or helpe them aſſuredlye. Great warrantiſe was made of this medicine: where I had it.

76

A ſpeciall medicine for all ſoddaine ſicknes, and eſpeciall of the ſtomack or breaſt. Take a ſpoonful of Aqua vitæ and put therin

in halfe a ſpoonful of the ponder of Licorice, and let it remain therin three howres, and drinke it faſting, or at euen when you go to bed. It is a ſoueraigne thing for the ſtomack or breaſt.

77

Lay Saffron on the Nauell of them that haue the yellowe Jaundiſe: and it will helpe them. This was affirmed to me as proued.

78

This following is an excellent medicine to purge the head of naughty humors, and to helpe the headache, the ſwimming of the head, and the megrim. Waſh the rots of Beetes, and cut away the vppermoſt bark, then ſtamp the ſame, and wring out the iuice therof, then ſnuffe ſome of it out of a ſpoone of into your noſe, and a marueilous effect will follow, and a ſpeedy remedy thereof. A Gentleman a frend of mine tolde me this, as a proued thing in this caſe.

79

Cockes that eates Garlicke, are moſt ſtout to fight: therfore trauellors doo often bite thereof, and alſo ſuch as followes, warres: becauſe it increaſeth agillity ſtrengtheneth them, and makes them bolde. It is giuen to Horſes with bread & Wine, at the howre of battell or conflict: to make them more fierce, liuely, and to ſuffer more eaſily their labour and trauaile Mizaldus

80

There were young Miſe found with the Perſians, in the bellies of Miſe, that had young Miſe in their bellies. Ariſtoteles as Mizaldus writes.

81

If the fete of a great liuing Tode be cut off, the Moone voyd of courſe, that is aſpecting none, and haſtens towardes the coniunction of the Sunne, and hanged about the necke of him or her that hath the Kings Euill: it ſo profites, that oftentimes it deliuers the party from the diſeaſe. Hieronimus. Caidan.

82

If Iupiter be in the eleuenth houſe well affected, & not Retrograde, nor combuſt, nor in his fall, as in Capricorne but in Cancer, Sagitary or Piſces: it ſignifies the childe then borne, ſhalbe fortunate, happy, and haue a common loue in all thinges, cheefely if he haue any dignity in the Aſcendent, or in the place of the ſunne, in the Natiuity of the daye, or in the place of the Moone, in the Natiuity of the night. Taiſnier.

83

This marueloꝰ Water following, will recouer the ſight agayne hindred of any cauſe: wherewith Conſtantine the Emperour receiued his ſight. Take three drams of Tutie, made in very ſmall powder, as much of Aloe Epaticum in powder, two drams of fine Sugar, ſix ounces of Roſewater, as much of pure white wine, mixe all together, and put it in ſome cleane veſſell of glaſſe, and being well cloſed & ſtopt, ſet it in the Sunne a month together, ſtirring it together once euery day; then take of ỳ ſame water fower or fiue droppes in your eyes morning and euening, and with this continuing a certaine ſpace: it will cauſe the ſight to come againe as faire as euer it was before. This I knowe is proued for an excellent water for the eyes, for it cleareth them marueilouſly. I knew one that could not threed a Needle without ſpectacles, which put not paſt two or three drops of the ſame into their eyes at night and the next morning the ſame party did ſee well to threede a Needle without Spectacles.

84

To make a light that neuer ſhall fayle. Take the Wormes that ſhines in the night called Glowormes, ſtampe them, and let them ſtand till the ſhining matter be aboue, then with a feather take of the ſame ſhining matter, and mingle it with quickſiluer, and ſo put it into a Vyall and hang the ſame in a darke place: and it will giue light. This I had out of an old booke, which is not much vnlike the deſcription of Mizaldus.

85

If the Liuer of a Mouſe beginen in a Fig to a Swine: that Swine will follow the giuer thereof. Mizaldus.

86

The ſound of an Eccho, is thought to driue away Bees, therfore their Hiues ought to be plaſte where the Eccho or the voyce doth not ſound againe. M. Varro.

87

Whoſoeuer takes his iourny in the houre of Iupiter, he ſhal haue good gaine in his ſubſtance, and in his buſines: and he ſhall haue profite and gladnes in things vnlooked for. Haly

88

If a Spider be put in a linnen cloth a little bruſed, and holden

to

to the Nose that bleedes,) but touch not the nose therewith, but smell to the same, & by and by the blood wil stay, and the nose wil leaue bleeding. This is very true, for the venomous Spider is so contrary and such an enemy to mans blood, that the blood drawes back, and shunnes the Spider presently. A marueious thing.

89

Write what you will on faire white Paper, with the iuice of a red Onyon, well mixed and tempered with the white of an Egge, which being dry, will appeare as though it were onelye plaine Paper, without any writing. But if you holde it against the fire, you may then easily read it, or perceiue the Letters.

90

To gilde Iron or Copper. Take the gall of a Bull, and rub the Iron or Copper well therewith, so that the same before be well burnished all aboute, that you would haue gilded, and let it after drye in the Sunne, forseeing that there come no dust therto: and when it is drye gilde vpon it as you would do vpon Siluer.

91

Seethe an Egge in strong Vinegar vntill it be very hard, then let the same Egge lye three dayes in Vrine, then drye it: and it will be marueilous harde. Or let an Egge lye three dayes in Vinegar, then drye the same at the Sunne three dayes, and it will be very hard.

92

Cast brimstone into a Chafingdish, with hot burning coales, and holde a red Rose ouer the smoake thereof: and it will be white.

93

To seperate Golde from any thing gilded. Seeth pure sulphureuyue, called quick Brimstone) in water, vntill halfe the water be consumed, then wet the parte gilded with that water, then drye it at the fire, then strike the same gilded place with a little Yron, and the golde will fall from it. This I had out of an olde written book.

94

To proue or finde out the euent of any that is sicke. Count the daies from the beginning of his or her sickneſſe, and take the rote of an hearbe which hath so many leaues, as the number of the same daies be: tye it or hang it vp, and if the disease be curable, the party will be much recreated. If not, then the party will be sad. But if you can not finde an hearb ỹ hath so many leaues,

put

put the rootes of diuers hearbs together, the leaues whereof toge-
ther do perfectly make vp the number of the said daies, from the be-
ginning of the parties sickenes, and vse thē as before. This Mizal-
dus had of an Italian. 95

The blood of a Hare dried doth help and stay the bloody flix, or any other lax: though it be neuer so sore or extreame. So doth the bones of a man or woman made into fine powder, and taken in red Wine. 96

An easie plaister for the Gowte, but not a little effectuall, be-
cause, I (saith John Arderne) haue often times applyed it as wel to women as to men, and haue taken awaye their great paines, with once applying it as well in the fēte as in the knees, and other ioyntes. But take hēde it be not perceiued of the patient, nor of any other: but it ought to be kept more secret & deare: and let it be reuealed to none: but to thy sonne, or to any well beloued freend. I do thinke it preuailes aboue all other medicines for the gowte, and easeth the paine soner: and ought to lye fiue or sixe daies without any mouing of it: if it can be so applied, it is made thus. Take of black sope as much as is sufficient, whereunto ad of the yolkes of raw Egs, halfe as much as the sope, and mix thē well together in a dish, vntil the sope hath lost his proper collour which done, lay therof vpon fine flare and spread it like a plaister, and then apply it to the greeued place, then take ỹ whites of Egs mixed with Wheate flowre, and wet a linnen cloth well in the same, and lay the same vpon the said plaister, and tye it wel vpon it, that the plaister remoue not away of all the said time, vnlesse there be some greate occasion. This is proued.

97

If you seeth Barly, drye Beanes, and Licorice cut in peeces, of each a like much, all together in faire water, and drinke a good draught therof with some Sugar euery morning fasting, and at night when you goe to bed, fiue or sixe daies together, or more: it will destroy an Impostume, and shal therby auoid or cast out the same. Proued 98

He will be a good phisition, in whose Natiuity Mars & Venus are corporally or by any good Aspect coniunct. Euen so if Ve-
nus & Mercury be ioyned, or in coniunction together. Also he will be a perfect Phisition in whose Natiuity Mars & Venus are con-
iunct

iunct in the firt house. Iatro. 99

A Very little Birde called Aegithus, doth marueilously disagrée with the Asse, who in thorny places doth scratch or rub his vlcers or sores: whereby he doth destroy or breake the neastes of this Birde: wherupon it comes, that as sone as the Bird heares the voice of the Asse, she dooth not onelye cast the Egs out of her neast: but also her young ones (if she haue any,) dow fall from the same astonied with feare. So that the saide Birde flyes vnto the vlcers or sores of the Asse, and prickes and thrustes at them with her bill: that she may driue him away from thence. Aristotl. Plin. & Oppianus. 100

If the Lord of the Ascendent be combust in the fourth house, or in the eight house: it signifies, that he that is then borne shall dye in prison. And if he be combust in the fifth house, in a watrye signe: it shewes he wil be giuen to be drunk. In the firt house it shewes that he will dye of a long sickneste. Taisnier.

The end of the eight Booke.

The ninth Booke of Notable thinges.

1

FIll an Egge full of the iuyce of Egremonye, and giue it vnto the patient to drink, whom you suspect to haue drunken poison: and it will mightely purge vpward all the poyson & with a woonderful facility healeth the biting of serpentes & other venemous Beastes. Petrus Hispanus.

2

This Oyle or Balme following is of a marueilous vertue against trembling and the Palsey, and it helpeth the memorye: annointing the hinder parte of the head therewith. Which a most singuler phisition kept priuye to himself for a time as a most precious secrete: which in the end reuealed it to the Author, whereof the making followeth. Take of Calbanum one pound, (in an other place I haue read it halfe a pounde,) of gum Iuye three ounces: these finely beaten a parte, mixe together, which after

put into a Glasse body with an head, and distil it in Balneo Marie. After it is distilled, mixe therewith one ounce of the Dyle of Bayes, and one pounde of good Turpentine: then let the whole be distilled, and seperate the water from the Dyle, and keepe the Dyle as a precious Baulme. The vse of this is, that the patient vexed with the Palsey, Cõuulcous, the Crampe, and trembling of members, be laid vpright, and the Dyle temperately hot, must be powred vppon the bellye, into the hollowe and bottome of the Nauell, and you shall see after a maruellous working, that may rather be coumpted diuine then naturall, and very much helpeth the Palsey, and strengtheneth the memory vsed as before. A certaine Practitioner applyed one drop of this Dyle on the patients forehead that had the Palsey, and another on his Nauel, and he incontinent arose as amazed and was after one houre deliuered of the greeuous paine of a wounde, in a certaine place of his bodye, and the shrunken sinewes being annointed with this Dyle, the patient was soddenly healed. &c. This Dyle helpeth deafenes and any sicknesse proceeding of a colde cause, and helpeth besides the losse of smelling. Arnoldus de villa noua, I take to be ỹ Author hærof.

3

The Yoke of a Beast called Alces, which is a wilde beast like a fallow Deere, hauing no ioyntes in his legges, hath a maruelous vertue & strength against the Falling euill: for a little peece therof enclosed in a Ring, and the same Ring put vpon the finger next the little finger: so that the same peece of the hoofe be turned toward the palme of the hand, it doth recreate them marueilous much, that are fallen, and immediatlye makes them rise vp. A little peece of the same bare, and put in the hand, by and by closed into a fiste, suddenlye it driues awaye the disease, and rayseth the party that is fallen therewith. Which Lemnius saith he proued once or twise. And Mizaldus saith that he proued it putting in a little peece of the same in the left eare, (moouing it, as scratching a little) of one that had the Falling sickness, and it had very good successe, and it was counted for a miracle. Iohannes Agricola doth say the like is done, if a little peece of the same Yoke bee hanged vpon one that hath the same disease: so that it may touch ỹ skin. I do heare saith Mizaldus, that the scrapinges or filinges, therof, is giuen in Polonia for the same disease. The Yoke of the right hinder

hinder foote is to be chosen. But you must take heed of false deceiuers, which sels the Hoofes of Oxen or Kine, for the true Hoofes of Alces.

4

It is a most sure and proued remedy, as wel in curing of spitting of blood, as also in preseruing from the same: euery daye in the morning fasting to eate a scruple, which is the weight of foure and twentye barlye cornes, of Rewbarbe tosted at the fire Emperica benedicti fauentini.

5

Bay Salt well beaten into powder and sifted, and incorporated or mixed well with the yolke of an Egge, and so laid vpon any Carbuncle, Plague sore, Botch, Byle, or impostume: assuredly (by the grace of G O D,) it will drawe to it selfe all the venome of the Plague, or the Soare: and break any Byle, or other thing: so that in short time the same will be healed. A tried thing.

6

If the forehead of the sick ware red, and his browes fal down, and his nose ware sharpe and cold, and if his lefte eye become little, and the corner of his eye runne, if he turne to the wall, if his eares be cold, or if he may suffer no brightnesse, & if his womb fall, if he pull strawes or the clothes of his bed, or if he pick often his nosthrils with his fingers, and if he wake much, being a yong man: being an old man sleep much, these are most certain tokens of death.

7

Pottage made of the leaues and rotes of Strawberies, being eaten fasting, certaine dayes of them that haue the Jaundise doth helpe them perfectly. This was the secret of a certaine Munck, wherwith he got maruelous much mony.

8

A Serpent doth so hate the Ash tree, that she will not come nye the shaddow of them. And therfore she goes farre from them, both morning & euening: because then they giue the longest shadows. And Plinie saith that he hath proued it, that if one compasse a place about with the braunches of an Ashe tree, so that there be a fire, and a Serpent enclosed in the same, the Serpent will rather gos into the fire, then he will seeke to escape ouer, or through the saide Ashen braunches. &c. Mizaldus.

9

If the Lord of the Ascendent be found in the twelfth house:

he that is then borne, shall procure his owne enmitie. Taisnier.

10

Iuniper berries are medicinable agaynst poysons: for there is none of like operation vnto it. And Dioscorides saith also, that they do helpe agaynst poysons, and stingings of Serpentes Pet. Hisp.

11

To trye whether precious stones be pure or not. Heat a plate of Iron on the fire, then annoint the same with Oyle, and cast or strewe on the same, the powder of Glasse, wherupon lay quick burning coales, and then holde the stone that you would trye, a good while ouer the same coales: that the stone may bee hot, not touching the fire, and then if the stone lose his colour: he is not good or pure, but if he kéepe his colour he is then perfect and right.

12

As principall a medicine as euer was ordeyned for the bone ache, either in Woman or man, in what place soeuer it be. Take a penny worth of Aqua vitæ, and an other of oyle Debay, and mix them wel together, and annoint the grœued place therewith, not by the fire, and it will driue away the paine for euer: vsing it often But you must warme the oyntment a little in a Saucer before you lay it on, and chafe it well vntil it be dryed in, and couer it warme at all times vntill it be whole. Thus I found it written.

13

Egremony, Mugwort, and Bettony, both leaues and roots. stampt with old Greace and Vineger, or Verivice, and a plaister therof applyed to the grœued or sore pained back: will quite put away the paines and grœfe therof. So that you vse it three or fower times. A sure and proued medicine.

14

If you will catch Mowles or Wonts, put Garlicke, Lékes, or an Oniõ in the mouthes of their holes, or in their entrings in to the ground: and you shal sée them come, or leap out quickly, as though they were amazed or astonied. Albertus.

15

If the Fistula be outward, put into it the iuice of Culuerfot: for it healeth it. If it bee inward, drinke it: and it healeth also. This is true, for it hath bén proued.

For

16

For them that haue surfeited, or eaten too much, let thē stamp Bettony, and temper it with hotte Water, and a little wine then straine it well, and drinke a good draught thereof morning and euening, first and last three daies together, & it wil throughly help him God willing. This was told me for a trueth.

17

The two hornes of a Snayle, borne vpon a man: will pluck away carnall or fleshly lust from the bearer thereof. I had this out of an old written Book. But how true it is I know not.

18

For all euilles of the stomack, and for them that cannot eat. Take an hearbe called Centorye, and seethe it well in stale Ale, and when it is well sodden, then stampe it, after that sēthe it againe in the same Ale, let there bee two handfull of Centoree, to three quartes of Ale, and let them seethe as is before said, to three pintes, then put thereto one pinte of pure Honny, and boyle them together, and keepe it in some cleane vessell, and giue to the partye greeued, three spoonefull thereof fasting euery day, till hee bee whole and well: for it driues away all the fleame and corruption from the stomack, & makes him haue a great desire to his meate, within fower or fiue dayes. Often proued.

19

The powder of Bettony put in Wine, that is a spoonfull of the ponder to a draught of Wine, a little boyled on the fire being drunk, doth presently help such as haue drunk poyson before. And whosoeuer drinks the same in a morning fasting, no poison taken after the same day can hurt him. This is a proued medicine.

20

The dung of a Cat dryed, and so mired with strong Vineger, that it may be somthing thick, and therwith any hairy place rubbed oftentimes, or annointed in a day: it will cause that haire wil growe no more in that place. Proued of a Countrye man Mizaldus.

21

If the Lapwing doo sing before the Vines do bud: it is sayde that it foreshewes great plenty of Wine. Mizaldus.

22

Whosoeuer deliuers a sum of mony in the hower of Iupiter:

be shall receiue it againe well with gaine. Haly Abenra.

23

This potion or drinke following is wonderfull, and very often proued of me sayth Petrus Hispanus, for it killeth the Fistula, in what place soeuer it bee, and draweth out the corrupt and broken bones. Take the rootes and leaues of Planten, Strawebery leaues, the leaues or seedes of Hempe, the leaues or seedes of Mustard, the tops of sharpe Docke, red Colewoorte leaues, and Tansey, let them all seethe in a good quantity of white wine: after straine all the whole, and put into the straining as much Honny as shall be thought meete: giue thereof vnto the patient early and late, vntill such time as the cleare potion or drink come forth by the mouth of the Fistula: which alwaies must be kept open with a siluer Pipe put into it, and keep vpon it alwaies a red Colewoort leafe. It is of a wonderfull operation. Pet. Hisp. And I my selfe haue proued it: and healed in such manner as is before declared, it is a precious thing.

24

Dragons bound to the priuities of a Woman in labour causeth her to be deliuered incontinent But there must be heed taken that it be quickly remoued, least it draw forth the Matrix withal. Pet. Hisp.

25

Heere followeth an excellent Oyle which maketh faire cullour in the face. Take of Almondes scraped, ten poundes of red Saunders in powder fiue ounces, of Cloues, one ounce, of white Wine fower ounces, of Rosewater three ounces, these after they be grosly beaten together, let them lye in a Marble morter close couered, for eight or nine dayes, beating the same ouer once a daye: then beate it all in an earthen vessell, vntill it begin to fume and bee through hotte, and after that put it into a newe square bagge of Linnen cloath, then put the same bagge into a Presse, betweene two smoth plates of yron, something hot: for out will come a red Oyle, wherewith women may annoint their faces: for it causeth a comely red fine beautifull skinne. A secret, and practised of fewe. This is in the newe Jewell of Health: a Booke of much value and small price.

26

The greace of an Eele, and the iuice of Singréene mixed

to

together, of each a like much, boyled a little, and a little thereof put into the deafe eare, nine nightes together: will bring the hearing againe, as well as euer it was.

27

Take salte Armoniacke, Allom, and Salt Niter, of each a like quantity, with a little filings of Siluer, let all bee mixt together, then put thē vnto the fire, that they may be hot: & when they shal cease to smoak, then with the same pouder alone, or els mixt or moystened with the spettle of your mouth, let copper or brasse be rubbed therwith: and straight way it will haue the cullour of Siluer.

28

Serpents being within a Circle made of Betony, they cannot go out of the same, but rather will dye with beating themselues. Plinius.

29

If the Lord of the second house be in the twelfth house, enemities will come many times to him that is then borne for mony or through mony. Taisnier.

30

Planten stampt, and the iuice wrong out, and put into the hollownesse of an Vlcer, with a spowte: healeth the same. So doth bettony stampt, and applyed to a Fistula, healeth it. Petrus Hispanus. The iuice of Cinquefole, dooth heale the Fistula likewise: if it be put into the same with a spowte.

31

To seperate Golde from anye thing that is gilded. Take Borace and temper it in water, then boyle it ouer the fire, and with the same water, annoint the thing that is gilded, and cast thereon a little of the pouder of quick Brimstone: after put it into the fire that it may be made red, then quench it in running water, and you shall finde the gold in the bottom of the vessell.

32

For any paines of the eares, and for them that cannot heare. Take a great Onyon, cut a hole therein, and set it in the embers to roste, then fill it full of Oyle Oliffe, and euer as it dryeth, fill it vp againe till it be roasted well, then take away the vppermost skin thereof, then straine the Onyon through a cloth, and keepe it in some close glasse, and when you will occuppe thereof, put some of it into ỳ whole eare, and let him lye on his sore eare

when

when he goes to bed: and if he vse this nine nightes, at the furthest: it will helpe him. Proued.

33

For the Fundament that goeth forth. Take the toppes of red Nettles, and stampt them in a morter, then put it into an earthen pot then put thereto a good portion of white Wine, and set it ouer the fire, and let it seethe till halfe the liquour be consumed, and giue the party diseased a good draught therof something hot to drinke morning and euening, first and last: for the space of ten daies. And also applye the hearbes something warm to his Fundament: and it will helpe him perfectly Proued.

34

For the eyes that be chafed and the liddes turned vp, blered eyes. Take Arnement, Honny, and the whites of Egges, of each a like much, temper them wel together: then take flare and lay the same thereon, then applye the same vppon the sore eyes, and it will drawe the euill blood out of them, and perfectlye heale them. This Medicine hath beene proued.

35

It is saide that a Hart doth so abhor a Ram: that he cannot abide the sight of him. Aristotl, Plin. And other.

36

When fowre or fiue Planets bee coniunct or ioyned together in the Ascendent, or first house, of any Childe that is borne: that Childe will not liue long. Expositer doth saye the King of our Cittie did call me, because one of his Women had borne a Sonne, and the Ascendent was the eight degree of Libra, the terme of Mercurye, and Iupiter was in the same, and also Venus, Mars and Mercurye: and the company of the Astrologians did mete together there: and euerye one of them did tell his opinion, and I helde my peace: The King sayde vnto me, say what thou can: why doost thou not speake? To whome I answered giue me respite for three dayes, for if your Sonne shall passe the third day, you shall see a great miracle of him. And after triu. howers was ended, the Childe did rise vp to sit, and he spake and gaue signes with his hande, whereof the King was greatly afreaid. And I sayde, that he would speake some prophesie, or some miracle. Then the King went to the Childe, and we

with

with him, to heare what hee would say. And the Infant sayde, I am the Infortunate borne Childe, and I am borne to shewe the losse of the Kingdome of Azdexit, and the destruction of the people of Almanaz. and straight way the Childe fell downe, and died. Haly Aben.

37

This following is a secrete, and an approued thing for the Palsey, wherof if you giue thrise in the day to him that hath the Palsey, halfe an ounce, that is in the morning three howers before meate, and two howres before Supper, and at his going to Bed: it wil help him therof. Take of the new and fresh braine of an Hare, broyled or fried, one pound, the iuices, of Sage, of hearb Iue, and the iuice of the rot of Acorus of ech thrée drams, of pure Sinamon, Cloues black pepper, of each half a dram, Turpentine washt with the water of hearbe Iue, three ounces, Sugar dissolued in the water of hearbe Iue, as much as dooth suffice: And thereof make a Lectuarye, according to art, and knowe that it is maruelous. Emperica benedicti victorij fauentini.

38

To helpe swolne legges. Take Mallowes and seethe them: in water, then stampe them well, and straine them: then put thereto Barrowes greace, and frye them together, vntil it bee something thicke, and like an oyntment: laye some thereof vpon a cloth. and make a Plaister, and applye it to the sore and swolne legge, and lay a newe plaister thereto twise euery daye, morning and euening, three or foure dayes together: & by that time it will be asswaged, and as small as the other. This was tolde me by a Woman that had tryed it many times.

39

One neuer hath the Colwe, vntill he hath known a woman carnally. Hippocrates.

40

Alexandrinus, Iouianus Pontanus, doth say: that he sawe a man was greeuously stung or striken of a Scorpiõ which presently was deliuered and helped thereof, with drinking of Frankensence, wherein was sealed the Signe of Scorpij, or of a Scorpion: being after made in powder. But it must be grauen in the stone of a Ring, (Scorpio ascending) the Moone then being there, and plaste in the Angle, and the Frankensence must be sealed with

that seale when the Mone is in Scorpio, and found in an Angle. And let it be giuen in pouder as is before said, either in water, or in white wine, or in any other méete liquour.

41

Heere ensueth the making of a miraculous Oyle, called oyle Incombustible. Take of white Sope the best that may be gotten: and after you haue beaten it well and fine, put it into a greate Retorte, on which powre so much weight of Aqua vitæ seauen times distilled ouer, then set the Retorte into ashes, fixing a large receiuer to it, and very well luted in the ioynts: this done, make vnder it a softe fire in the beginning, and encrease the fire by little and little, vntill all be issued forth that wil come, which together wil be an Oyle and Water, then draw away the receiuer, and seperate the water from the oyle, which Oyle is incombustle and miraculous in sundry matters, in the worke of Alkemy: for this greately auaileth in fixing the medicine Volatile, and seruеth well to incorporate with all mettals, and ceaseth such as be crude, and likewise sweetneth when they be egar. This also dissolueth all paines and swellings caused of grosse and clammye humors, and healeth in a manner all sorts of wicked Vlcers. And in this, (saith ỳ Author) I conceiued a greate delight, as to worke such a maistrie, to see so many strange fumes and varieties: but a more pleasure I toke in the practise, as to see how the same auailed in euerye matter whereto it was applied. By which I proue this to be a diuine substance, and an oyle worthy of eternall memory. And this was the greatest secret, with which that singular Matheus the Hungarian, did so many great maruels in Padua: for he healed with it the Dowte, the quarten Ague, the pame of the French disease, and the dry scab on the head, with sundry other greefs, for which while he remained in Padua, he was highly esteemed and wondred at. And at the last in his departure from Padua, he reuealed it to me, that the only medicine which he vsed to all the greefes, was this Oyle and none other. The making of which, he fullye vttered vnto me at his departing: which before he would not teach to any man. And the same I haue many times made, & haue also seene such strange practises of it, that to repeat thē I should scantly be beléeued. Hæc de secretis Falopij.

To

42

To put a Shedule, or little writing in an Egge, lay an Egge certaine dayes in strong Vinegar, vntill it be softe, and write your name or what you list in a little peece of paper, and fold the Paper as hard together as you can: then with a Raser cut the said Egge in the toppe finely, and aduisedlye: through the which put the little Paper into the Egge circumspectly, and then put the Egge into cold water, and immediatly the shel will be harde as it was before. A proper secret.

43

The quieter Beasts haue the lesser Galles: the fearefuller, the greater harts: the lighter or more leaping, the more Liuer: the merrier or more pleasant, the greater Splene: and the greater voice, the more Lights: much like to these verses following.

Cor ardet, Pulmo loquitur, Fil commouet Iras,
Splen ridere facit, cogit amare Iecur. That is.

The hart doth burne, the Lunges do speake,
the Gall to ire doth moue:
The Splen or Milt doth make vs laugh,
the Liuer makes vs loue. Mizaldus.

44

Cauda Draconis in the second house, called the house of Substaunce: signifies the childe then borne, shall wastefully consume and spend his goods, or signifies the losse thereof. And that he shall come to pouerty and open misery. Haly Aben.

45

Agrimony is of wonderfull profite in medicine, especiallye: against hollow wounds and vlcers. Petrus Hispanus. And Trotula saith, that though the Fistula that penetrates to the eyes, is incurable: yet some do witnesse that such a Fistula may be cured, by Agrimony alone, by often vsing it, either in drinke or pouder. Filipendula is good for the same, and the graine or little rounde thinges, that are found in the end of the rote. Cordonius alleadgeth Egremony to be the best and surest medicine for the curing of a Fistula.

46

For the web or spot in the eye. Take the great bone of ỹ Goose wing, the elder the better, for though it be a yere olde it is not the worse, breake it, and take out the marrowe that is within it:

then put some of it vpon the web, or spot, and it wil breake it, and saue the sight. Proued. 47

The vertues of Mormentil. This hearbe comforteth the sight and clenseth the bodye af diuerse maladies: the powder thereof is good to clarifie the sight of the eyes, though one be blinde. And this hearbe is dressed on this manner. Take the hearbe with the rote, and seethe it with white Wine, till the third part be sodden away: and giue him that is blinde to drinke of this licquour nine daies in the morning cold, and at night bloud warme, and within that time he will recouer his sight (by Gods grace.) But if the sight of the eye be hurte, take also the hearbe and stampe it, and sethe it in white Wine, with a little water put into the Wine, then laye or spreade the hearbes on a linnen cloath, and binde it vpon his eye or eyes, and it bringes a wonderfull helpe. If thou stampe this hearbe with the rote, a good quantity, and put it into a little vessell full of Wine, and let it remaine therein three monthes. Whosoeuer drinkes often of thys Wine, though hee hath been blinde nine yeers, he wil recouer his sight again. This I had out of an olde written book, which dooth much agree with Petrus Hispanus, in this case: whose minde therof I haue mencioned in another place of this booke.

48

If the parte of Fortune be cadent from the Ascendent, and doth not behold there the light or Luminary of the time, and his Lord be weak, and infortunate, and remoued from an angle, not beholding the parte of Fortune, and the Lord of the house of substaunce, be euill affected of euill Planets, or if the beames of the sunne: which destroyes & scatters, it signifies that he or shee that is then borne shalbe poore, a wretch, and that hee will not bee able to get his owne liuing, and that he is like to liue of Almes. Haly. Abenragel. 49

This following is a secrete and approued medicine for them that are short breathed: very good for the poore because it is not costly. Take of the rotes of Hollycke dryed in the shadowe, one pound: made in fine powder, clarified Honny, foure pound: sethe them ouer a fire, and stirre them together vntil it be in the fourm of a Lectuarye, whereof let the patient take often: and he will be whole. Emperica benedicti victorij fauent.

A

50

A perfect and moſt ſure and proued remedye, and a rare ſecret for the helping of Womens ſore breaſts that be ſwolne, and full of paine: which was reuealed vnto mee by an olde Woman: who sayde that the Lady Owen, Doctor Owens wife, vſed it to women in this caſe very much, who kept it as a good ſecrete. The medicine followeth. Stamp or bruſe nine little wormes, of ſome called Swine lyce, (which commonlye will be founde betwæne the barke and wood of olde or drye træs, which haue many fæte, and being touched, they become round as a Button,) in eight or nine ſpoonefulls of drinke, let them remaine therein all night, and the eight morning ſtraine the ſame drinke, and let the diſeaſed woman drink the ſame a little warmed, at one draught, and then let her laye to her breaſt, a two or thræ fowlde Linnen cloath warmed: the next morning, let her take eight of the ſame little wormes in drink, in ſuch order as before, and the third morning, ſeauen, and the fourth morning ſixe, and ſo euerye morning following one leſſe: diſcreaſing one euery morning, vntill nine morninges be ended, on which ninth morning ſhe muſt take but one of them, as it will fall out by the diſcreaſing one euery daye, and if ſhe be not then throughly whole of her breaſt: let her encreaſe euery morning one immediatly following, vntill ſhe hath receiued nine at one time, according to the order before appointed. A rare and notable thing, if it be true: for I neuer proued it.

51

For the ſwelling of armes, legges, or fæte. Take Linſeede, Wheate bran, Brocklieme, Chickenweede, Groundſell, of each one handfull, and one pottell of white Wine: ſæthe them all together, till it be thick, and lay a plaiſter therof to the place that is ſwolne as hot as the party can ſuffer the ſame: and it will take it away, and help him within three or foure plaiſters. Proued.

52

To helpe a ſtinking breath that comes from the ſtomach, Take two handfull of Comminſeed, and beat it to pouder, then ſæthe it in a pottle of white wine, vntill a quarte thereof bee waſted awaye: then giue the party a good draught thereof, firſte and laſt, as hotte as he may ſuffer it, and it will make him haue a ſwæte breath within fiftæne dayes. This is proued.

53

Marke what Planet is ruler of the twelfth house, and the day that bears the name of that Planet, wil be vnluckily to the childe borne at that time. And many times will haue mishaps of that day. Which by long experience is found true.

54

Put the feete of Hens in hotte embers, till the scales or skinne thereof be seperated and shrunke from the Legs: and with the same skin warme, rub Warts three or foure times or more, and it will driue them away. Petrus Hispanus.

55

If you wil dow away or consume a Wen, dow as followeth, binde fast the Wen, then take Verdigrese, Brimstone, Sope, oyle of Egs, Allom and Honny, of each a like much, and temper them together and lay it thereto, and it will dow awaye the Wen, and heale it.

56

A singular Oyle and very rare, which causeth a comelye face, and maketh the person merry which vseth it, yea, strong and hardye to fight: the making whereof doth followe. Take one pound or two of Hempseede, which after the finely beating therof, sprinkle and wet it with a little Wine, then put all the same into a newe earthen pan glased, and set it ouer the fire: beate it so long, vntill you cannot suffer your hand in it, after put the same substance hot into square bagges, which wring hard out, in a Presse, and an Oyle will come foorth verye profitable: whereof if any drinketh to the quantity of an ounce at a time, it maketh him pleasant and merry: and if a Souldier drinke it, it will make him both fierce and hardye to fight, without any feare or doubt of his enemy. And also it is profitable to women, in that it maketh them merry, and comely to see to, and in this manner you maye draw out an Oyle out of all seedes. This is in the newe Jewell of Health.

57

A notable and often proued medicine for a Sciatica, ache, gowt, or other paine or greefe. Take a pinte of pure Aqua Composita, one Beastes gall, and one ounce of Pepper beaten into ponder, boile them all together vntill halfe the Aqua vitæ be consumed: then lay some therof in a cloth like a plaister, and apply it somthing hot to ỹ greued place, and let it lye twelue houres vnremoued,

ned, & do thus foure or fiue times if néd be: for it is a sure helpe.

58

A precious water for eyes that be faire and cléere, and yet are blinde. Take Smalledge, red Fennell, Rew, Verueyn, Bettany, Egremony, fiue leaued Grasse, Pympernell, Eyebright Sage, Celendine, of eache one quarter of a pounde, wash them cleane and stamp them in a faire Brasen Morter, or in a pan, then take the powder of fiftéene Pepper Cornes finely searced, and a pinte of good white Wine, and do them to the hearbes, and also take three sponefull of life Honny, and fiftéene sponefull of the vrine of a Boy that is an innocent, and mixe them all together, and boyle them ouer the fire a little while, and straine all through a cloth, and kéep it in a glasse well stopt, vntill you occupye it: and with a Feather do it into the sore eyes, and if it drye away, temper it with white Wine againe. This is a medicine for all manner of euilles of sore eyes, to make a man sée, if euer he shall sée, within fiftéene dayes on warrentesse: by the grace of God. This I took out of an ancient written book.

59

Euery one that is borne, whose degrée of the seauenth house is the terme of an euill Planet, he shall dye a fowle death. And if it be the terme of a good Planet, he shall dye a faire and good death. Haly Abenragel.

60

If you rubbe Warts with Egrimonye, stampt and mixte with Vinegar, and also plaistred vpon them: it taketh them awaye cleane. And also if Purslaine be rubbed vppon them: it pulleth them vp by the rootes. Petrus Hispanus,

61

For the Coddes that be swolne, Take the powder of Commin séede, Barly meale, and Honny, of each a like much, frye them together with a little Sheepe suet, and binde the same as a plaister all about the Cods, and it will helpe. Proued.

62

This following will breake a Byle, Botch, or a Fellon. Lay first thereto some Posset crud, and let it not be remoued of twelue howres, and that will gather the matter together, and make it tender. But if once applying of the Posset Crud do it not, then applye thereof to it twise or thrise: then take vnquencht

Lime,

Lime, and caſt vpon it ſome faire Spring water, and mire the ſame with black Sope, and lay to the ſore a peece thereof, according to the greatnes that you would haue the hole of the ſore, and when it is broke, then waſhe it in white Wine a little heated: and ſo heale it with Butter and powder of Sugar mired together. This is a ſure and approued thing.

63

A Notable Secrete for all incurable aches and paines in the ioyntes where euer they be. Take all the whole horne that a Buck caſts off, the later the better, caſt away the ſcalpe, take nothing but the horne, cut the ſame in ſhiuers or peeces, thē ſeeth the ſame in a gallon of faire water, vntill all bee come to a pinte, or ſomething more: then caſt away the peeces of the horne, and then let that in the veſſell ſtand vntill it be colde, which then will be like a Jelly, and when you will occupye thereof, warme ſome of it in a Sawcer, or ſome other conuenient thing, and then annoynt the greeued place therewith by the fire, morning and euening, and let it drinke in by the heate of the fire: and it will helpe and heale it throughly for euer, (GOD willing) within nine or ten dayes. This is very true, and wel proued: which a frend of mine tolde me, that helped himſelfe of ſuch an ache therewith, that neither counſaile of Phiſitions, practiſe of Surgions, nor yet the long vſing of the Bathes, could eaſe: whereby he ſpent much mony in vaine, vntill a Wench by chaunce tolde him this excellent remedy. Which as ſhe ſaide a noble man of this Realm did learne beyonde the Seas: who hath reuealed it ſince to the great commodity and helpe of many.

64

For ſwolne and ſore throtes, a rare and ſure remedy. Rub your hand on the bare earth or ground, and then therwith rub the ſore or ſwoln throte, if preſently you do thus three ſeuerall times the ſwelling and paine wil marueilouſly goe away. This was taught me by a frende of mine, that did knowe it to bee true by proofe.

65

An excellent remedye for a great heate and pricking in the eyes. Fil an Egſhel newly emptied with the iuice of Singreene, and ſet it in hot embers, and ſcum of the greene baggage from it, and then it will be a water, then ſtrain it, and keep it in a glaſſe

and

and put some of it into the hot eyes, foure or fiue nightes together and it will cease the burning & pricking therof quickly.

66

He will scantly or neuer dye an euill death: that hath a good Planet in his eight house. Haly Abenra.

67

A wonderfull drinke against brusings, and it helpeth such marueilously that are brused through falling. Take Egremonye, Bettony, Sage, Planten, Ivy leaues, Roseparslie, stamp them together, and mixe Wine thereto: giue the patient it often to drinke, till he be whole. A true and tryed medicine. I thinke that Pet. Hisp hath the same.

68

If you burne fower ounces of Turpentine, vpon a hot or burning plate of Iron, vntill it may be made in powder, and then mixe two drammes thereof, with fower ounces of the water of Saxifrage, and giue it twise in a weeke, earelye in a morning to thē that haue the stone in their Blather, and so continue it two months: he shall not only be preserued from breeding of the stone in the Blather: but also it will burst and driue forth ẏ stone bred there already. This is proued, and a secret, and is to be kept well in minde. Emperica benedicti victorij fauentini.

69

If Lauender be well sod in water, and then strayned, and halfe a pinte thereof drunke daylye first and last, for the space of a fortnight, it will heale them that haue the Palsey. This was found in an old written book.

70

An excellent and spædy remedy for many diseases, and chæflye for the stomacke. Mixe two spoonfull of Sallet oyle with two spoonefull of pure Aqua vitæ, and drinke all the same in the morning at one time: do so fiue or seauen mornings together. It is a notable and often proued remedy.

71

For the Strangury, a strange medicine. Take a pinte of good Aqua Composita, and put a good handfull of Ivye leaues therin, and keepe the vessell well stopt, and the Ivy leaues will consume therein, vse to drinke of the same three or fower spoonfull at one time, morning and euening, first and last, fiue or fixe dayes together: and you shall see a marueilous helpe therof.

72

This following is a proued medicine for the ache in the huckle bone, called the Sciatica. Take a pounde of good blacke Sope, one pinte of good Aqua vitæ, halfe a pinte of Sallet Oyle, and a quarter of a pinte of the iuyce of Rewe, sæthe them and stur them all together ouer an easie fire, vntill it be something thicke, and that it may be made in a plaister: then spread some thereof vpon a pæce of Leather, and apply it to the ache or pained place, and let it lye thereon vnremoued thræ dayes and thræ nightes, and if the paine be not then gon, then apply such a nother plaister therto, and remoue it not of so long, and it wil help it certainely. This was tolde by one that knew it often proued.

73

The powder of white hard Sugar, put into a bloodshotten eye, or that is something dim of sight, it helpes the same, and mends the sight very well. Especially if you put afterward a little Rose-wafer into the eye. This I haue proued oftentimes to be true. Yea, and I think if it were vsed, it would consume the web of the eye, at length.

74

Haly saith, that he that begins to set forwarde his iourney in sayling, or enters to goe to the Sea in the hower of Saturne, he will be drowned: or els will be lost by the inuasion of Pirates or other: or els ỳ fiercenes or great raging of the Sea wil throwe him to the land where he shall suffer shipwrack. Or els into farre Ilands he shalbe carried, (perhaps vnknowne to him.) Which of trueth hath alwaies hapned to that Ship that then sets forward as the book of Natures did containe: which as he hath diligently proued, and read, which chæfely entreats of the iudgements of howers. And the saide Haly saith further, as followeth: when a certaine Ship did set forth or forward in the hower of Saturne, I sayde to one of my fellowes, which vnderstode something in this Science: all these men are giuen to be lost, and within a while after they all perished. Thus much saith Haly. And in the beginning of long iourneyes as well by Land as by Sea, in this hower I haue knowne much harme and mischæfe to follow: which although many do not, nor wil beleeue to be true, because they knowe neither this excellent Science, neither the prowfe of these thinges: yet many that be wise and learned, and that haue paied

full

full dearelye for the prouing thereof: doth think this no lye. But if some of them did knowe the same power, and should practise some such like thing therein: the euent therof would teache them I thinke, not to be so incredulous. I knowe (I thank God therefore) that no harme shal happen to the children of God: for he wil so guide them, that neither man nor Deuill, nor any other thing can destroye them, though in this world they may seeme to hurt them. And as he doth preserue them from harme, euen so he appointes them their times to walke in, and the very beginning of their iournies: Assured and am fullye satisfied, that he by his diuine prouidence, makes them auoyde that power, and other euil times: and the wicked and vngodly haue happed of that time, to their destruction. Therefore for my parte, I attribute nothing to the time, but all honour to God, that made the time: whose glory and power is to be extolde, that foreshewes such things to man, by such powers or time.

75

Blacke Sheepes wooll, mixt and chafed by the fire, with fresh butter, and the deafe eare stopt therewith at night, and thus vsed nine or ten nightes together, it helpeth deafenes perfectlye, and spædilye. A proued thing.

76

Heer followeth a notable and excellent Aqua vitæ. Take Galengale, Cucubarum, Ginger, Nutmegges, Cloues, Sinamon, of euerye one an ounce, fresh Sage, foure ounces, water that is distilled sixe times out of pure and good wine, ten ounces: put them all together, and let them remaine so in a close cleane vessell three daies: then distill the same, and keepe that that is distilled in a cleane and close vessell. Whosoeuer drinkes a Nut shell full of this water euery day, it wil preserue their bodies marueilously, and kæp thē from many diseases, and bring them to olde age. It is saide that M. Gallus, Phisition to Charles the Emperour, vsed this water, and liued a hundred and foure & twenty yéeres. Georg. Alapide deuised this water.

77

If you desire to haue swéet water forthwith, or by and by: put two or three droppes of Dyle of Spike, in a good deale of pure water, and chafe it together in a Glasse with a narrowe mouth. Euonimus.

78

An excellent oyle for cold aches. Take the wood of Iuy dried, cut the wood in little peeces, and of the berries, and gum of Iuy, of each a like weight: let them be put in an earthen vessell, bored through in the bottome in two or three places: and then let an other potte be set vnder it in the earth, and ioyne the bottome of the vpper pot vnto the mouth of the nether with clay or paste, and the vpper pot must stand wholy aboue the ground, then make a fire on euerye side, and the Oyle will distill blacke into the nether vessell. This oyle before all oyles healeth the gréefs of the ioynts of a colde cause. This is proued to be a notable oyle in this case. Rogerius seemes to be the Author heerof. As appeares in Euonimus.

79

If you put out the white of an Hens Egge, and fill vp the same egge with the iuice of Flowerdeluce, and mix the yolke and it well together, then warming it a little in the hotte ashes, and so giue it in the morning to them that haue the Dropsie: it will auoide downewarde the Dropsie water aboue measure. This is proued to be true. Much like vnto this, Benedictus victorius fauentinus writes for the same cause: but he appoints the iuyce to be giuen with Mellierate.

80

A proper practise to make a Capon to bring vp young Chickens. Take a Capon and pull his belly bare of feathers, and after rub the naked place with Nettles, then setting yong Chickens vnder him he will maruelously cherish them then, and bring them kindly vp. And the rather if you vse him thus for a time: for by that meanes he is moued the more willingly to cherish, bring vp, and feede: yea, and to loue them, as the Hen would do naturally. And the reason thereof is, for that by the pricking of the Nettles, he is the rather desirous to couch on the soft downe and feathers of the young Chickens, sitting vnder him. This I had out of the Naturall and Artificiall conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

81

One Aeschilus was foretold by an Astronomer, that he should be killed by some ruine, or something that should fall vpon him, vpon a certaine day or time: (who to preuent the same,) did walk abroad a certaine space about the warned time, and would

by

by no meanes come into any house, thinking thereby to auoyde the danger, vnlesse the heauens should chaunce to fall: but mark how hard it is to auoid Fate or Gods determined appointment, about the saide time foretold by the Astronomer, an Eagle did flie ouer his head, from whome a stone did fall vpon Aeschilus head, and killed him. Whereby we may not onelye see that mans wisedome and pollicie is not able to frustrate Gods prouidence: but also that there is a maruelous certainty in the Astrological foreshewing of euentes: especiallye, by directions: which Ciprianus Leouitius seemes to affirme by this and other notable examples. And sure I am by many proues and trialls, that the euents will assuredly happen at the time promised by directions: that is when the Signifier comes to the very place and minute of the Promissor, accounting for euery degree betweene them one yeere, and euerye minute aboue fiue dayes, if the Signifier be to be directed by the direct Ascentions: but if the Signifier be to be directed by the oblique Ascentions, (or els Intermixtim) which is not very easily or sone done, then they signifie somtimes more, sometimes lesse, according to their swift or slow ascending, which directions to be infallible, the learned and expert heerin cannot chuse but affirme. For that they are found as perfect by proofe, and as true by triall, as the breake of the daye dooth assure vs of the rising of the Sunne.

82

An Lamberge a towne of Scheleſia, as Iohannes Langius writes a certaine Woman great with childe did followe a Preeste that had newelye washed or bathed his feete: who being taken with such a longing or lust with the sudden sight of his bare feete, that she priuilye behind his backe, did holde his legge with her handes, and out of the same pluckt a peere of flesh with her teeth: Nothing regarding the cry of the poore Preeste, which cryed out both of God and Man.

83

If the foote or legges of an Oxe, Cowe or Horse be swolne by chaunce, marke the ground where the same swolne legg or foote dooth stand, and take or graue vp with a knife or dagger, a turfe or peece of earth in the same place where the same foote did stand, and hang the same Turfe or peece of earth vpon the bough of a white thorne, or some other tree, (if it be faire or drye wether,) if not, then hang it in some Chimney where fire is: made and af-

ter

ter as the ſurfe or earth doth drye, ſo will the ſwelling ceaſe and the paine go away. This I haue proued to be true diuers times. And it is practiſed of many: eſpecially, for Oxen or kine. But the ſuddaine ſwelling and greefe of my Horſe legge hath beene helpt therewith, within two or three dayes, and by none other meanes. Who liſt to proone it ſhall finde it true: although it be farre vnlikely.

84

The water wherin Lauender is ſod, doth quite put away any ſpot or ſtaining in any cloath, Cap or Hat: if the ſteined place or ſpotted, be waſhed or rubbed therewith. It is very true, proue it who liſt.

85

To make any fowle of what condition the ſame be, to haue the feathers all white. Take the Egges of what Birde or Fowle you will, role them in the iuice of the hearbe called Mouſe eare, or in the iuice of Houſleeke, or otherwiſe in oyle (after the minde of Cardanus,) and after put the Egges againe in the neſt: for after the hatching, the feathers will growe white. This is taken out of the Naturall and Artificiall concluſions of the Scholliers of Padua. Tranſlated into Engliſh by Thomas Hyll.

86

If the figure of a Lyon be graued in a thin plate of Gold, when the Sunne is in Leone. (that is the ſigne called the Lyon:) ſo that the Moone beholde not then the ſixte houſe, nor the Lord of the Aſcendent beholde Saturne or Mars, and the Moone then ſeperate or rather free from them: it doth put away the intollerable paines and torments of the backe: if it hang at the raynes of the backe, or touche the ſame. And if Trociskes be made of the powder of pure Olibanum and Goates bloud, and after ſealed with the ſame Lyon, and after dryed, and then being diſſolued in white Wine and drunke faſting: it worke a maruelous effect againſt the ſtone of the reynes and of the Blather. Andreas Cordubenſis to Gregory the Biſhop of Rome.

87

This confection following is a moſt excellent medicine and remedye for many inwarde effects: eſpecially, for all fluxes of bloud from whence ſoeuer they flow, and alſo other fluxes: moreouer, for them that haue great paynes in their backes, and alſo paynes in their Liuer, or whoſe Liuer is not all together well.

And

And Galen the Author hereof sayth, (belike for the excellencye thereof,) giue not this before thou hast receiued a reward therfore: the making whereof dooth followe, Take of Sinamon, Cascia lignea opium, of each two drams, Mirre, both Peppers, Galbanum of each one dram, let them be stamped, and then mixed with a little clarified Hony, and made in a lump or masse, giue thereof at night two rounde Pilles, something bigger then Peason, in the softe of a rosted Apple, and let not the party drinke of two howers after, and if his greefe and paines be neuer so great, he will be in marueilous ease and quietnes, within an hower or two after, and so remaine the most parte of all the night: yea, and perhaps sleepe soundly and well. You may giue it two or three nightes together, if the party be strong, but if he be very weake, giue it euery other night, three or fower times: and if the partye be in extreame paine, then giue it when you list. But if the stomacke be full of meate or fleame, it will shew the lesse effect. Who euer shall proue it, shall finde it a worthy thing. I haue proued it aboue a hundreth times.

88

A fine way to make Corall by arte, which followeth. Make the Hornes of Goates (firste shauen or scraped,) into pouder, and let the same steep in strong Lee, made of the Ashes of ỳ wood of an Ash, fiftéene dayes together: afterward take it out of ỳ saide Lee, and mixe it with Cinabrium, dissolued in water, and hang it ouer an easie fire, vntill it be thick, and if it haue then the cullour of right Corrall: make it in the forme or fashion you thinke good, dry it, and publish it according to arte. This doth Mizal describe.

89

The iuice gotten out of a red Onyon, and three or foure drops thereof put into the deaffe eare colde, three or foure nightes when the partye goes to bed, helpeth the deafnesse: be it neuer so great or auncient. Feare not though it put you to some payne at the first time: for at the second time it will be more easie. This was taught me by one that knew it by proofe.

90

To make a woman that hath a dead child within her, immediatly to be deliuered there. Take the quantitye of an Almon of a Bulles gall, mixe it with two spoonefull of Wine, and let her

drinke

drink it: and she shall auoide it straight Iacobus Weckerus.

91

Deuide an Apple in the midst and in the one halfe of the Apple in the midst of it make a round hoale, by cutting a peece out of it, then into the same hoale, put a black Beetle, and so lay the flat side on the table: and the Apple will moue, by the meanes of the Beetle, to the maruaile of them that behold it.

92

Take an Apple of Coloquintida, and lay the same to steepe in water, a whole night, and after boyle wormewood in ỳ water: which water being cast about the Chamber, killeth all the Fleas therin. Also annoint a staffe with the greace of a Hedgehog, and lay the same in the midst of the Chamber, and all the Fleas there will come and cleaue to that staffe.

93

A Certaine young gentlewoman or Lady, trimming and dressing herselfe, holding then in her mouth a few of Pinnes, was suddenly and priuily stricken betweene the shoulders, by a certaine Rular or Prince, (being her Louer,) wherewith she was so suddenly feared and amased, that she swallowed the pins which she did holde in her mouth: which pinnes she auoided in her vrine within two dayes after without any harme. Iohanes Langius.

94

If Roses and Lylyes be sown ny together, or that they touch one another, the flowres of them will smell the more pleasantlye, and will growe the better. Mizaldus.

95

One Apsius gotte much money with this moste excellent Oyle following, and was marueilously estemed therefore: after whose death the King of Spaine did giue vnto his wife fiue hundreth Crownes, for the vttering and disclosing the making thereof, as is manifest in a booke made of the same at large by one Ceorge Baker, in ỳ English tung: which hath manifestly shewed his honest hart and naturall loue to his Cuntry. The same Apsius in his life time, and his wife after his death, did help al woũds olde vlcers, aches, paines of the back and Emrods therwith, and it is maruelous good for the gowt, the making of the oyle is thus. Take of the most purest and oldest white Wine, one quarte, of

the

the oldest oyle Oliue three pound. Carduus Benedictus (called the Blessed Thistle) Valerian, and the lesser Sage, with the flowers if you can get them, of each a quarter of a pounde, of the leaues and flowers of Saint Iohns Wort, halfe a pound, let the hearbs and flowers be infused or steeped in the said wine and oyle xxiiij. howres, the the next day let all be put into an earthen vessell leaded or a vessell of brasse vpon an easie fire, vntill the wine be consumed, mouing it still being ouer the fire: then being taken from the fire and strayned, put therto of Venis Turpentine, a pound and a halfe: then let all boyle together a quarter of an houre, then put therto Olibanum, fiue ounces, Myrre three ounces, Sanguis Draconis, one ounce, and let all boyle vntil the Myrre be dissolued then put it into a vessell of glasse stopped, and let it stande in the hot Sunne ten dayes: before you vse this oyle, you must wash the sores or wounds with white wine, wherin must be the pouder of Olibanum. I haue written this heere, because I think therby many shall haue knowledge of this precious Oyle: which otherwise should neuer haue hard of it.

96

A sweete water and vnknowne, whereof one parte mixt with ten quartes of pure water, maketh the whole most sweet. Take Nutmegs, Cloues, Galingale, Spicknard, graines of Paradise, Mace, Sinamon, of euery one an ounce, pound or stampe them all, and thereto twenty graines of Muske, or lesse, as you delight in the smell thereof, powre into them a pound and halfe of Rosewater: let them so remaine together in a close vessell fower or fiue dayes, then put thereto thrise as much Rosewater, and distill all the same in a Pot or Kettle full of water, seething as in Balneo marie, and keepe the distilled water in a glasse well stopt: to the vse before said. Euoni.

97

If an Egge painted with sundrey colours, and the same set vnder a Henne which sits to bring forth Chickens: she wil hatch thereof a Chicken, hauing the like fethers vnto the colours painted on the Egge. Thomas Hyll out of the naturall and artificiall conclusions of the Schollers of Padua, affirmes this.

98

If one make a little rope of the guts of a wolfe, and then bury

the ſame vnder the Sand or earth, there will neither Horſe nor Shœpe goe that way: though you beate them with a ſtaffe. Albertus.

99

It is ſaide that a Hare doth liue ten yéres, the age of a Cat is ſo much, a Goat doth liue eight yéres, an Aſſe thirtye yeeres, a Shœpe tenne yeeres, but the Belwether many times doth liue xv. yæres, a Dog xiiij. but ſometimes xx. a Bull xv. but an Ore becauſe he lackes his ſtones, doth liue xx. a Swine and a Pecock xvv a Horſe xx. and oftentimes xxx. there haue bæne Horſes that liued fiftie yéres. Pigions liue naturallye viij. yeeres, a Turtle and a Patrich xvv. yeeres, and alſo a Ringdoue, which oftentimes liues xl. yéres. Mizaldus.

100

The body of a Birch træ, cut or ſcorched, the ſpring time going before, doth yeelde great plentye of water, which water bæing drunke, hath a marueious ſtrength to breake the ſtone in the rayns. Matheolus vpon Dioſcorides, writes it.

The end of the ninth booke.

The tenth Booke of Notable thinges.

1

There is an euident familiarity betweene the Oliue tree, and the Myrte tree, for as Andronicus reports, the braunches, of the Mirte tree do pleſantlye extende or ſpreade by the Oliue træ, and the rotes of them do mutually embrace each other, nor any other plant but the Mirte tree wil grow wel, nye the Oliue tree. This alſo Mizaldus doth affirme.

2

The ſmell of Bitumem raw, or the ſmoak therof burned, receiued by the Noſe of ſuch as are græuouſly tormented, with the paines of the mother, is a preſent helpe or remedy. It is moſt certainly proued. Wherfore many Women which are græued with that diſeaſe, do hang it about their necks in woll, that they may driue away their fit by the oft ſwelling therof. Mizaldus writes this. And the learned Doctor Monardus affirmes the like therof.

The

3

The Sparrowe Hawke is a fierce enemye to all Pigions, but they are defended of the Castrell, whose sight and voyce the Sparhawk doth feare, which the Pigions or Doues knows well inough: for where the Castrell is, from thence will not the Pigions go (if the Sparhawk be ny) through the great trust she hath in the Castrell her defender. Iohannes Baptista Porta, hath written this.

4

The leaues of a willow tree, as also the barke therof sod in Wine, doth helpe them that haue the gowt: if they be fomented or bathed therwith.

5

Stoflerus an excellent Astronomer, knowing by his Nativity, that he should bee in daunger to be hurt about a certaine day or time: kept him selfe then within his owne house, assured that it was strong inough. The same day or very nye vnto it, that the euent should happe, certaine of his learned frends and he, as they were reasoning together, did varye in some certaine opinion, about the tryall whereof as it should seeme, he reached to take downe a Booke of his, (being placed there among diuers other,) when through the lack of a naile, the whole classe or shelf where the Booke was, fell vpon his head, and wounded his head verye sore. Which doth not only shew the worthines and excellency of Astrologie, especially, in a learned and skilfull person therin: but also our follye in flying from Fate, for that our Wisdome doth leade vs into it, when most of all we meane for to shun it. Therfore perfect prayer passeth pollicy, in preuenting of perils.

6

Three halfpenny weight of the powder of the Adamant stone, drunk with the iuyce of Fennell, drawes the water from them that haue the Dropsie. And the same stone put to the head, takes awaye quite all the paynes thereof. Iacobus Hollerius an excellent Phisition affirmes it.

7

It is a manifest thing and proued by dayly experience that the bodyes of them that be murthred, when they be found, if any of their kinred bee then present, or the partye or parties that killed or murthered them, or was the cause thereof: Immediatly blood will burst forth suddenly, either out of the wound, or nose, or out

of some other part of their body. I could alleage heere a great sort of examples for the verifying therof, but I omit them: for it is a thing found true by dayly experience, besides that Lucretius, Philip Melancton, Iohannes, Langius, and Leunius Lemnius writes therof.

8

Peeces of Amber being put or tyed to the hinder parte of the head: doth helpe the running or watrines of the eyes, with a marueilous successe: and hanged about the necke, doth hinder distillations, that they goe not downe by the throte. Mizaldus. Besides that, it is proued to be true.

9

A Certaine Woman went with a dead Childe in her womb aboue fowre yeeres, which by the counsayle of learned Phisitions and experte Surgions, was drawne from her peecemeale, and the mother did not onelye liue, but also conceaued an other Childe, as Mathy Cornace a notable and learned Phisition hath affirmed: who was present when the saide Woman was cut for the getting out of the said dead Childe. Mizaldus reporters this.

10

If Eeles be suffocated in Wine, whosoeuer shal drink of that wine, though they haue beene very much giuen to wine before and could scantly abstaine from the same, they will loath wine, and not be destrous to drinke Wine after. The greene Frogges which vse or leapes about springes, if they be suffocated in wine, worke the like effect. Mizaldus.

11

If Musaraneus called a Shrew, I take it to be ỳ blind mouse, doth chaunce to goe ouer any parte of any beast: that parte of the beast will after be lame. This I know to be true.

12

Whosoeuer would haue a very white and delicate Skinne. Let them boyle or beate Lytarge of Siluer in Vinegar distilled: and wash therewith their Skin which they desire to haue fayre, trim and white. This I took out of Mizaldus.

13

In the time of Traine the Emperour, a certaine man hauing a disease called the Dissury, did pisse with much a doo, a knotted Barly strawe. Anthonius Mizaldus hath written this. And I knew

knewe a Gentleman that after his death being opened, had a pigions feather sticking in his hart: which feather was shewed me by the Surgeons that did cut and open him.

14

Otes sodden and the hotte fume thereof close receiued on any lame members, either armes, legs or any other: and the said members put and holden, a good while in the same sodden Otes, when they may be suffred therein, and the same order vsed sowre or fiue times if nede be, doth helpe them perfectlye that be lame. This was tolde me for a very trueth by them that knewe it, and saw it tryed.

15

The tothe of a man hanged at the necke of the partye that is tormented with toth ache, dooth take awaye the paine thereof, especiallye: if a Beane be put thereto, wherin there is a hoale bored, and a Lowse put therein, and the same Beane wrapt in a pece of silk, and then hanged about the parties neck, as is before said. Mizal.

16

The most whitest Frankensence made in very fine powder, and drunke with Wine, (if it be in colde wether or in winter,) or in water wherin Reysons are sodde, if it be hotte wether, (or in Sommer,) in the encreasing of the Moone: at the rising of the Sunne, at noone, and at the setting of the Sunne: dooth maruelously helpe and encrease the memory. And is very profitable for the braine and the stomack. Rasis the Author hereof, by the report of Mizaldus.

17

Any parte or a pece of the Bone of a mans Arme, with the highest parte or ende of a Gose wing, beeing carried or borne of them that haue the quarten Ague, dooth cure the same. Mizaldus fathers this of Geber.

18

If one that hath the Dropsie or the Jaundise, shall drink their owne vrine for certaine dayes together, it will helpe marueloussye. This Hermes saith. But Benedictus victorius Fauentinus in his practises, affirmes for trueth: and saith it is certainely proued, that fiue ounces of the vrine of a Boye not polluted, and of a sanguine complexion, mixe with halfe an ounce of good white Sugar, being drunke euery morning early, fasting for the space of ten dayes, doth helpe certainelye the Jaundise, and also much drunke at once, a moneth together in such order, doth helpe the

dropsie perfectly. 19

Steepe a threed in oyle of Brimstone mixt together, and compasse a glasse with that threede in that place where you would haue it broken euen, or parted, and after kindle the same threede with fire, and do thus so often vntill the place of ỹ glasse be hot, and after compasse the same with a threed wet in cold water: and it will parte so cleane a sunder, as though it had been cut with a sharpe pointed Diamond. 20

If they that be swolne and are full of Dropsie, do lye three dayes and nights in their beds well couered round about in sodden Barlye: it helpes and cures them perfectly. This was proued by them that come very swolne from Ginny. And one of thẽ that was helpt therewith, reuealed it vnto me: which I am content to publish, to the common commodity of many.

21

The earnest searchers of naturall things, say and set forth: that certaine wormes are bred in the bowels or guts of the Hart, and they are destroyed by the eating of serpents, which the Hart doth allure with the breath of his nose to come out of their hoale or denne: and least the poyson of them should hurt him, he goes a pace to some fayre Spring of water, and whiles all his whole body is therein vnto the lippes, little drops or teares distills out of his eyes, which at length encreaseth to a thing, as bigge as a Walnut, and are in manner of a stone, and when he perceiues he hath thereby auoyded all the poyson, and being come forth of the water: with the rubbing of his eyes at a tree, the same lumpe or Stone, (being a hinderance to his sight,) he gets awaye. Which matter or Stone is a thing most effectuall against any venome or poyson. Many Phisitions of great authority and antiquitye, are witnesses hereof. Iulius Scaliger, and Amatus Lucitanus doo boast that they saw such a thing, and they affirme that it may be giuen effectually with a little wine to them that are infected with the plague: for by the strength and helpe thereof, so much sweate will come forth of the body, that you would thinke the whole bodye, will turne or consume into moysture, with which once giuing all the poyson or venome is thrust out of the body. The Arabian Phisitions calles the Stone Bosoard. And thereof Alexipharmaca, a remedy against venomes, Bezoardica. This Anthonius

chonius Mizaldus writeth. These Besaar stones, being of a most excellent, notable and precious vertue, are now gotten in Peru, in the West Indians, and found about ten yeres past, in certaine kinde of Beastes that goeth in the Mountaines of that Countrye, which are much like to shape or kinds that are in ỳ Portingale Indians, by a worthy Spanish Gentleman, called Peter de Osima, who killed some of those Beastes purposely, for the said Besaar stones, which he thought to finde in them: but although he loked and searched therefore in the bellye, and in other places of one of the greatest and eldest of them: yet he could finde none of them, neither would the Indians tell him in what place of the Beast they were, saying they knew no stones: being loath he should knowe that secrete. But at the last an Indian Boye, of twelue yeeres of age told him where to finde them. Wherfore the other Indians would haue killed the Boye, because the Indyans do much esteeme those Stones, for they doo offer them vnto their Gods, or before their Idols, as one of ỳ most precious things they haue. So that by the said boyes reuealing, the sayde Gentleman found the Stones in a certaine little purse that the maw of the beast hath, wherin the hearbs doth lye when he chaweth the cud. The said Gentleman giues a maruelous commendation of them in a Letter, which he wrote to Doctor Monardus an exrellent learned Phisition of Ciuill in Spayne: saying, that they are maruelous good against all venom, and against al sortes of poyson, as well in meates as otherwise, and to euils of the harte, and to expell and kill wormes, and that they haue healed such diseases with this stone, that it is wonderfull to be séene, both of Ladies, Gentlemen, and many other: naming many of their names in that Letter: saying further, that as a newe thing al such takes it in powder, as haue diseases which cannot be healed by medicine, and many do heale: & so with many other things he praiseth God, for the great benefites receiued by the vertues of this Besaar Stone. And the said Doctor Monardus hauing receiued of the sayd stones from the sayd Gentleman, dooth marueilously praise and extoll the sayd Stones in a worthy worke or booke made by him of certaine Trées, Dyes, Plants, and Stones of wonderfull great & marueilous effects, whose very words thereof, (as much as shall seeme needfull therefore:) I heere doo

vtter. If I would (saith he) put heere the great effectes, and the diseases which the Stones of Peru haue healed, that they which do come from thence do tell me, and that Gentlemen doth write me: it would make a great Booke. I will put that onely which I haue experimented, and the effectes that I haue vnderstoode that they do, and these that haue past by my hands, whereby all credite may be giuen vnto it, and as a thing certaine: seeing that there is experence of it, with all assuraunce and truth, it may bee vsed. Our Occidentall Besaar Stones haue great vertues, principally they do remedy many persons which be sicke of the hart, for the which I haue giuen great quantitys of them that haue beene brought me, & they haue made marueilous effects: so much that to many persons which did swound, by taking it away from them, they were deliuered from death. It must be giuen when they do swound, and before it come, taking it in the morning fasting with Rosewater, if the partye haue great heate, if not, then with the water of Flowers of Orenges, the quantitye of fower graines, euerye time made in powder. In all kinde of venome it is the most principal remedy that we know now, and that which hath done best effecte, in many that haue beene poysoned, which haue taken it, as well by venome taken at ỹ mouth, as by biting of venemous wormes, which are full of poyson. It doth truelye a marueilous and manifest worke, vnto them that haue drunke water standing in a stinking Lake, beeing infected with Beastes or varment, which are ful of poyson, and being swolne immediatly after they had drunke it, by taking of this Stone two or three times, they were remedied, as I haue seene them after. &c.

In Pestilent Feuers I haue giuen it many times, and surely it doth extinguish and kill the malice of them, which is the principall thing that the Phisitions should procure in the like diseases. And although he dooth take away the cause, and doth with drawe the putrification. And if hee do not extinguish and take away the mallice, the cure is neuer at an end. For that is it which killeth, and doth the principall hurt. And where there is certaine spots in the body like vnto flea bitings, which do appeare in the like Feuers, the Basaar Stone of our Indyans, doth make marueilous effectes. Of those which they haue brought mee, I haue spent the most parte, giuing in them the like diseases, and surely

it

it hath remedied many with marueilous succesſe, & in that which ſome of them hath bæne ſpent by me, hath beene in ſowndinges, and ſurely I haue ſæne in theſe Stones the effects ſo great, that it ſæmeth a thing of wonder. And eſpecially, I haue ſæne theſe cauſes more remedied in women, then in men: it is a marueleus thing to be taken, and it hath done manifeſt effects, where there is melancholy humor, it dooth repaire him much. And it dooth in him and in all thinges which do reſult of him a great worke, bæ it vniuerſall or perticular, in the head, or that as they call Mirarchia, and alſo in them that haue Leproſie: of the Arabienſſor, Elephanciacis, of the Greekes. It dooth profite much in Scabbes, in itchings, in Scruuines, and in all parts of the body that is infected. It maketh a very good worke: and doth remedy the euills manifeſtly. For that this Stone hath propertie to heale them. I haue giuen it in quarten Agues, & although it taketh not awaye the quarten, it taketh awaye the accidents of it, the faintnes and ſadneſſe, and the græfe of the heart: which in theſe Feuers are common. Surelye they do feele with the vſe of it notable profit, in all large and importunate diſeaſes. &c. It is good to caſt into Purges, ſome graynes of it, that if the purge do carrye venomous medicines, it may rectifie and amende them. And if not it giueth force and ſtrength to the heart, and they worke the better. In the Orientall Indians, they haue a cuſtome to purge them ſelues two times euery yeere: and eſpecially, the Noble people of eſtimation. And after they haue purged themſelues, they take euery morning faſting, fower graynes of the Beſaar Stone with Roſewater, or with water made for ỹ purpoſe, and they ſay that this dooth conſerue the youth, and dooth ſtrengthen the members and doth preſerue them from diſeaſes. And it is a good vſe, for it cannot but do them muche good. I haue giuen it to many people, and eſpecially to Children & boyes, that are tormented with Woormes: and I haue ſeene ſuch works as are not to be beleeued: if they were not ſæne. This and more hath Doctor Monardus written in his fayde booke of this Stone, and other worthye and wonderfull things, which Booke is diligentlye and truelye tranſlated into our Engliſhe tongue, by one Iohn Frampton Merchaunt. Which Booke is tituled and called, Joyfull newes out of the newe found World: who deſerueth great thankes, and

continuall commendations, for publishing such a common commodity, to his Cuntry. 22

A Water which will heale certainely the Fistulaes. Take two pound of water that is distilled out of good white Wine, as you still Aqua vitæ: put thereto of the water of Sage, and of the water of Rosemary, of either fiue pound, Sugar two pound, distill them together, and when they are distilled, put to the water distilled, one ounce of Sage, and as much of Rosemary, and when they are steept together eight dayes, straine it and vse it in curing of Fistulaes, Euonimus. In which Booke is manye excellent things. 23

If you lay the weeke of a Candle to infuse or steepe in the oyle of Hempseede, and after make a tallowe Candle thereof which if you doe light after it be colde: the same Candle will not goe out with any winde, so long as the whole Candle lasteth. And in like sorte may lightes bee made to serue in the night time, if that fine linnen rags be first soked in the Oyle of Hempseede, and dipped into moulten tallow, which so bound or wrought on a staffes end or otherwise lying in an Iron or plate at the end of a staffe. This is taken out of the naturall and Artificiall Conclusions of the Schollers of Padua. 24

The young Swallowes of the first broode, that a Swallowe hath, being cut and opened before the full of the Mone, two Stones will be found in her Pawes: whereof one is of one colour, the other is of diuerse colours: if these Stones (so that it be before they touch anye ground,) be wrapt or enclosed in a Hart skinne, and be tyed to the arme or about the necke of them that haue the Falling sickness: it dooth heale them of the same disease. Mizaldus writes this by the reporte of an Italian, which affirmed to him that he had proued it to be true. 25

Whosoeuer shall, especially, the first Friday in Maye, and euery other Friday in Maye, before the rising of the Sunne: graue, vp two turffes of new growne Grasse with the dew vpon the same, and then doth tye the grasse sides of them together, and shall then lay the same in the water in the side of a Ponde, or in some other water, so that the behemencye of the water doth not remoue the said turfes from the place where they be layd and so letting

letting them lye there vnremoued nine or ten dayes: if at the ten dayes end, he shall take vp the saide turfes, and vntye or lose the same, he shall finde a great sort of young Eeles within the same although there be not one Eele in the same water at the laying there of the sayd turfes. And then if he tye the sayde turfes with the young Eeles together againe, and laye them againe in the same water a great increase of Eeles will after come thereof. This was credibly told me for a very trueth, of one that did trye the same. I think they breed of the same dewe.

26

The Vine tree doth not agree with the Bay tree, for with his odor or smell, he is the worse, wherefore when the braunches of the Vine drawes nèr to the Bay tree, he will drawe backward, flying the smell of his enemye. Euen so the Burre is enemy or dooth not agree with Lentils. Iohan. Pep. Port,

27

An Image of a Ram grauen or molten in Golde, the first degree of Aries ascending, and Iupiter plaste in the same, not impedite by an euill Starre or Planet, so that the Moone and Venus beholde him freendly: is a marueilous helpe and remedy to to them that haue a continuall head ache, (if they weare the same Image of Golde.) Laurencius Miniatus, by the reporte of Iuuianus Pontanus, did with the same helpe a freende of his of a continuall head ach. Mizaldus.

28

If you wil cullour or paint the brisles of a Swine with diuers collours when they be well washt, and sod in Allom water, let them be put whiles they be warm, in water coloured with Saffron, if you will haue them yellowe: or in the iuice of Elderne or Wallwoort berries, if you will haue them of a blewe colour: or in water mixte with Flos eris or Verdigrease, if you wil haue them of a greene colour, and so of other colours. You may proue the same with the feathers of Birdes. Mizaldus.

29

The powder of Earth wormes, of Mice dung, or of a Hartes tooth, put into the hoales of teeth, that be wormeeaten, dooth pluck them vp by the rotes, or makes them fall out without any other Instrument.

30

If the stone that is found in the head of a long Snaile be made in fine powder, and blowne in the eye, it puts quite away al the spots thereof, and it destroyes the Web in the eye, and any other euill in the same. Mizaldus affirmes this.

31

In the Winter time, a spoonefull of Aqua vitæ sweetned with good Sugar, with a little peece of the purest white bread put into it, least it should trouble the braine, or do some harm to the Liuer, is healthfully giuen to grosse and flegmatick bodies, that it may concoct the humors, and defend their bodies from the Lethargie, which is a forgetfulnes, and a losing almost of the sences and from the Apoplery, which is a ceasing as wel of the inwarde sences as out of the outward, and from cold diseases. Leminius.

32

To make a Cand'e burn vnder the water. Take ware, Brimstone, and Vinegar, of each a like much, boyle all these together ouer the fire, vntill the Vinegar appeare al consumed, and then after of that that remaines, make a Candle: and you shall see the proper effecte as aboue is written. This is taken out of the Natural and artificial conclusions of the Schollers of Padua. Translated by Thomas Hill. 33

Take a ring that is hollow round about, into which put quick siluer and stop the same fast, that it run not forth, after heate the Ring somwhat in the fire, which being hot, lay on a table or stole and son after it will leap or daunce of it self, vntill it be cold. Proued. 34

Quench hot Iron in the iuice of Hemlockes, three or fower times letting it remaine therein euery time vntill it be cold, and the Iron wil be soft. Also Cardane writeth, that if you take Dyle, putting it into moulten Leade, seauen times together, and after quench Iron red hot in that Dyle fower or fiue times together, it wil make it soft. 35

A Certaine Woman with Childe, seeing a Bakers shoulder naked or bare whiles he did put breade into the Ouen, did long or desire so much to eat of the saide Bakers shoulder, that she abhord or loathed all other meate. Her husband hauing pitty of hys louing Wife, did agree to giue the Baker certaine money for e-

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uery bitte that his sayde wife should bite of his shoulder, and the same Baker suffered the sayde woman to haue two bites at hys shoulder: but when she began to bite at it the third time, he was so greeued with paine, that he would suffer her no more to bite at his shoulder. Immediatlye after the woman trauayled, and brought forth three Children, two of them alyue, and ỹ third dead. Iohannes Langius is the Author hereof.

36

A notable distilled water as followeth, worthy to be compared to gold. Take one parte of Gentian, and two partes of Centory, stamp them together, and put wine to them, and let them soke together fiue dayes, then distill them, keepe the water distilled in a close cleane vessell: this water dronke morning and euening, preserueth the body from all kinde of diseases, it putteth awaye all Impostumes, it maketh good colour, it resisteth the Plague, it healeth the sicke of the Phisicke, it auoydeth the stuffed stomacke, it breaketh the Stones in the reynes, it seperateth and putteth away the watrye humors of the Spleene, it helpeth forward the flowres, if it be dronke nine dayes together in the morning, and purgeth the belly: also it purgeth all choller, and all corrupt blood, it healeth all wounders within the belly, it cleareth the sight, it cureth poysoned bitings. To the healing of wounds, the powder of Centory ought to be put to them. Iulius in his book of waters. Euonimus describes this, which is a worthy worke.

37

Put Quicksilver in a Bladder, and laye the bladder in a hot place: and it will skip from place to place without handling.

38

An excellent water for purifying or cleansing the skinne of the face or other partes of the body, which is secrete and vnknowne. Take fyre new layd egges, halfe a pound of Malmesey, a young Pigion not wholy fethered, half a pound of new Chese, comming from the presse made of vnskimmed milk, eight Orenges, Dyle of Tartar three ounces, one ounce of Ceruse made in powder, gum of Arabicke, and Mastick, of either halfe an ounce water of Beane flowres, eight ounces, Rice fower ounces, steped first a whole daye and a night in halfe a pinte of Cream: cut the Orenges in peeces, and stampe them a little, then put alto-

gether with the Creame and Rice also. And distill the same also, with an easie fire: and keepe the water thereof distilled in a clean close stopped Glasse, and vse to rub or wet the face therewith euery morning before you goe to bed: and euery morning washe it cleane with water distilled of Bean flowers. Vse this a fortnight or three weekes together, and you shall finde it a notable thing.

39

To make a Glew to holde or ioyne thinges together, as hard or fast as a stone, & an excellent secret. Take vnsleckt Lime, and quench the same with Wine, and beate the same into fine powder, mixing therewith both Figs and Swines grease, and after labour them well together: for this (as Plinie writeth passeth the hardnesse of a stone, with which ioyne broken pots or any thing together. Also take Greeke Pitche, Rosen, and the pouder of little stones, these mixe together, and when you will occupye of the same, then beate it ouer the fire, and worke therwith, (that is, ioyne any thing therewith) and it holdeth them together as hard as any Nayle. Also take of Spuma ferri, one pounde, of Dyle shardes in powder, two pounde, of vnslackt Lyme fower pounde, of Dyle of Linseede, as much as shall suffice to prepare mixe and worke them together: this Glew is marueilous strong, which neither feareth nor yeeldeth to water nor fire. This is of the naturall and Artificiall Conclusions of the Scholliers of Padua. Translated into English by Thomas Hill.

40

An Angelike water of a marueious vertue agaynst bleardnes of the eyes, Canker, and burning with fire. Take three ounces of vnslackt Lyme, and halfe a pound of Rayne water, let thē stand together in a a vessell of Glasse or tin, three dayes, then mix and stirre them together, and let them settle againe a whole day and a night, in a vessell well couered, afterward strayn them tenderly through a Linnen cloath, vntill it be clere, then put into it ten drams of Sall Armoniacke, the whitest you can get, beate it finely, and let it be dissolued with long standing, and oft mouing in the sayde water. And when it is setled, strayne the cleane water that standeth aboue certaine times, or els distill it by a filter. This water healeth the spot and web in the eye, if you drop three drops thrise euery daye into them, continuing so vntill the eyes

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be whole, it taketh away also the teares of the eyes, the rednes, and the blearednes of the eyes. And also the Tankar and burning: It taketh away all spottes and staynes of cloath, both of Silke and Woollen: if they be washed with it a little warmed. Furnerius by the reporte of Euonimus. Besides I haue proued it in the like case: Therfore I am bold to say it is an excellent thing.

41

An excellent water called the Golden water, a Balme and a blacke Dyle dooth followe. Take of cleare Turpentine, seuen ounces, washe it well with white Wine, after take good white Hony three pound, clarify it with a little white wine ouer an easy fire, and take of the skim still from it: then put the Turpentine to it, mixing them well together: Then powre thereto of Aqua vitæ fowre pound, and mixe them well in a body of Glasse, luting it (or stopping it well,) then take Bugloss, Borage, Bawme, Sage, Lauender, of each one handfull, Wormwood one dram, Rosemarye two handfulles. Then take wood of Aloes, Xilobalsamum, the three Saunders, of eache one dram, Mace Nutmeg, Sinamon, Galenga, Cloues, Cucubes, white and long Pepper, Saffrone, Spykenarde, Graynes of Paradice, Cardomomum of each three drams, Zedoarye, halfe an ounce, Squinant half a dram, the pilles or rindes of Limons, the seeds of Limons, Sticados Arabike, of eache one dramme, Calamus Aromaticus half a dram, Carlinæ cardopacij, two ounces, Bistorte, two drams, the rote of Flower Deluce, halfe an ounce, Bayberries, Valerian, Polypode, of eache halfe an ounce, Licorice, Annes seedes, of either halfe a dram, of Radishe, two ounces of Coriander corect, halfe an ounce, Syler mounten, one dramme blaunched Almonds halfe a pound, small Reysons halfe a pound, being washt with Wine. All these) being beaten or strayned,) put into the said body of Glasse, to the Honnye and other thinges: and if there be not inough of Aqua vitæ put thereto more, and let them stand so seauen dayes, well couered and stopt: then after distill the same in Ashes with an easie fire, (all beeing well luted) for the space of fower howres, (leaste the Honnye boyle,) and there will come out a cleare water, then encrease the fire, and when you see the water yallowe, then put too another receiuer of Glasse, which you must lute also with the beake of the Styll, and keepe

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the firſte water by it ſelfe, and encreaſe the fire vntill there come no more yeallowe water, and when you ſée it come blacke, then take away the receiuer, and put an other therto, and lute it likewiſe, and when you ſée a ſmoake come, then it is inough, and keepe alſo theſe three ſeuerallye, and let the Styll ſtand vntill it be colde. In the firſte water put Folij Indi, fiue drammes, Amber halfe a dram, Muſche, halfe a ſcruple, which is twelue graynes, an alſo fifténe leaues of Gold. If you will vſe it for the heade, take one ounce of the water of Bettony, and of ỹ firſte water one ſpoonfull: mixe them together and drinke it all faſting. The vertue of this doth ſtrengthen all the members. Take one ounce of Malmeſey, or of other good Wine in a little Glaſſe, and put one ſpoonefull of this firſte white water thereto, mixe them together, and it will be white as Milke: which drinke, with a faſting ſtomacke, and neither eate nor drinke of two howers after: and it will preſerue all thy members. For a colde Liuer take a ſpoonefull of the white water, with an ounce of the water of Sage. For the breſt, and the cough of a cold Rewm, take it with the water of Iſope, Louathe or Fennell. For the Hart, with the water of Bugloſſe, Burrage or Balme. For the ſtomack, with the water of Woormewoode. For the Lightes, with the water of Mayden haire, or Polypode. For the Splæne, with the water of Hartſtongue. For the Vertigo (a giddines of the head) or the Apoplexie, with the water of Piony, of Fennell or of S. Iohns Woort. For the Stone, with the water of Radiſhe, or winter Cherries. For the retayning or holding of the water, with the Water of Creſſes, ſome Parſlye, or Saxifrage. For the eyes with the water of Fennell, or Eyebright. For the retayning or withholding of Menſtrues, with the water of Mugwort, or with water of radiſh. For the too much flure of the Menſtrues, with the water of Planteine, or of Nightſhade. For the Matrix hurt by the Midwife, or of any colde cauſe, whereby ſhe doth conceaue no more: let it be vſed without the water of Valerian or Bettony. Againſt the Spottes of the Face, take of the water of Pimpernell, foure partes, of this white or firſte water, one parte, mixe them together, and annointe the Face morning and euening: and drinke it twiſe or thrice in the weéke, with Endiue water. It cures the Cankar, beeing annoynted therewith, and the Fiſtula: if a

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droppe thereof many times put into it. It helpes a colde gowte: if it be annointed therewith. For the paine of the Matrice, let this water be taken with the water of Mugwoort. Also it is good against the Quarten and Quotidian Feuers. The Cytryne Dyle hath many vertues, as the Dyle of Balme: if any greefe be annointed therewith. The black Dyle is of great vertue in the Gowte: if it be annointed therwith, as the Mother of balm being white, called the Golden Water. Gratarolus.

42

Heere followeth an excellent Medicine that will heale olde rotten and incurable Vlcers, very quickly. Take of Turpentine three times washt, first in fayre spring or Well water, and after in Rose or Planteyne water, three ounces, the Yolke of an Egge, Dyle of Roses, an ounce and a halfe, Mercury sublimate made in powder, halfe a Dramme, and let them all be mixed well together, and make thereof an Dyntment, and washe the Vlcers or Sores with white Wine: then spreade some of that Dyntment or Salue vppon flaxe, and apply it to the soare, and dresse it with newe Salue twise every day: but before every dressing, annoynt it with this following, three or fowre Fingers breadth about the Sore. Take of the Dyle of Roses, two ounces, of Vinegar half an ounce, of the pouder of Bole Armoniacke, a little, mixe them together, and annoint it as is before saide. And when all the rotten or putrified flesh is eaten out: then annoynt the Vlcer with Butter, & you shall see a wonderfull effect. Proued.

43

For the burning or great intollerable heate of the vrine. Take of the seedes of Purslaine, of the seedes of Lettice, of the seedes of Endiue, of the seedes of white Poppy, two ounces of every of them, of the seedes of Henbane, half a dram, Sebasten, two ounces, Safferne, one dramme, Licorice fiue drams, Pinapple kernels, tenne drams, fountaine or spring water, fiue pounde, mixe them all together, and let them be sodde vntill the consuming of the thirde parte of the water: then let it be strayned. Whereof take one ounce in the morning mixed with one ounce of Iuley, of Violets, and the fourth daye the effect wonderfull of maruell, will appeare, this is proued.

44

A notable and an excellent Balme. Take of Turpentine, one

pounde and a halfe, Galbanum, two ounces, Aloes cicotrin, Mastick, Cloues, Galengale, Sinamon, Nutmegs, Cubebs, of euery one of them an ounce, gum of Iuy, halfe an ounce: when all is well beaten, mixe them together, and distil them in a glasse, with a slowe fire firste, and receiue the firste water by it selfe seuerally, then encrease the fire, and a water more reddish will come, then encrease the fire more, and an Oyle will come of a redde colour, receiue that as long as any will come: you must change the receiuer thrise. This oyle hath all the vertues of true Balm, for it burneth in the water, and curdeth Milke by and by: for if one drop of it warm, be put into a pinte of Milk, it wil forthwith become curded. The firste licquour is called the water of Balme, the second Oyle of Balme, the third Balme artificiall. The firste is profitable against the running of the eares, if two droppes morning and euening be put into them: dropt into the eyes, it amendeth the blearednes, and consumeth the teares: it doth marueilously restraine superfluous humors in any parte of the body: it taketh away the toth ache, if they be washt therwith, and killeth the wormes if there be any in them. The thirde licquor will suffer no venom it is an viter enemy and destruction to Spiders and Serpentes, two or three drops thereof layd vpon any venomous biting, doth make it whole straight. If thou drawe a circle with this licquor, and shut a venomous Beast therein, it wil dye there, rather then get out of it: to be shorte, it dooth all the same things that Treacle dooth, but all things more effectually: being powred or put vpon any Impostume, within nine dayes healeth them, and likewise a Fistula be it neuer so euill, and also Noli me tangere. All diseases bred of fleame, and of colde humors, it healeth: if a Linnen cloth dipped in it, be laide vpon the place, where the greefe is. It putteth away vtterly the Palsey, and all trembling of members: It strengtheneth marueilously the Sinewes, it is hotter then the firste or the second. If a man put a drop of it in his hand, it pearceth straight without greef. To conclude, it dooth many other things, and all diseases risen of a colde cause it healeth, if they vse it right. Lullius in his booke of waters, But this is taken out of Euonymus. 45

If you take the Gall of an Ore, mans vrine, Verivyce, and the iuyce of Nettles, of eache a like quantity, and mixe them very diligently

diligentlye together, and after quench Steele red hotte therein, fowre or fiue times together: the same Steele will after become as softe as paste. This is affirmed by the Scholliers of Padua in their naturall and Artificiall Conclusions &c.

46

A most present remedy for them that are infect with ỹ plague, for Carbuncles, pestilentiall Pustles, holy fire, and other of that kinde. Take the ripe berries of Iuy, being dryed in the shaddowe, then stampe them and make them in pouder, of which powder take halfe a dram in two or three ounces of the water of Planten: and remaine still in the bed: vntil you haue sweat very well, and after you haue sweat, put on a cleane shirt wel aired at the fire: and if you may conuenientlye, let the sheetes and the Clothes of the bed be shifted. There hath been some healed with this order in one night. This is proued. Alexis of Pyemount sawe one helped with taking this powder twise, that is: at morning, and Euening, hauing two Soares appearing, which with this powder, broke the next daye after, and so recouered.

47

Doctor Monardus in his booke before mencioned among other marueilous matters, hath declared at large of two wonderfull and strange Stones, in these woords following. They do bring (saith he) from the new Spaine, two Stones of greate vertue, the one is called the Stone of the bloud, and the other is a Stone for the disease of the Stone in the kidneies and raynes. The bloud Stone is a kinde of a Iasper of diuers colours, somewhat darke, full of sprinckles like to bloud, beeing of colour red, of the which Stones the Indians doo make certayne Partes, both greate and small. The vse therof both heere and there, is for all fluxe of bloud, of what parts soeuer it be, of the nose, or of the Menstrues, or of the Pyles, and of woundes, or of that which is cast out of the mouth. The stone must be wet in colde water, and the sicke man must take it in his right hande, and from time to time wet it in cold water. In this sorte the Indians doe vse them. And as touching the Indians, they haue it for certain, that touching the same Stone in some parte where the bloude runneth, that it doth restraine, and in this they haue great trust, for that the effect hath been seen. It dooth profit also, hauing it holden, han-

ged or tyed in the same parte, where the blood runneth, so that it touch on the flesshe. Of this Stone we haue seene great effectes, in staunching of blood. And some that do suffer the Hemeroidall flure, haue remedied themselues with making of Ringes of this Stone, and wearing them continually on their Fingers, and also in Menstruall flure of Women.

The other Stone which is for the disease of the Stone in the kidneyes or reynes, the finest of them are like vnto Plasma, of Esmeraldes, which is likened to grene, with a milkish cullour, the greatest is the best, they bring them made in diuers fourmes and fashions: for so the Indians had them in olde time, some like to Fishes, other like to heads of Birdes, other like to billes of Popagies, other like to round Beadestones: but all pierced through for that the Indians did vse to weare them hanging, for the effect of the greefe of the stone or stomack: for in these two sicknesses it doth maruelous effects.

The cheefe vertue that it hath, is in the paine of the stone in the kidneyes, and in expelling of sand and stone. Insomuch that a Gentleman which had one of them here, the best of them that I haue seene, hauing put it to his arme, it doth make him to expell and cast out much sand, ỹ many times he doth take it away: for that he thinketh that it doth hurt him for to put out so much: and in taking it away, he ceaseth to cast any from him. When he feeleth the paine of the stone, and putting it to againe, it doth take away incontinent, with expelling of muche Sande and small Stones. I haue seene it carried to persons, that haue beene greened with great greefe and paine of the sayde disease, and putting it to them, they do forthwith expell the sand and the little stones: and remaine cleare therof. The Stone hath a property hidden, by the which meanes he dooth great effectes, to preserue that they fall not into the paine of the saide diseases. And after it is come it taketh it away, or diminisheth it. It dooth make the sand to be expelled with great abundance, and likewise Stones. It taketh away the heat from the raines of the back: it profiteth in greefes of the stomack put to it, and aboue all it preserueth from the saide greef. My Lady the Dutches, (a Dutches in Spaine) for that she had in short time three times, exceeding paines of the Stone, she made a Bracelet of them, and she vsed to weare it at her arme,

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and ſithence ſhe put them to her arme, ſhe neuer had more paines of the ſtone. And ſo it hath happened to many other that had the like benefit, for the which they are much eſteemed, and now they be not ſo ſone had as at the beginning: for that theſe ſtones only the Gentleman and Riche men haue them. And with reaſon: becauſe they do ſuch maruelous effects. Thus much hath the learned Doctor Monardus declared of the excellencyes of the two afore named Stones, which are brought from the Weſt Indias, with diuers other precious Dyles, Woods, Gooms, and other thinges, as are moſt plainely and largelye ſet foorth in this ſayde booke with many credible proofes: latelye Engliſhed and publiſhed in print by the ſayde Iohn Frampton, therefore worthye of great commendation, called, Joyfull Newes out of the newe found Worlde. Which is of a ſmall price, but yet very precious: for in my iudgement, whoſoeuer dooth buye it, doth not pay therfore the hundreth part that it is worth.

48

The making of a Stone which moiſted with ſpettle, wil burne. Take of quicke Lyme, pure Salniter, Tutie Alexandrine, not preparate, Calamita, of each one parte, quicke Brimſtone, and Camphire, of either two partes, let them all be made in very fine powder and ſearced, then tye the ſame powder hard in a linnen cloath, then put it into a Crucible, and couer the ſame with an other Crucible, and wrap it faſt with wyers, and cloſe it well with Lute of wiſedome, that nothing may reſpire out, then let it be dryed at the Sunne: which done, caſt the ſame Crucibles into the fire of a bricke kill, vntill the matter be well burned, which taken out, you ſhall finde a perfect matter of the cullour of a tyle: which if it be wet or moiſtned with a drop of water, or with ſpettle, putting Brimſtone to it, then it wil burne: which with blowing, or a blaſt is put out. Iacobus Weckerus.

49

To make an Egge aſcend into the ayre. In the month of May, fill an Egge ſhell cleane emptied, with dewe, and ſtoppe the hole well, wherein you did put the Dew, then laye the Egge in the hotte Sunne about Noone: and it will be lift vp. But if you ſet a ſtaffe by it, it will aſcend the more eaſily. Iacobus Weckerus.

50

To make a thinne Glewe, a trimme secrete. Take the Glewe made of Fishes, and beat the same strongly on an Anuile, till it be thin: which after laye to soke in water, vntill it become very softe and tender, which will be within fiue or sixe howers, and then worke it like paste, to make smal rowles therof which being like paste, stretch it, or drawe it out very thinne: and when you will worke with it, then put some of it into an Earthen pot with a litle faire water ouer hot Embers, and skim the same very cleane, and let it so sethe a little while, then after worke with the same, keeping it still ouer the hotte Embers, vntill you haue doone with it, for so it fastneth and bindeth the stronger: and in such sort, that it fastneth peces of glasse together.

51

If you would destroy Caterpillers do thus. Annointe all the bottome of the Tree round about with Tar, then get a great sorte of Antes or Pyssemyres, and put them in some bagge, and drawe the same vp by a Corde into the Tree, and so let it hang there, so that it touch the bodye of the tree, and the Ants let to goe downe from the tree by the meanes of the Tar, will for want of foode eate and destroy all the Caterpillers there, without hurting any of the fruit: this was tolde me for a very truth.

52

Make a hole in the end of a Goose egge, and put all the white and yolk out of it, then put into the shell a Batte that flyes about in the euening, and then glewe or close it fast on the toppe, and you shall see the Batte flye away with the same egge shel: to the great marualle of them that knowes it not.

53

It is very euill for them that falles sicke, when the Moone is applying in coniunction to the Sunne, and wooste, when she is within sixe degrees of the Sunne. This I knowe to be true by often proofe and tryall. And Abranam Auenezra affirmes the same writing. Decretricis diebus.

54

Rub any precious Stone vpon Leade, and if then it chaung the colour, then it is a counterfeite Stone. If it change not: then it is a naturall and good Stone.

Stampe

55

Stampe Celondine, and lay it to any Tetter or Ringworm or any other such like, called Impetigo or Serpigo shifting it twise euery day with new for the space of a fortnight: and it will quite destroy and kill them. And also it will put away any blacke spots with the like vsing therof, in what parte of the body soeuer they be.

56

Take pure Waxe and fine Brimstone purified, of each a like much, melt them together, making thereof a Candle and after take the powder of a Coale finely beaten, and as muche of Brimstone in powder. These sift through a Searse or a Linnen cloath, and after heating the saide Candle, smeare it about with this powder so long, vntill it haue as it were, a thick crust round about the same, like vnto ỳ thickneſſe of a back of a Knife: which after couer about the head of it, with a Paper, and then hang the same at the mouth of a gutter that droppeth fast in a frosty euening, vntill it be couered with ỳe a finger thicke: then light the same, and it will burn as it were all Waxe. This is taken out of the naturall and Artificiall Conclusions of the Schollers of Padua. Translated into English by Thomas Hill.

57

The Coniunction of the Moone with Saturne in the firſte beginning of ſickneſſe, dooth ſignifie euill and long ſickeneſſe. But if Saturne be of a slowe course, it augmenteth the euill. If of a swifte course: then it diminisheth of the euill. If he be Retrograde applying by oppoſition to the Sunne, after he is cured, he will fall ſicke againe: but if he be Retrograde, and ſeperate by oppoſition from the Sunne, the euill is diminished. Abraham Auenestra de criticis diebus.

58

A verye good laxatiue Dredge powder, whereof you maye take a ſpoonefull when you neede in your Pottage, or Broath: it will make you to goe to the ſtoole. Take of pure Turbite, one ounce, Ginger, Sinamon, Maſticke, Annis ſeede, Hermodactils Diagredion, of eache halfe an ounce, of the leaues of Sene, two ounces, of Sugar, fower ounces, beat all into fine powder, and let them be mixed together. Leonardus Fuchſius.

59

That ſigne and degree wherein the Moone is in the houre and time

time of the birth of any: the same signe and degree did ascende at the very time of the conception of the same Childe. And that signe and degree wherein the Moone is, at the time of the conception: the same signe and degree, or the opposite to the same, doth ascend at the very time of the birth. Hermes & Ptolomeus: Therefore according to this rule of the auncient and famous Authors. (Whereto Guido Bonatus, Iohannes Ganiuetus Scoticus and Taysnierus, notable and learned Astronomers, with diuers other, doo consend and agree.) Diuers Women, haue diuers times betweene the conception and birth of their Children: for the place of the Moone at the time of the conception, and her vncertaine course after, doth plainly manyfest that some women goes with Childe not aboue xxxvij weekes, some others xxxvij. weekes, and vnder: some xxxix. weeks, and something lesse: some again goes forty weeks, and a few daies lesse, and somtimes certaine daies more: yea, and sometimes forty and one week, & one day, which is the longest time, as the learned in the same science, can perfectly finde out. Wherefore they are much deceiued, that thinkes euerye Woman goes but iust forty weekes with Childe: which fond and false opinion, hath made many an honest woman falsly suspected, wrongfullye slaundered, and without iust cause from their Husbands seperated. Therefore it were good and verye meete for euery one, not to giue too much credit to this fonde reckoning of iust forty weeks: which is more common then true. Which fore described excellent rule, (according to the minde of the worthy and learned Mizaldus,) is of no small weight, for the triall of the fidelitie and honestly of women to their Husbandes, and to finde out the very right time of the Natiuitye or birth, so that the very day and howre of the conception be certain.

60

Take the stones out of Raisins of the Sunne, then stampe the same Raysins, and applye a plaister thereof to any greefe or ache: and it will cease it presently, and if you vse it fiue or sixe times in such order, it will throughlye heple and cure the same. I haue seene this well proued. 61

If you gather greene Beanes from the stalkes, when they be ripe, fully growne and readye to eate, and then emmediatly cut off the sayde stalkes within a handfull of the rote: then new and

moe

moe branches will shortlye after spring out of the same. Which will spring forth, newe Beanes, and more plentifull then before: and as good as the first. Whereby you may haue more then double encrease, and two seuerall gatherings of Beanes in one yeer. But in any wise, take heed that the first gathering and cutting away of the stalkes, be when the sayde stalkes be greene, I haue seene it proued, therfore I write and publish it for an vndoubted trueth It is credibly tolde me, that if you vse Peason in the same order: the like effect will followe. Which I beleeue to be true as well in the one as in the other.

61

Take a little Rew or Yerbegrace, and stampe the same, then straine out the iuyce thereof, and after you haue thus doone, let the partie that is pained with the toothach, droppe three or foure drops of the same iuyce into his eare, on that side the paine is, and let him lie on his otherside an howre or two, and it will not onely take away the present payne, but also the partie that tryeth it, shall neuer be troubld with the toothache afterwarde. This was reported vnto mee for trueth, by one which had proued the same.

62

Lay a dish ouer hotte sodden Milke, and there will a water bee on the inside of the dish, which water keepe in some glasse: wherof if a little be put into sore payned or dim eyes, it wil helpe them marueilously. This was affirmed to me for trueth.

63

Heere followeth the description of a notable Oyle of Balme. Take of Turpentine, one pounde, and put it into a bodye of Glasse, and warme it at a soft and easie fire, vntill it way liquid, and put therin by little and little, with mixing or starring it, the powder of Frankensence fiue drammes, of Lignum Aloes, Mastick, Cloues Galinga, Sinamon, Mace, Nutmegs, of eache one dram, all well powdred together, gum of a Figge tree six drams, likewise made in powder and all mixed together, and mixe them all with the saide Turpentine made liquide as is before sayd, and when they be well incorporated together, set on the head of the Limbecke, and lute all the ioyntes of the same well, and set it in ashes, and put vnder it an easie fire. And when it begins to distil,

let it drop away a little, for the first drops are little worth, then put the receiuer to the nose of the Limbecke, and close and lute them well together that no ayre goe forth: for then the vertue of it would goe away. Then know that at the first will come forth a white and cleare water, which keepe by it selfe. Then will come foorth the second water, which is better, of a heauenly and ayrye colour, which keepe by it selfe. Then receiue the thirde, which is the best, which will be yeallow and thicke as Honny: keepe this also by it selfe. The firste of these is called the water of Balme: the second, the oyle of Balme, the thirde, is called Balme. Hys proofe to all examinations is, that you take one drop of the same, and let it be put in a vessell full of water, as you doe of naturall Balme, for the sayd drop will goe to the bottom of the water, and it will stand there whole, as though it were pure Balme. Thys is meruailous, and is of great vertues, and it is called of some, mother of Balme.

The first vertue thereof is, that it burnes, the seconde is, that if thou wash thy face and nose therewith, and that thrise in a day, it cures and helps the Rewme. It cleareth the sight, and it comforteth the Sinnewes: and if thou wash therewith the hinder part of the head, then it comforts the memory, and all the vertues of the minde. Thys also doth purifie both Fish and Flesh, and if they be putrified or corrupt, what soeuer therefore is corrupt or putrified, it takes and consumes it away. And it keepes that that is good & sound, so that you may eate them as though they were new and fresh. It brings againe an appetite, it comforteth the stomacke, and if you take thereof morning and euening, it consumes the fleame in the stomacke. It helpes or cures a stinking breath: as well comming of the stomack as of the brain: if you take foure or fiue drops thereof once a day in a little Wine. No cold venomous thing may come neere it, as Frogs, Todes, Serpents and Scorpions: if a cloth dipt in the same, and compasse a toade or Serpent, compassed therewith, they will die, although they touch it not, and so it dooth in all kinde of cold venomes: as the byting of a Toade, or of a Serpent. For it heales, if you wash oftentimes therwith the greeued place. And if you seeth an Egge in it, it will sooner be sod therein, then in any boyling water. It heales and dryes vp any kinde of Scab or tetter quickly: if you

wash

wash it therewith twise in a day: and if you put three or fower droppes of this into the eare, and suffer the same there as long as you can, it helps and cures all noyse & soundings of the eares. If you mixe herewith an equall portion of the iuyce of Germander, and put three or foure drops thereof in the eare, foure times in the day, then it helps and cures all deafnes: of what cause soeuer it comes: watering eyes and bleared eyes it dooth cure, clarifie, restraine and comforts: if you wash them therewith twise or thrise. All Impostumes, Vlcers, and all other superfluities it dooth restraine, cure, and rectifie. And it is a thing more repercussiue and consumptiue against colde humors, then the Saphire or Vlanten. All paines of the teeth, or running humors, it dooth help, restraine, fortifie: and it makes the teeth white, if therwith you do wash the rootes of the teeth. All woundes of the heade, though they be deepe, are cured with this same Oyle: if therwith you wash it twise or thrise a day. Yea, though the braine pan bee broken, so that Pia mater be not hurt. It heales and cures all Fistulaes, Cankers, Noli me tangere, the Kings Euill, and euery other eating sore: if you wash the same therewith twise or thrise a day. It heales and cures all kinde of Gowtes, if you washe or annoynt them therewith, so that they come of a colde cause: and laying also a linnen cloth dypt therein vpon the greeued place. It helps also all strokes with staues or other bruslings, eyther by falles or otherwise, if you annoynt the bruised or greeued place therewith, and heales them perfectly and well. It helpes the Emerods and Fundament that goes foorth, and makes it tarry in hys place, if you annoynt the same therewith. It helps the Palsey, and all weaknesse of the members, it dooth strengthen: if you annoynt the same therewith. Knowe that it is most hote: and is of such penetration and heate, that if you put one drop thereof in your hand, by an by it penetrates the hande without any hurte. And you shall not feele any swelling of the feete or of the legges, or any paine of the ioynts, if you wash or annoint the same therewith, and it will helpe it if you dip a lynnen cloth therein, and plaister it thereto. And briefely, if you will vse it, it profits, helps and cures all colde greefes, and all diseases comming of a colde cause, of fleame, or of putrified or corrupt blood. It hath yet many other vertues heere left out, & it is called the mother of balme,

because it is better then Balme in many of his effects. And if you will proue that it be a true Balme: take a Chicken (the feathers pluckt off, and the guttes taken awaye,) and see that it bee well [illegible] and made as cleane as can be, and dry the same at a soft fire, so long as you may well holde it in your hand, then annoint the same Chicken well both within and without, with the sayde Balme, twise or thrice: then afterwards lay the saide Chicken against the Sunne, for the space of two howres, suffring it a little to drye at the Sunne, and afterwards laye vp the saide Chicken where you will: for it will neuer putrifie nor receiue any corruption, so long as the world dooth indure. And know further, that this Oyle hath eighteene other vertues, which are written: but not heere. This notable Oyle of Balme, I copyed out of a very olde written Booke, which came out of the Abbeye of Elsam in Lincolnshire. And now by me conuerted out of Latine into English, to the profite of many, I hope.

64

A Fly drowned in water, Wine, Ale, or Beare, and so throughly dead, being layd in warme Ashes: (but they must not be burning or very hot,) the same Fly wil recouer and liue again. This is very true.

65

If you do gather Roses when they be fully ripe, and immediatly cut away the new springes, tops, and the vppermost braunches of that yeere: you shall haue newe and fresh Roses growe againe out of the same, the same yeare, about Michelmas. I know this to be true, and for a trueth I haue published it abroad.

66

The Indians do vse the Tabaco (a notable hearbe) for to suffer the dreyth, and also for to suffer hunger, and to passe dayes without hauing neede either to eate or drinke, by any Desart or dispeopled Countrey, where they shall finde neither Water nor meate. They do vse of these little balles, which they doo make of this Tabaco, they take the leaues of it, and do chewe it, and as they goe chewing of them, they mingle with them certaine powder made of the shelles of Cockles burned, and they mingle it in their mouth all together, vntill they make it like to Dowe, of the which they make certaine little balles, little greater then Peaseu: and they put them to dry in the shadowe, and after they

keepe

keepe them and vse them, for the auoyding of hunger and thirste, in their trauaile without any meate and drinke: for the space of three or fower dayes. This Doctor Monardus hath written, with many other wonders and notable vertues thereof, in his Booke before mentioned: Intituled, Joyefull Newes out of the new found Worlde. This Tabaco is a marueilous and wonderful hearb growing in the west Indians, called the newe Spaine: and through the bringing of the Seedes thereof from thence, it growes now both in Spaine and Fraunce.

67

Woormes and other venemous Beastes are driuen awaye from any place, with the smoake or fume of other Beastes of the same kinde, as Rasis writes.

68

Quicksiluer killed, burned Lead, the scales of Iron, or black Yellebor, mixed with some pleasant meat that Mice loues: if any Mice eate thereof, it will kill them. Mizaldus.

69

There is a certaine Gum is brought from the firme lande of the Peru, which helpes the Gowte with purging the cause therof, if you put of it as much as a Nut in distilled water, which water ought to be the quantity of two ounces, and giue the same to the patient, (the same partye forbearing meate vntil the middest of the daye.) This Monardus affirmes to be proued, manifesting the same at large in his said book, called the Joyfull Newes out of the newe found World. The name of the Gum he names not.

70

The Rootes of Roses or their slips with their knots, remoued and set amongst Broome, will bring forth yeallowe Roses. Iohannes Baptista Porta.

71

That Cheese that is made with Chester or Rennet, wherein a little of the brayne of a Wesell is put or mixt: will not putrifie, neither be eaten of Mice. Pictorius.

72

There is a certaine Tree growing in Peru, a bough whereof, if one doth holde fast in his lefte hande a good while, that would knowe whether one that is sicke shall liue or dye (of that disease, or at that time,) if the sicke shall liue and escape: the partye shal

holds the same, shall shew much gladnesse. If the sicke shall dye, then the party that holds the same shall be very sad. Monardus writes of this tree in his said Booke, and shewes that the same was prooued true by a Gentlewoman that was meruelous sad, whiles shee did holde the same, whose Husband dyed soone after accordingly.

73

Rare and strange kinde of fruite, as great as a Nutte, with meruailous round and hard blacke stones in them, is brought out of the newe Spayne, by the report of the sayde woorthy Doctor Monardus, whereof two or three with hote water, dooth more effect for to wash and to make cleane clothes, then one pounde of Sope dooth: whereof as well as of many other strange and most excellent thinges you may reade, described at large in his saide booke, called the Joyfull Newes out of the new founde Worlde. A booke no doubt woorthy of great estimation & commendation.

74

If a handfull of Figges be stampt, till the kernels be broken, then tempered with a little fresh greace, and so a plaister thereof layde to a womans breast that is sore, as hote as shee may suffer the same, it will take away the swelling and paine thereof, and if it be ready to breake, it will breake it, or else not. This is an excellent and a sure tryed thing.

75

Take two ounces of Sulphur viue, called quick Brimstone, beat it in powder, and mixe the same well with as much of black Sope, that is of the most stinking smell, and tye the same in a Linen cloth, and let it hang in a pynt of strong Wine Vinegar, for the space of nine dayes, and then vse to wash any kinde of skuruines or Morphewe therewith, though neuer so old or rooted, beeing eyther on the face, or in any other part of the body, with a lynen cloth, dipt or wet therein, and so let the same Vinegar dry in of it selfe, and doe thus as long as the sayd Vinegar lasteth: and therewith the deformitie or Morphewe will be perfectly healed. And whosoeuer vseth to drinke the water of Strawberries distilled: it will certainly kill the roote of any Morphewe that is within the body. All this is well prooued.

76

An excellent preseruatiue against the Plague, which was proued

prooued and vsed in the great Plague time in Englande, in the yeere of our Lorde 1548. For euery one that vsed it then, escaped. Take Aloes, Hepaticke, pure Sinamon, Myrre, of each 3. drams, Cloues, Mace, Wood of Aloes, called Lignum Aloes, Mastick, Bole Armoniacke, of each halfe an ounce, mixe them altogether, and make thereof a very fine powder, whereof take early in the morning, with white Wine mixt with a little water, and by the grace of GOD, you shall be preserued safe from the Plague, Weckerus.

77

If you burne the shelles of Snayles with Styracks, and then sprinckle thereof vpon an Ants hill: thereby they will be driuen forth of the ground, or place where they are.

78

Take of English Saffron beaten in fine powder, and as much of pure and good black Sope, which when they be well mingled together, spread it vpon the fleshy side of a peece of Lether, then lay it vpon the nauell of them, whose vrine or water is stopt, & it will procure the water to come forth, and thereby they shall make water within an houer. This was told me for a true and tryed secret, whereof I dare make no warrantise, but fauour it as you finde it.

79

Make a lute or clay with the dregs or mother of Dyle, and mixe therewith a little chaffe, then let it lye so two or three daies, then dawbe with the sayde thicke lute or clay, your Garner, or roome where you will lay your Corne, then sprinckle the dreggs or mother of Dyle, all ouer where you haue dawbed, and when it is dry, lay wheate therein, and there shall neyther Weesell nor Mice, hurt, touch, or come neere that Wheate. This I had out an olde Booke. And Iacobus Weckerus also affirmes the same.

80

When you first see the Cuckowe, marke well where your right foote dooth stand: for you shall find there an hayre, which if it be blacke, it signifies that you shall haue very euill luck, all that yeere following. If it be white, then it signifies very good luck, but if it be gray, then indifferent. It is certaine such a hayre hath beene found accordingly, but what euent did followe therof, I am yet vncertaine. But this was affirmed vnto me for a very trueth. It was also credibly reported to mee, that the lyke hayre will

will be found vnder the right foote, at the firſt ſéeing of the Swallowe, after they are come at the Spring time: ſo that you loke after the ſayde Swallowe, as long as you can ſée her.

81

A quantitye of Hempe ſeede ſtampte, and ſtrayned through a cloth, when it is well ſodden with running water, and a good draught thereof drunke laſt going to bed, and ſo vſed: will make one laxatiue, and looſe bellied. This is a proued thing therfore.

82

The greate Alexander beeing deſirous, that the long life of Hartes might be knowne to his poſteritie: cauſed golden Chaines to be made faſt vnto many Harts (about their neckes I thinke:) the time when the ſame was don, being expreſt or marked in the ſame, and they which were taken of the ſame Hartes, an hundreth yeeres after: did not yet ſéeme to be of the age of old Hartes. Mizaldus writes this, who affirmes that Pliny is the Author thereof. 83

Quicke Lime mixte with olde Cheeſe, and well beaten together, will faſten and glewe ſtrongly together, broken ſtone veſſelles, and alſo broken Glaſſes. This was very credibly tolde me for a very great ſecret, by one that proued it.

84

Whoſoeuer hath an extreame heate, or ſore burning Feuer let them vſe to drink foure or fiue times in one day, a good draught of the diſtilled water of wilde Poppye, that is, Papauer erraticum, which growes among Corne, with a red flower, much like the leafe of a Roſe, it is called of ſome, red corne Roſe. This haue I tryed to be true. 85

They in whoſe natiuity is Saturne Lord of the ſeuenth houſe, are not like to marrye before they be thirty yeeres of age: or els vntill Saturne (from that time,) hath compaſſed the whole Zodiake, (which differs not much.) This is proued true by long experience, and I haue ſeene many, whoſe ſeauenth houſe is Capricorne or Aquary (the houſes of Saturne,) & yet I neuer knew any of them, but eyther died vnmarried, or els married after they were thirty yeeres of age. And as I remember Cardanus agrees heerein. 86

If the bottome of a ſeething pot with meat newlie take from

the

the fire, maye be touched or felte without harme or daunger of burning: then certainly the same meate is boyled enough. But if it be hot and not sufferable: then it is not sufficiently sod. This I know to be true: for I haue seene the triall therof.

87

Lay a greene Iuye leafe in a dishe, or other vessell of faire water, either for your selfe or for anye other, on Newyeeres euen at night, and cover the water in the said vessell, and set it in a sure or safe place, vntill Twelfe euen nexte after, (which will be the fifth day of January,) and then take the sayd Iuy leafe out of the sayd water, and marke well if the sayde leafe be faire and greene as it was before: for then you or the partye for whom you laid it into the water, will be whole and sound and safe from any sicknesse all the next yeere following. But if you finde any blacke spots theron, then you or the party for whom you layd it into the water, will be sicke the same yeere following. And if the spots be on the vpper parte of the leafe towards the stalk, then the sickenes or paine wil be in the head, or in the necke, or there about. And if it be spotted nye the middest of the leafe, then the sicknesse will be about the stomacke or heart. And likewise iudge that the disease or greefe will be in that part of the body, according as you see the blacke spots vnder the same in the leafe. Accounpting the spottes in the nether or sharpe ende of the Leafe, to signifie of the paines or diseases in the feete. And if the leafe be spotted all ouer, then it signifies, that you or the partye shall dye that yeere following. You may proue this for many, or few, at one time, by putting in the water, for euery one a leafe of greene Iuy, (so that euerye leafe be dated or marked to whome it doth belong.) This was credibly told me to be very certaine, who affirmed to mee faithfully that it was diuers times proued for a very trueth. But because I neuer tryed it: therefore I referre euery one that shall reade it to the triall thereof.

88

Brusonious wrightes, and Georgius Fabricus affirmes the same, that the bones of Hennes, mixed with melted gold: do consume the same gold into them selues.

89

The water of distilled Honnye, makes faire and comely colou-

red Haire, if it be often moyſtned, or ſpunged therewith. This is proued.

90

The rootes of Hollyockes, ſtampt and mixt with the greace of an old Hogge, and plaiſtred to the Gowte, helpeth it in three dayes. Petrus Hiſpanus.

91

Verjuyce ſod, vntill it be very hote, and then put into a tinnen Bottell with a narrow mouth, and then holden to, or in the eare, that the fume thereof may enter into the head: it will helpe the head ache maruelouſly, and the ſounding of the eares, And if there be any quicke thinges in the head, it will bring them forth with greate ſpeede. A Gentleman taught this to a woman that was ſore tormented in her head, eſteeming it as a precious Secret: but I neuer tryed it: therefore as it proues ſo praiſe it.

62

If one be wounded that hath the Dropſie, it is hard to heale him. Hippocrates. Therefore this is worthy the marking.

93

You ſhall know how many daies olde the Moone is, if you doe as followeth, (eſpecially ſhe being in the firſt quarter,) hold before your eyes a peece of fine Lawne, and looke through it ſtraight vpon the Moone, and ſo many daies old as the Moone is, ſo many Moones ſhall you ſee, or at the leaſt, they will ſeeme ſo many in your ſight. Allone as you trye it, you will ſay it is true. For I haue ſeene the proofe thereof.

64

I heard it tolde for a very trueth by diuers perſons, that in a Plague time, in the Cittie of Cullen, there was a certaine woman dyed, and was buryed with a Ringe of golde on her finger, for the greedines whereof, a couetous fellowe within a while after ſhe was buryed, digged her Graue, and opened the Coffin wherein ſhe did lye, thinking thereby to take away the Ringe from her finger: but immediatlye the ſayd woman did ſodainely ſturre and mooue, and began to ſit vp: which when the ſayd fellowe ſawe, with greate feare he did runne away, and then the woman by ſome meanes, did teare or vnlooſe the ſheete, wherein ſhe was wrapt, and then ſhe went ſtraight home to her Husband, and called vpon him, to let her into the houſe: whome, when he heard, he thought it had bene a Spyrite But at laſt,

at laſt, through her importunate calling, he receiued her into the houſe, and thus wonderfully ſhe recouered and liued: which Woman after that, had three or fower childzen, of whom it is ſayd, there is a Monument at this preſent, in the ſayd Cittie of Cullen. Therefore to haſtie or quicke buriall is not to be vſed, as not onely this rare example may ſufficiently teach vs: but alſo for ſuch cauſes as I haue alleadged in an other place of this Booke.

95

If you graft the ſlips of a Wylding or ſower Appie, vpon the ſtocke of a Hawthorne, you ſhall haue Medlers growe thereof. This I haue ſeene proued: therefore I affirme it for trueth.

66

A little Byrde called the Kings Fiſher, beeing hanged vp in the ayre by the necke, his neb or bill will be alwaies directe or ſtraight againſt the winde. This was tolde mee for a verie trueth, by one that knew it by proofe, as he ſaid.

97

Whoſoeuer ſhall weare about their middle ſuch a girdle as followeth, tying it faſt that it fall not away, they ſhall not neede to feare drowning, though the Boate they are in ſhoulde miſcarrie, whereby they may paſſe ouer any water ſafely, and without any danger, though it be neuer ſo deepe. For ſo long as they haue it about them, they cannot ſinke. Take two peeces of good Neates leather well tand and dreſt, ſuch as foote balles be made of, (eyther peece being of the breadth of fiue or ſixe fingers.) And of ſuch a length as will make a ſufficient girdle for you, let a Shoomaker ſew them very ſtrongly, thick ſtitched, and ſurelie together, and likewiſe at both the endes, and in the middeſt thereof faſten a Pype like to a Bagpype, wherewith blowe the ſame girdle as full of winde as you can poſſible: then vnder the nether end of the Pype, tye the leather very faſt and ſure, that ioynes the pype and the girdle together, with a ſtrong packthred or with ſome other ſure and ſtrong thing, leaſt the winde ſhould come out of the girdle, (whereof you muſt take great heede.) Alſo blowe three Ore bladders full of winde, and tye them hard that the winde goe not forth of the ſame, and ſewe each of them ſtrongly and ſurely within good ſtrong Neates leather, round like vnto a foote ball, and make three ſtrong loopes vpon the ſayd

girdle, one against the middest of the backe, and against either of the sides one, and then tye fast and surely one of the said bladders sewed in the leather, to euery of the sayd lopes, and then tye the same girdle about your middle very fast and sure, and then you cannot sinke into the water, and so you may passe safely ouer, if the water be not too broade and too rough. Nicholaus Michauell hath written of such a like girdle in his excellent Booke of the Arte of Warres, for the sauing of Souldiours and Fishers ouer waters. In which Booke, there are other notable Engines, and worthie matter beside, concerning Warres.

98

A Ladle made of the wood of a Figge tree, hath a maruelous propertie, for if Flesh in the seething thereof, be often sturred therewith, or if it be in the pot while it is seething, it makes the Flesh to be soner sodden.

99

A Partrich will cry aloude, and will teare or breake the Cage or Cope where she is fed, if there be any deadly medicine or poyson prepared within the same house, which she doth feele presently, and also hath knowledge therof, through a wonderfull speciall and rare gift of Nature. Ætius ex pisone.

100

Gellius writes, that the Hedgehogge makes the mouth of her Hole, Cabben, or Caue, alwayes contrary to the winde: for through a marueilous naturall gift, she hath foreknoledge in what quarter the winde will be, and therevpon she chaungeth the mouth or entring in of her Hole or Caue: whereby Harriners haue learned afore hand, the place of the winde.

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last Booke.

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